

	MILITARY LEAGUE(SOUTH)					BAOC
	SUMMER SERIES					
	HOSTED BY BAOC					
	FRITH WEDNESDAY 04 SEPTEMBER 2024					
Travel Directions:	Entry point is at SU9060257824 Post code GU16 6GA what3words carefully.among.belonged Parking is in a large hard surfaced area.					
Terrain:	Military training area, undulating terrain with a mix of vegetation, good network of tracks and areas have good contour detail.					
Mapping:	Updated in Nov 2022 with minor corrections for this event. Scale 1:10,000 for Brown, remainder at 1:7,500 overprinted on waterproof paper. Control descriptions are on all maps and loose will be provided at the start.					
Pre-entry:	Open at 20:00 28 Aug 2024 at racesignup.co.uk .					
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/					
Registration:	1045 – 1355 hrs.					
Starts:	1100 – 1400 hrs.					
Course Closes:	1500 hours. Controls will be taken in at 1500hrs					
All competitors must ensure they are fully hydrated before starting, there will be water at the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.						
All runners must download by course closure time; even if you do not finish the course.						
Courses:	Colour	Distance	Climb	Control	Remarks	
	Brown	8.1km	215m	26	Back to back map	
	Blue	6.7km	160m	20	Back to back map	
	Green	4.7km	110m	13	Experienced orienteers only	
	Sh Green	3.2km	70m	10	Experienced orienteers only	
	Lg Orange	4.2km	105m	14	Novice orienteers	
	Score	1 Hour		25		
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.					
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.					
Costs: EOD £1.50 extra	Military - £4.25					
	Military Veterans - £5.50					
	Senior Civilians (M/W 21 and above) - £8.00					
	Junior Civilians (M/W 20 and below) - £5.50					
	EMIT Hire (if required) - £2.00					
SRO:	WO2 Des Dickinson MoD Abbey Wood					
Organiser:	Maj (Retd) Colin Dickson BAOC					
Planner:	Alan Rosen HH					
Controller:	Paul Keeble SN					
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129					
Facilities:	Toms Food Wagon, Toilets.					
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907					
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.						

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy the woods