



MILITARY LEAGUE(SOUTH)
SUMMER SERIES
HOSTED BY BAOC
Worthy Down
WEDNESDAY 14 Aug 2024

BAOC

Travel Directions:	Entry is via the main gate of Worthy Down Camp, what3words solving.holly.songbirds Grid.SU4733 3486, SO21 2RG. Parking on the main square in camp.
Terrain:	Fast. Urban sprint O with open running between large barrack buildings.
Mapping:	Full resurvey completed in May 2024 to ISSprOM 2019-2 by RL Maps. Scale 1:4,000. 5m contour
Pre-entry:	Open at 20:00 07 Aug 2024 at racesignup.co.uk . – Sign Up will close at 1200hrs Tuesday 13 Aug 2024 .
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/
Registration:	1045 – 1355 hours
Starts:	1100 – 1400 hours
Course Closes:	1500 hours. Controls will be taken in at 1500hrs

All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.

All runners must download by course closure time; even if you do not finish the course.

Courses:	Colour	Distance	Climb	Remarks (see below start/finish)
Maps released at 1400hrs	Brown	8.8km	80m	4 loops A-B-C-D in that order
	Blue	6.6km	60m	3 loops B-C-D in that order
	Green	4.4km	40m	2 loops C & D in that order
	Sh Green	3.6km	40m	Stand along course, no loops.
	Score	1 Hour	29 Controls	The controls can be visited in any order.

Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.
Other Instructions:	Entry must be via racesignup.co.uk to ensure access to camp. All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory, 100% check. Place £1 in the charity box at registration and you will be given a whistle. No Dogs allowed on camp. Limited access to the café/shop on camp. Toilets available in the Sports Pavilion.
Costs: EOD £1.50 extra	Military - £4.25 Military Veterans - £5.50 Senior Civilians (M/W 21 and above) - £8.00 Junior Civilians (M/W 20 and below) - £5.50 EMIT Hire (if required) - £2.00
SRO:	WO2 Des Dickinson – MoD Abbey Wood
Organiser:	Maj Jamie Dullaghan RE
Planner:	Maj (Retd) Allan Farrington BAOC
Controller:	Simon Farrington BAOC
Contact Details:	j.dullaghan@hotmail.co.uk Mobile 07882650636
Facilities:	Toilets, Shop
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Torgate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun.

Race format, Loops follow in alphabetical order as above, start on first loop only and finish only when you have completed your loops. There will be water in the map exchange lane.