

	MILITARY LEAGUE(SOUTH)					BAOC
	MLS PRIZE GIVING EVENT					
	& ROYAL LOGISTICS CORPS CHAMPS 2024					
	HOSTED BY BAOC					
FRITH						
WEDNESDAY 05 JUNE 2024						
Travel Directions:	Entry is 100m north of normal at SU9065057967, Post code GU16 6GB. what3words decays.congas.northward. Parking is in a large hard surfaced area.					
Terrain:	Military training area, undulating terrain with a mix of vegetation, good network of tracks and areas have good contour detail. MLS have not been in part of this area for a considerable time. There is a double road crossing, cross with care.					
Mapping:	Updated in Nov 2022 with minor corrections for this event. Scale 1:10,000 overprinted on waterproof paper. Loose control description will be provided at the start.					
Prize Giving	Prize Giving at 1200hrs followed by the Mass Start Score.					
Pre-entry:	Open at 20:00 29 May 2024 at racesignup.co.uk .					
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/					
Registration:	1045 – 1355 hours.					
Starts:	1100 – 1400 hours RLC Score Starts at 1100. MLS Mass Start Score after Prize Giving is completed					
Course Closes:	1500 hours. Controls will be taken in at 1500hrs					
All competitors must ensure they are fully hydrated before starting, there will be water at the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.						
All runners must download by course closure time; even if you do not finish the course.						
Courses:	Colour	Distance	Climb	Control	Remarks	
	Prize Score HPS 1000ts	1 hour	Different values	30	Suitable for All – Prize Male/Female	
	Blue	6.2km	185m	23	Experienced orienteers only	
	Green	4.8km	165m	15	Experienced orienteers only	
	Sh Green	3.4km	110m	15	Experienced orienteers only	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.					
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only.					
Costs:	Military - £4.25					
EOD £1.50 extra	Military Veterans - £5.50					
	Senior Civilians (M/W 21 and above) - £8.00					
	Junior Civilians (M/W 20 and below) - £5.50					
	EMIT Hire (if required) - £2.00					
SRO:	WO2 Des Dickinson MOD Abbey Wood					
Organiser:	Maj (Retd) Colin Dickson BAOC					
Planner:	Maj (Retd) Colin Dickson BAOC					
Controller:	Elisabeth Dickson BAOC					
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129					
Facilities:	Toms Food Wagon, Toilets.					
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907					

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy the woods