



MLN Alanbrooke

Wednesday 29th May

Entries close Tuesday 28th May

This is the fifth event of the MLN 23-24 season

This event will take place within the barracks and the external housing estate

Contact: mlntechrep@armyorienteeing.com

Courses

Course details subject to final controlling

Blue 7Km, 20m, 39 controls

Long, technically difficult with pictorial descriptions

Short Green 3.5Km, 10m, 28 controls

Shorter medium distance, technically difficult with pictorial descriptions

Light Green 4.4Km, 20m, 25 controls

Medium distance, technically Medium with loose pictorial descriptions, textural descriptions on the map

Red 5Km, 20m, 25 controls

Long, technically easy with textural descriptions.

Entry Fees

Civilian

Entry Fee: £6.00

Military

Entry Fee: £5.00

Military plus Coaching

Entry Fee: £5.50

Late entries for a £1 supplement up to 8pm on the day before

Enter online at racesignup.co.uk

Event Information

Base Security requirements

This event is being held on an active MoD base that comes under their security requirements.

Civilians that are known to the league staff will be permitted to enter. However, if you are not known the league staff then your entry will be cancelled and your account will be credited with the fee.

To gain access to a secure site you will need to enter other MLN events to become one of the "known" civilians.

All civilian entrants will be required to provide the details of the vehicle that they will be travelling in at sign up.

Only those entered in the competition can enter the base even if in an authorised vehicle.

Every civilian entrant must have a valid photo ID.

Entry Process

To enter yourself, your soldiers or friends and family, you will need to create an account on RaceSingUp; there is a link to event just above this text.

Entries close at Midday on the Tuesday before the event. Entries can't be withdrawn or changed after then . Late entries accepted up to 8pm for an additional £1.

Once you have an account you can enter one or multiple people up to a maximum of 20. Once someone's details have been entered they can be recalled for future events. Payment is made at the end of the process with a bank card. If you need to withdraw, the fee will be credited to your "account" and can be used at future MLN-O events

What to expect, what to do

Please make every reasonable effort to arrive at the event in time for your allocated start window, including allowing time to report to Reception.

Please park carefully as there is limited space.

All competitors must ensure they are fully hydrated before starting, there will be NO water at the start, on the course or the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.

There will be a key drop for your car keys at reception.

Loose control description will be provided at the entrance to the start lanes, EXCEPT for the Red course. There are no descriptions on the Blue map, they will just be loose.

Start in your given window and enjoy your run.

The event is touch-free - you only need to waft your eTag above the control.

Refund Policy

You may withdraw from the event up until 12:00hrs the day before. Your entry fee will be held as a credit to be redeemed when you next enter an MLN event. A refund can be made upon request but will incur the card processing fee

Travel Directions

The turn into the barracks is at What3words stowing.originate.carbon. Nearest postcode is YO7 3EU.

Follow the road left into the housing estate just before security to parking area which is adjacent to the start and finish as shown on the blank map. What3words of parking is behind.alley.flitting. Parking will be tight, please park carefully.

Maps are on MLN-O Facebook page and last page of the flyer

Terrain

Alanbrooke Barracks is a mixture of administrative buildings, soldier and officer accommodation and vehicle hangers, most of which date from this being an RAF base. There is a 9 hole golf course on site. There are two groups of housing, one inside and one outside of the security fence to the south. There will be only two gates available to pass between the security zone and the housing

Map

Scale 1:4,000, 5m interval, printed on A4 waterproof paper, (3,000for Sh Green), updated for this event by the planner.

Officials

Planner : Phill Batts MLN

Organiser: Mark Davis 4 Yorks

Controller: Mike Edwards RAFO

Punching system

EMIT Emitag Touch Free. Wrist strap chip system with LED light to indicate a successful punch. No beep. No hire charge but lost tags charged at £75.

Timing

Reception: 11.30 - 14.30 hrs for Tag collection.

Starts: 12.00 - 14.30 hrs

Courses Close: 15.30 hrs. Controls will be taken in from 15.00 hrs.

Coaching

Coaching is available for up to 20 military. The coaching sessions are aimed at beginners or those competing on Red or Lt Green courses. They will: start at 12:00 prompt, finish around 13:00, include a run on a course and conclude with a de-brief and action planning. For more information contact Phill Batts via mlntechrep@armyorienteeing.com.

To book coaching (cost is 50p) please select the 'Mil &Coaching' class when you enter.

Conduct

You must adhere to the [British Orienteering Participant Code of Conduct](#).

Dress

Full leg and arm cover is not mandatory but competitors are advised that there are some patches of undergrowth, especially in the wood blocks.

Dogs

Dogs are not allowed on the courses but are allowed in the parking area

Facilities

Toilets will be available inside of camp, a short walk north of the start. It would be appreciated if competitors only use them after their run, but we realise that this may not be possible!

There is a shop and canteen in the middle of camp but this cannot be accessed until after your run.

Civilian Participation

For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2019 and land booked iaw the AOA DIO Licence and JSP907.

Personal Responsibility

Orienteering in the Army is classed as individual military training. Civilian competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

Use of personal data

The personal data you give at Registration will be used by the event organisers and their agents for the purpose of processing and publishing entries and results, conducting safety checks and as required by our insurers to validate our cover. Your information will be managed in accordance with the General Data Protection Regulations (GDPR).

Alanbrooke Barracks

Scale 1 : 4,000 5m Contours

0 50m 100m 150m

1cm represents 40 metres

Magnetic North 2022
-0.7 Degrees



P

Forbidden to Enter or Cross

- Building
- Private
- Temp OOB
- Plants & Bushes
- Hedge
- Wall
- Fence

- x Play/fitness equipment
- o Hide
- Artillery piece

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