



**ARMY INTER UNIT CHAMPIONSHIPS  
HOSTED BY THE ROYAL ENGINEERS  
HOGMOOR & LIMA 1 BORDON  
THURSDAY 23 MAY 2024**



<b>Travel Directions:</b>	Turn off Oakhanger Road at w3w display.unhappily.dreamers GRSU7789735966 Parking on sand training area.
<b>Terrain:</b>	Intricate Country Park (former military tank training area) and a Military training area to the west, mostly flat with small undulations. A mix of vegetation, good network of tracks, sand trails Very runnable. All courses will have a 1 minute timed out road crossing.
<b>Mapping:</b>	Scale 1:7,500, 5m contours, map updated for this event. All courses printed on A4 waterproof paper. Loose control descriptions for all courses in the start lanes. Control Descriptions also on the map
<b>Pre-entry:</b>	Open now at <a href="https://racesignup.co.uk">racesignup.co.uk</a> .
<b>Results System:</b>	EMIT Results <a href="https://race-results.info/">https://race-results.info/</a> & <a href="http://www.baoc.info/">http://www.baoc.info/</a>
<b>Registration:</b>	0945 – 1125 hours.
<b>Starts:</b>	1000 – 1130 hours
<b>Course Closes:</b>	1300 hours. Controls will be taken in at 1300hrs
<b>Prize Giving:</b>	1330hrs

**All competitors must ensure they are fully hydrated before starting, there will be NO water at the start and finish.**

All runners must download by course closure time; even if you do not finish the course.

Courses:	Colour	Distance	Climb	Control	Remarks
	Harris Team Short/Long	N/A	N/A	28/35	Teams of 3/4 Civilian teams of 3/4 can take part.
	Blue	6.6km	45m	24	Experienced orienteers only
	Green	4.8km	30m	17	Experienced orienteers only
	Sh Green	3.5km	25m	17	Experienced orienteers only
	Score	1 hour		35	Individual 1 hour score

<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.
<b>Other Instructions:</b>	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. No dogs allowed.
<b>Costs: EOD £1.50</b>	Military - £4.25 (Free if part of the Army Inter Unit Team) Military Veterans - £5.50 Senior Civilians (M/W 21 and above) - £8.00 (£4 per runner if part of a Team) Short 3 person. Team. Long 4 person Team Junior Civilians (M/W 20 and below) - £5.50 EMIT Hire (if required) - £2.00
<b>SRO:</b>	Lt Col Richard Mawer AAC
<b>AOA Coaching Officer</b>	Maj Paul L'Estrange Royal Irish
<b>Organiser:</b>	WO2 Jason Edwards RE
<b>Planner:</b>	Maj (Retd) Colin Dickson AOA
<b>Controller:</b>	Lt Col (Retd) Colin Metcalfe AOA
<b>Contact Details:</b>	coachingofficer@armyorienteering.com Mobile 07782 388887
<b>Facilities:</b>	Toms Food Wagon, Toilets.
<b>Insurance</b>	<b>For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907</b>

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)