

## ARMY INTER UNIT CHAMPIONSHIPS HOSTED BY THE ROYAL ENGINEERS THE SLAB BORDON



## **WEDNESDAY 22 MAY 2024**

Travel Directions:	Turn off Oakhanger Road at w3w display.unhappily.dreamers				
	GRSU7789735966 Parking on sand training area.				
Terrain:	Military training area, gentle undulating terrain with sandy rough open, a mix				
	of vegetation, good network of tracks and areas have good contour detail				
Mapping:	Scale 1:7,500 5m contours, Map revised for this event. All courses printed on				
	A4 waterproof paper. Loose control descriptions for all courses in the start				
	lanes. Control Descriptions also on the map.				
Pre-entry:	Open now at <u>racesignup.co.uk</u> .				
Results System:	EMIT Results <a href="https://race-results.info/">https://race-results.info/</a> <a href="https://race-results.info/">https://race-results.info/</a> <a href="https://www.baoc.info/">https://www.baoc.info/</a>				
Registration:	1145 – 1425 hours.				
Starts:	1200 – 1430 hours				
Course Closes:	1600 hours. Controls will be taken in at 1600hrs				

All competitors must ensure they are fully hydrated before starting, there will be NO water at the start and finish.

All runners must download by course closure time; even if you do not finish the course.							
Courses:	Colour	Distance	Climb	Control	Remarks		
EOD	Spanish Score	N/A	N/A	25/30	Teams of 3/4		
£1.50	Short/Long				Civilian teams of 3/4 can take part.		
	Blue	6.6km	30m	21	Experienced orienteers only		
	Green	4.9km	25m	18	Experienced orienteers only		
	Sh Green	3.5m	25m	12	Experienced orienteers only		
	Score	1 hour		30	Individual 1 hour score		

Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.					
Other Instructions:	ons: All SP must be in-date and have completed Heat Illness Prevention Mod					
	1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg					
	Areas. Whistles are compulsory. Place £1 at registration and you will be					
	given a whistle. Dogs in car park only.					
Costs:	Military - £4.25. (Free if part of the Army Inter Unit Champs)					
EOD £1.50	Military Vets - £5.50					
	Senior Civilians (M/W 21 and above) - £8.00 (£4 per runner if part of a					
	Team) Short 3 person Team. Long 4 person Team					
	Junior Civilians (M/W 20 and below) - £5.50					
	EMIT Hire (if required) - £2.00					
SRO:	Lt Col Richard Mawer AAC					
AOA Coaching Officer	Maj Paul L'Estrange Royal Irish					
Organiser:	WO2 Jason Edwards RE					
Planner:	Maj (Retd) Colin Dickson AOA					
Controller:	Lt Col (Retd) Colin Metcalfe AOA					
Contact Details:	coachingofficer@armyorienteering.com Mobile 07782 388887					
Facilities:	Toms Food Wagon, Toilets.					
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907					

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)