

## INSTRUCTIONS FOR THE TEAM HARRIS CHAMPIONSHIPS

1. **General.** The MLS Team Harris Orienteering Championships (known as the 'Team Harris' throughout this instruction) will be run as a Harris format event, consisting of a Long course, for teams of 3. The Team Harris is 'pre-entry' as per MLS Rules para para **Error! Reference source not found.** and full event details will be promulgated on a flyer and published on the [BAOC](#) website.

2. **Purpose.** The purpose of the Team Harris is to:

- a. Annually establish the best teams in the MLS.
- b. Expose competitors to high quality orienteering maps and planning; as well as technically demanding and physically challenging orienteering.
- c. Expose the local civilian orienteering community to the best of the MLS teams;

IOT support community engagement, recruitment and develop orienteering as a military skill.

3. **Eligibility.** The Team Harris is open to all Regular and Reserve teams from UK South designated units (with Major/Minor Unit status iaw Sp Comd UK South Amalgamations for Sport)<sup>1</sup>, iaw MLS Rules para **Error! Reference source not found.** Civilian competitors may enter as guests in Ad Hoc, Veterans (ex service personnel), Female or U25 Teams only.

4. **Competition Format.** The Team Harris will be run as a Harris format event, consisting of a Long course, for teams of 3. The basic concept is that each team member has to visit a set of compulsory 'Spine' controls and in addition the Team Captain has to distribute an additional set of 'Secondary' controls amongst the team so that all Secondary controls are visited by at least one member of the team. The team time is determined by the time of the last person in the team to finish, plus any added time for missed controls (see paragraph 5 for details of time penalties).

5. **Time Penalties.** No team will be disqualified for missing a control. However, missing a control (either Spine or Secondary) is evidence of failure, poor planning or execution of the plan; consequently any competitor that has missed one or more controls will be penalised 15 minutes for every control missed.

6. **Course Details.** The 2 courses will be planned to the following Technical Difficulty (TD), approximate distances and equivalent Colour Coding:

Course	Teams	TD	Spine Controls	Secondary Controls
Long	Major Units, Minor Units, Female, Veteran (M/W40+), Under 25 and Ad Hoc	4 (medium/hard)	8-10 controls 4km	20

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<sup>1</sup> iaw para 13 to MLS Rules.

7. **Team Composition.** Units are only to register competitors who are on the actual assigned strength of their unit on the day of the competition. Teams are to consist of 3 runners, Female, Veterans and U25 teams must declare themselves as such within their team name. Units/Clubs may enter as many teams as they wish, but as a minimum team composition is as follows:

- a. **Major Units.** Enter a minimum of one team of 3.
- b. **Minor Units, Ad Hoc (Long).** Enter one team of 3
- c. **Female, Under 25.** Enter one team of 3, the team composition may be a mix of both eligible (MLS Rules para **Error! Reference source not found.**) and guest personnel.
- d. **Veterans (M/W40+).** Enter one team of 3, which must comprise of ex-service or service personnel only.
- e. **Ad Hoc.** Enter one team of 3.

8. **Mapping/EMIT.** The maps are be printed at a scale of 1:10,000 on waterproof paper. Control Descriptions will be on the map and use IOF symbols; no loose Control Descriptions will be available. Maps will be issued to the Team Captain at the Start. The EMIT electronic punching system will be used throughout the competition.

**Central Briefing/Mass Start.** There will be a central briefing and demonstration for all competitors at 15 minutes before a mini-mass start.

9. **Attendance.** Attendance is voluntary and there is no pre-entry requirement, but competitors are responsible for their own personal safety and for assessing their own abilities to complete the selected course.

10. **Results/Prizes/Prize Giving.** Results will be placed on the BAOC website at [www.baoc.info](http://www.baoc.info) as soon as possible after the event. Prizes will be awarded for the categories listed above. The prizes will be awarded at the MLS Prize Giving event at the end of the season (details to follow).