

Course Closes:

MILITARY LEAGUE(SOUTH) HOSTED BY GO AMBERSHAM COMMON



WEDNESDAY 28 FEBRUARY 2024

OHIENTEERING ASSOCI	90
Location:	what3words: those.wide.mingles Post Code: GU29 0BY (approx) Grid: SU912194
Car Parking:	**NOTE** Please arrive between 0930 - 1100 hrs OR 1230 - 1400 hrs. This is to spread car parking through the day with respect to the SSSI. Parking in or near 4 small car parks on New Road
Terrain:	Wonderful mix of forest and heathland, including open woodland, dead bracken, brashings and heather. Some intricate contour detail and network of line features. As used for JK 2017 middle distance. Many thanks to Cowdray Estate for access.
Mapping:	Map updated in Oct 2023 with LiDAR. Scale 1:10,000, overprinted on waterproof paper. Loose control descriptions will be provided at the start.
Pre-entry:	Open at 20:00 21 Feb 2024 at racesignup.co.uk.
Results System:	EMIT Results https://race-results.info/ https://race-results.info/ https://www.baoc.info/
Registration:	1015 – 1425 hrs
Starts:	1030 – 1130 and 1330 – 1430 hrs **NOTE** choice of early or late start times, as per car parking restrictions above

All runners must download by course closure time; even if you do not finish the course. Climb Control Colour Distance Remarks 160m 28 **Experienced orienteers** Brown 8.3km Blue 6.3km 140m 19 **Experienced orienteers** 100m Lt Green 4.0km 14 **Experienced orienteers** Sh Green 3.2km 80m 14 **Experienced orienteers** 5.0km 14 **TD3 Level Novice** Lg Orange 120m 20 Not league point scoring Score 1 hour

1530 hrs. Controls will be taken in at 1530hrs

Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.
Other	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior
Instructions:	to taking part in MLS event. Whistles are compulsory. Place £1 at registration and
	you will be given a whistle. Dogs in car parks only.
Costs:	Military - £4.25
EOD £1.50 extra	Military Veterans - £5.50
	Senior Civilians (M/W 21 and above) - £8.00
	Junior Civilians (M/W 20 and below) - £5.50
	EMIT Hire (if required) - £2.00
SRO:	WO2 Des Dickinson – MoD Abbey Wood
Organiser:	Phil Conway GO
Planner:	Adam Conway GO
Controller:	John Collyer GO
Contact Details:	phil.conway123@gmail.com Mobile 07423055716
Facilities:	Tom's Food Wagon
	NOTE No toilets onsite. Public toilets available in Midhurst or Petworth.
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023.

personal safety and for assessing their own abilities to complete the course.

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Orienteering in the Army is classed as individual military training. Competitors are responsible for their own