



MLN Catterick South

Wednesday 14th February

Entries open Monday 22nd January

This event is the second event of the MLN 23-24 league

 **Contact:** mlntechrep@armyorienteering.com

Courses

Final course details available nearer the event

Blue Km, m, controls

Long, technically difficult with pictorial descriptions

Short Green Km, m, controls

Shorter medium distance, technically difficult with pictorial descriptions

Light Green Km, m, controls

Medium distance, technically Medium with loose pictorial descriptions, textural descriptions on the map

Red Km, m, controls

Long, technically easy with textural descriptions.

Entry Fees

Civilian

Entry Fee: £6.50

Military plus Coaching

Entry Fee: £5.50

Military

Entry Fee: £5.00

Late entries for a £1 supplement up to 8pm on the day before

Enter online at racesignup.co.uk

Event Information

Entry Process

To enter yourself, your soldiers or friends and family, you will need to create an account on RaceSingUp; there is a link to event just above this text.

Entries close at Midday on the Tuesday before the event. Entries can't be withdrawn or changed after then . Late entries accepted up to 8pm for an additional £1.

Once you have an account you can enter one or multiple people up to a maximum of 20. Once someone's details have been entered they can be recalled for future events. Payment is made at the end of the process with a bank card. If you need to withdraw, the fee will be credited to your "account" and can be used at future MLN-O events

What to expect, what to do

Please make every reasonable effort to arrive at the event in time for your allocated start window, including allowing time to report to Reception.

Please park carefully to make the most of the available space.

All competitors must ensure they are fully hydrated before starting, there will be NO water at the start, on the course or the finish.

There will be a key drop for your car keys at reception.

Loose control description will be provided at the entrance to the start lanes, EXCEPT for the Red course.

Start in your given window and enjoy your run.

At Download collect your splits print and return your Tag.

Refund Policy

You may withdraw from the event up until 12:00hrs the day before. Your entry fee will be held as a credit to be redeemed when you next enter an MLN event. A refund can be made upon request but will incur the card processing fee

Travel Directions

Car parking at What3words youthful.table.emulating. The nearest postcode takes you into the stables, the car parking is further East along Loos Road. The nearest postcode is DL9 4LG.

Terrain

The event area is the public area in the south of the Garrison. It has a significant river valley running SW to NE. There are a range of small blocks of mainly runnable woodland, significant areas of barracks and domestic housing. The south part of the map is mainly horse grazing and a sports field.

Map

Scale 1:5,000, 4,000 for Sh Green, 5m interval, printed on waterproof paper. Updated for this event by the planner.

Officials

Planner : Phill Batts

Organiser: Capt Mark Davis

Controller: Capt Mark Davis

Punching system

EMIT Emitag Touch Free. Wrist strap chip system with LED light to indicate a successful punch. No beep. No hire charge but lost tags charged at £75.

Timing

Reception: 11.30 - 14.00 hrs for Tag collection.

Starts: 12.00 - 14.30 hrs

Courses Close: 15.30 hrs. Controls will be taken in from 15.00 hrs.

Coaching

Coaching is available for up to 20 military. The coaching sessions are aimed at beginners or those competing on Red or Lt Green courses. They will: start at 12:00 prompt, finish around 15:30, include a run on a course and conclude with a de-brief and action planning. For more information contact Phill Batts via mlntechrep@armyorienteering.com.

To book coaching (cost is 50p) please select the 'Mil & Coaching' class when you enter.

Conduct

You must adhere to the [British Orienteering Participant Code of Conduct](#).

Dress

Full leg and arm cover is mandatory; that means no shorts, vests or exposed ankles.

Dogs

Dogs are allowed on the courses

Facilities

There will be no toilets available in the assembly area. The nearest accessible toilet is in Tesco.

Civilian Participation

For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2019 and land booked iaw the AOA DIO Licence and JSP907.

Personal Responsibility

Orienteering in the Army is classed as individual military training. Civilian competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

Use of personal data

The personal data you give at Registration will be used by the event organisers and their agents for the purpose of processing and publishing entries and results, conducting safety checks and as required by our insurers to validate our cover. Your information will be managed in accordance with the General Data Protection Regulations (GDPR).