

	<b>MILITARY LEAGUE(SOUTH)</b>				
	<b>Training Event</b>				
	<b>HOSTED BY BAOC</b> <b>Alice Holt Country Park</b> <b>WEDNESDAY 7 Feb 2024</b>				
<i>BAOC</i>					
<b>Travel Directions:</b>	Signed off the A325 at Bucks Horn Oak, follow signs south and turn left into the Alice Holt Country Park. Entrance GU10 4LS. Nearest Station is Farnham What3words for entrance: <b>bucks.flattered.fried</b> . Car park charge is only £2 for 4 hours or £3 all day. Registration/Download is in the foyer of the Activities Centre, which is due east of the café.				
<b>Terrain:</b>	The area is a standard FC forest with an extensive network of tracks and dry ditches, plus there are numerous streams & other features. Very runnable at this time of year. Further details here: <a href="https://www.forestryengland.uk/alice-holt-forest">https://www.forestryengland.uk/alice-holt-forest</a>				
<b>Mapping:</b>	Map updated in March 2023. Scale is 1:10,000 overprinted on waterproof paper. Short Green at 1:7500. Control descriptions on all maps, Loose copies in start lane.				
<b>Pre-entry:</b>	Open at 20:00 31 Jan 2024 at <a href="http://racesignup.co.uk">racesignup.co.uk</a> .				
<b>Results System:</b>	Emit Results <a href="http://www.baoc.info/">http://www.baoc.info/</a>				
<b>Registration:</b>	1030 – 1355 hours. <b>Starts:</b> 1100 – 1400 hours				
<b>Course Closes:</b>	1500 hours. Controls will be taken in from 1500hrs				
All runners must download by course closure time; even if you do not finish the course.					
<b>Courses:</b>	Colour	Distance	Climb	Controls	Remarks
	Brown	8.5km	95m	26	For experienced orienteers
	Blue	6.8km	65m	20	For experienced orienteers
	Light Green	4.8km	65m	16	For improving orienteers
	Sh Green	3.4km	50m	13	For experienced orienteers
	Long Orange	4.3km	60m	16	Suitable for newbies to orienteering
	Score	1 hour		30	30 controls, Good for all levels
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.				
<b>Other Instructions:</b>	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Note Dogs are allowed on all courses.				
<b>Costs:</b>	Military - £4.25				
<b>EOD £1.50 extra</b>	Military Veterans & Jnrs £5.50 and senior civilians £8.00				
	EMIT Hire (if required) - £2.00				
<b>SRO:</b>	WO2 Des Dickinson – MoD Abbey Wood				
<b>Organiser:</b>	Maj (Retd) Allan Farrington BAOC				
<b>Planner:</b>	Robin Smith SO <b>Controller:</b> Paul Keeble SN				
<b>Contact Details:</b>	<a href="mailto:allan@baoc.info">allan@baoc.info</a> Mobile 07747 446600				
<b>Facilities:</b>	Café & Toilets beside Start/finish area,. Ample parking.				
<b>Insurance</b>	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907				

Military please note this has been labelled a training event due to Op Teamwork commitments for most units on 7 Feb. That means league points will not be awarded.

Have fun and enjoy the woods.