

	MILITARY LEAGUE(SOUTH)			<i>BAOC</i>
	HOSTED BY BAOC			
	LONG VALLEY SOUTH (WEST)			
	WEDNESDAY 01 NOVEMBER 2023			
Travel Directions:	what3words berated.exonerate.firmer Post Code GU10 5AB Grid SU8286449146. Car Park at SU8290049264			
Terrain:	Military training area, the area is undulating mixed woodland area with rough open intricate areas and a good network of tracks and a wide variety of terrain.			
Mapping:	Scale 1:10,000, 5m contours, Full re-map in 2022 with further updates for this event. All courses printed on A4 waterproof paper. Control descriptions for all courses on the map and loose in the start lanes.			
Pre-entry:	Open at 20:00 25 Oct 23 at racesignup.co.uk .			
Results System:	EMIT UK http://www.baoc.info/			
Registration:	1045 – 1355 hours.			
Starts:	1100 – 1400 hours			
Course Closes:	1500 hours. Controls will be taken in at 1500hrs			
All runners must download by course closure time; even if you do not finish the course.				
Courses:	Colour	Distance	Climb	Remarks
	Brown	8.8km	235m	Experience orienteers
	Blue	6.8km	185m	Experience orienteers
	Sh Green	3.4km	135m	Experience orienteers
	Lt Green	4.8km	130m	Improving orienteers
	Lg Orange	4.7km	125m	Novice orienteering
	Score	1 Hour	25 Controls	Suitable for all levels
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.			
Other Instructions:	Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory. Whistles are compulsory, 100% check. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.			
Costs:	Military - £4.25			
EOD: £1.50 extra	Military Veterans £5,50			
	Senior Civilians (M/W 21 and above) - £8.00			
	Junior Civilians (M/W 20 and below) - £5.50			
	EMIT Hire (if required) - £2.00			
SRO:	WO2 Des Dickinson – MoD Abbey Wood			
Organiser:	Maj (Retd) Colin Dickson BAOC			
Planner:	Maj (Retd) Colin Dickson BAOC			
Controller:	Elisabeth Dickson BAOC			
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129			
Facilities:	Toilets, Food provided by Tracy NB Catering			
Insurance	<p style="color: blue; font-size: 0.9em;">For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907</p>			
<p>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</p>				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy this new fast area.