

	MILITARY LEAGUE(SOUTH)				<i>BAOC</i>
	SUMMER SERIES				
	HOSTED BY BAOC				
	THE SLAB BORDON				
WEDNESDAY 30 AUGUST 2023					
Travel Directions:	GR SU7828936030 or nearest post code is GU35 9HQ. Barrier What3words prom.conducted.coins Parking is on a sand area at GR SU7829135960				
Terrain:	It is an area with very technical path network and a large number of point features. The wet features may be dry on race day.				
Mapping:	The area has had a full make-over due to the British Motor Bike Champs and a major unit moving hills and boulders around, filling in water features etc. Updated July 23. Scale 1:5,000 overprinted on waterproof paper. Loose control in the start lanes.				
Pre-entry:	Open at 20:00 23 Aug 2023 at racesignup.co.uk .				
Results System:	Excel spread sheet-Results http://www.baoc.info/				
Registration:	1045 – 1355 hours All MUST report to registration to get their name ticked on the spread sheet to confirm attendance				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.					
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
	Brown	6.7km	50m	Experience orienteers Back-to-back maps	
	Blue	5.5km	40m	Experience orienteers Back-to-back maps	
	Green	4.5km	30m	Experience orienteers	
	Sh Green	3.3km	35m	Experience orienteers	
	Score	1 hour		25 controls, Good for all levels	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only				
Costs:	Military - £4.25				
EOD £1.50 extra	Military Veterans - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £1.50p				
SRO:	WO2 Des Dickinson – MoD Abbey Wood				
Organiser:	Maj (Retd) Colin Dickson BAOC				
Planner:	Colin Holcombe BAOC				
Controller:	Kieran Devine BAOC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Toilets, Tracy's food Wagon				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun.