

	<b>MILITARY LEAGUE(SOUTH)</b>				<i>BAOC</i>
	<b>SUMMER SERIES</b>				
	<b>HOSTED BY BAOC</b>				
	<b>HAWLEY</b>				
<b>WEDNESDAY 23 August 2023</b>					
<b>Travel Directions:</b>	Signed from the A327 at SU8302857434 Postcode GU17 9UD. W3W convinced.stand.jiggle Parking on old airstrip.				
<b>Terrain:</b>	Mixed wood & heathland with runnable, intricate, undulating contour detail and a good network of line features.				
<b>Mapping:</b>	Map updated in 2022 with minor adjustments for this event. Scale 1:7500 overprinted on waterproof paper, Loose CDs in start lane for all courses.				
<b>Pre-entry:</b>	Open at 20:00 16 Aug 23 at <a href="http://racesignup.co.uk">racesignup.co.uk</a> .				
<b>Results System:</b>	<a href="http://www.race-results.info">Live at www.race-results.info</a> and after at <a href="http://www.baoc.info/">http://www.baoc.info/</a>				
<b>Registration:</b>	1045 – 1355 hours. .				
<b>Starts:</b>	1100 – 1400 hours				
<b>Course Closes:</b>	1500 hours. Controls will be taken in at 1500hrs				
<b>All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.</b>					
All runners must download by course closure time; even if you do not finish the course.					
<b>Courses:</b>	Colour	Distance	Climb	Remarks	
	Blue	7.1 km	160m	For experienced orienteers	
	Green	5.0km	110m	For experienced orienteers	
	Sh Green	3.5km	70m	For experienced orienteers	
	Orange	3.5km	70m	Suitable for Novice orienteers	
	Score	1 hour		Good for all levels	
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.				
<b>Other Instructions:</b>	All SP must be in-date for Heat Illness Prevention Module 1. Tobacco & vaping is banned on all MOD Trg Areas. Whistles are compulsory. Place £1 in the box at registration and take a whistle. Dogs in car park only				
<b>Costs:</b>	Military - £4.25				
<b>EOD: £1.50 extra</b>	Military Veterans - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £1.50p				
<b>SRO:</b>	WO2 Des Dickinson MoD Abbey Wood				
<b>Organiser:</b>	Major (Retd) Allan Farrington BAOC				
<b>Planner:</b>	Pete Jones SN				
<b>Controller:</b>	Major (Retd) Allan Farrington BAOC				
<b>Contact Details:</b>	<a href="mailto:allan@baoc.info">allan@baoc.info</a> Mobile 07747 446600				
<b>Facilities:</b>	Tracy's Food Wagon, Toilets.				
<b>Insurance</b>	<b>For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907</b>				
<b>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</b>					

Have fun and enjoy the woods. Individuals start as directed using course details above. After you finish go to the back of the Emit van to download and get your splits printout.

RG will be available for all line courses..