


Change of Venue

	MILITARY LEAGUE(SOUTH)			<i>BAOC</i>
	HOSTED BY BAOC			
	RUSHMOOR (Part of Long Valley North)			
	WEDNESDAY 16 AUGUST 2023			
Travel Directions:	What3Words/// such.intro.latest Grid ref SU8546552094 Parking at SU8536552023 Nearest Post Code GU11 2HB 500m east of entry			
Terrain:	Park type area inside Rushmoor Arena which is not accessible to the public and the areas around is forested training area with little ground cover. Two gate entry/exit onto area.			
Mapping:	Mapped in 2021 by Charles Bromley Gardner. Scale 1:7,5000 overprinted on waterproof paper. Loose control description will be provided at the start. For the non-loop courses.			
Pre-entry:	Open at 20:00 09 Aug 23 at racesignup.co.uk .			
Results System:	Excel spread sheet-Results http://www.baoc.info/			
Registration:	1045 – 1355 hours.			
Starts:	1100 – 1400 hours			
Course Closes:	1500 hours. Controls will be taken in at 1500hrs			
All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.				
All runners must download by course closure time; even if you do not finish the course.				
Courses:	Colour	Distance	Climb	Remarks (see below start/finish)
Maps released at 1400hrs	Brown	8.8km	115m	4 loops A-B-C-D in that order
	Blue	6.6km	90m	3 loops B-C-D in that order
	Green	4.4km	50m	2 loops D & A in that order
	Sh Green	3.4km	50m	Stand along course, no loops.
	Orange	3.4km	35m	TD3 Level Novice
Score	1 Hour	25 Controls	There are more than 25 on the area.	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.			
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory. Whistles are compulsory, 100% check. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.			
Costs:	Military - £4.25p			
EOD: £1.50 extra	Military Veterans £5,50			
	Senior Civilians (M/W 21 and above) - £8.00p			
	Junior Civilians (M/W 20 and below) - £5.50p			
	EMIT Hire (if required) - £1.50p			
SRO:	WO2 Des Dickinson – MoD Abbey Wood			
Organiser:	Maj (Retd) Colin Dickson BAOC			
Planner:	Maj (Retd) Colin Dickson BAOC			
Controller:	Elisabeth Dickson BAOC			
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129			
Facilities:	Toilets, Food provided by Tracy			
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907			
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy this new fast area. You must press the “start” only once and the finish every loop and at the end of the race. The finish will be at the end of the tapped area which will contain the drinks table, return map box, and tape to your next map.