

	MILITARY LEAGUE(SOUTH)			<i>BAOC</i>
	SUMMER SERIES			
	HOSTED BY BAOC			
	MINLEY			
		WEDNESDAY 09 AUGUST 2023		
Travel Directions:	Entry point. What3Words glee.vegetable.digested Parking in field at GR SU81675814.			
Terrain:	Used a number of times for MLS events and JK 19 Relays. The area to the south is open fast wood, with some fields around the car park and undulating runnable woods.			
Mapping:	Mapped in 2020 by Roger Maher. Scale 1:7,500 overprinted on A4 waterproof paper. Loose control description for all courses at the start.			
Pre-entry:	Open at 20:00 02 Aug 23 at racesignup.co.uk .			
Results System:	Excel spread sheet-Results http://www.baoc.info/			
Registration:	1045 – 1355 hours. All MUST report to registration to get their name ticked on the spread sheet to confirm attendance			
Starts:	1100 – 1400 hours.			
Course Closes:	1500 hours. Controls will be taken in at 1500hrs			
All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.				
All runners must download by course closure time; even if you do not finish the course.				
Courses:	Colour	Spine	Controls	Remarks
	Blue	6.9km	185m	
	Green	4.9km	120m	
	Sh Green	3.4km	105m	
	Orange	3.4km	70m	Novice
	Score	1 Hour	18 controls	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.			
Other Instructions:	All SP must be in-date and have completed Heat Illness Prevention Module 1 prior to taking part in MLS event. Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.			
Costs:	Military - £4.25			
EOD £1.50 extra	Military Veterans - £5.50			
	Senior Civilians (M/W 21 and above) - £8.00			
	Junior Civilians (M/W 20 and below) - £5.50			
	EMIT Hire (if required) - £1.50			
SRO:	WO2 Des Dickinson – MoD Abbey Wood			
Organiser:	Maj (Retd) Colin Dickson BAOC			
Planner:	Maj (Retd) Colin Dickson BAOC			
Controller:	Elisabeth Dickson BAOC			
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129			
Facilities:	Toilets, Food provided by Tracy			
Insurance	<p style="color: blue; margin: 0;">For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907</p>			
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy this new fast area.