

	MILITARY LEAGUE(SOUTH)				<i>BAOC</i>
	SUMMER SERIES				
	HOSTED BY BAOC				
	HAWLEY EAST				
	WEDNESDAY 26 JULY 2023				
Travel Directions:	Signed from the A327 at SU8302857434 Postcode GU17 9UD. W3W convinced.stand.jiggle Parking at SU8445858849				
Terrain:	Mixed wood with runnable, intricate, undulating contour detail and a good network of line features.				
Mapping:	Map updated in 2022 with minor adjustments for this event. Scale 1: 100000 overprinted on A5 or A6 waterproof paper, Loose control description for at the start for Sh Green and Score only.				
Pre-entry:	Open at 20:00 19 July 23 at racesignup.co.uk .				
Results System:	Excel spread sheet-Results http://www.baoc.info/				
Registration:	1045 – 1355 hours. All MUST report to registration to get their name ticked on the spread sheet to confirm attendance.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.					
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
Maps released at 1410	Brown	8.8km	190m	4 loops A-B-C-D	
	Blue	6.6km	135m	3 loops B-C-D	
	Green	4.4km	90m	2 loops C+A	
	Sh Green	3.3km	80m	Standalone course	
	Orange	3.2km	40m	Novice orienteers	
	Score	1 hour		20 controls, Good for all levels	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	Tobacco & vaping is banned on all Trg Areas. Whistles are compulsory. Place £1 at registration and you will be given a whistle. Dogs in car park only				
Costs:	Military - £4.25				
EOD: £1.50 extra	Military Veterans - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00				
	Junior Civilians (M/W 20 and below) - £5.50				
	EMIT Hire (if required) - £1.50p				
SRO:	WO2 Des Dickinson MoD Abbey Wood				
Organiser:	Major (Retd) Colin Dickson BAOC				
Planner:	Major (Retd) Colin Dickson BAOC				
Controller:	Elisabeth Dickson BAOC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Tracy's Food Wagon, Toilets.				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Torgate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

Have fun and enjoy the woods. Individuals start as directed on course details above and follow in that order. You must press the “start” only once and finish every loop and at the end of the race. The finish will be at the end of the tapped area which will contain the drinks table, return map box, and tape to your next map.