
	<b>MILITARY LEAGUE(SOUTH) SUMMER SERIES</b>				
	<b>HOSTED BY BAOC</b>				
	<b>Royal Victoria Country Park (RVCP) NETLEY</b>				
<b>WEDNESDAY 28 JUNE 2023</b>					
<b>Travel Directions:</b>	Signed off the M27 Junc 8, follow signs south to RVCP. Entrance is at The Hard, 76 Victoria Rd, Netley, Southampton SO31 5RA. Grid SU 457080. Nearest Station is Netley What3words: <b>paused.timing.palms..</b>				
<b>Terrain:</b>	The area is typical of a country park with fast open parkland along the estuary side, an extensive network of tracks, plus a wide variety of other terrain, with some very intricate woods in the SE & N. Further details here on RVCP: <a href="https://www.hants.gov.uk/thingstodo/countryparks/rvcp">https://www.hants.gov.uk/thingstodo/countryparks/rvcp</a>				
<b>Mapping:</b>	Map updated in May 2023. Scale 1:5,000 overprinted on waterproof paper. Control descriptions on map, Score, SG, LO loose in start lane.				
<b>Pre-entry:</b>	Open at 20:00 21 Jun 2023 at <a href="http://racesignup.co.uk">racesignup.co.uk</a> .				
<b>Results System:</b>	Emit Results <a href="http://www.baoc.info/">http://www.baoc.info/</a>				
<b>Registration:</b>	1030 – 1345 hours.				
<b>Starts:</b>	1100 – 1400 hours				
<b>Course Closes:</b>	1500 hours. Controls will be taken in from 1500hrs				
<p>All runners must download by course closure time; even if you do not finish the course.  <b>All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length, or walk the course to ensure you achieve your aim safely.</b></p>					
<b>Courses:</b>	Colour	Distance	Climb	Remarks	
Maps released at 1415	Brown	8.8km	95m	4 loops A-B-C-D starting at A only	
	Blue	6.6km	75m	3 loops B-C-D starting on B only	
	Green	4.4km	55m	2 loops C+ D starting on C only	
	Sh Green	3.3km	45m	Standalone course	
	Long Orange	3.5km	70m	Suitable for newbies to orienteering	
	Score	1 hour		30 controls, Good for all levels	
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.				
<b>Other Instructions:</b>	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs allowed on all courses.				
<b>Costs:</b>	Military - £4.25				
<b>EOD £1.50 extra</b>	Military Veterans & Jnrs £5.50 and senior civilians only £6.00 instead of £8.				
	<b>Note: Parking costs is £5 for 4 hours, discount code will be on display at Regn. Senior civilian entry has therefore been reduced by £2.00 to offset.</b>				
	EMIT Hire (if required) - £1.50p				
<b>SRO:</b>	WO2 Des Dickinson – MoD Abbey Wood				
<b>Organiser:</b>	Maj (Retd) Allan Farrington BAOC				
<b>Planner:</b>	Maj (Retd) Allan Farrington BAOC				
<b>Controller:</b>	Sgt (Retd) Paul Thwaites SOC				
<b>Contact Details:</b>	<a href="mailto:allan@baoc.info">allan@baoc.info</a> Mobile 07747 446600				
<b>Facilities:</b>	Café & Toilets beside Start/finish area, restaurant also on site. Ample parking.				
<b>Insurance</b>	For civilians participating in Army orienteering, Public Liability Insurance is provided by Torgate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907				
<p>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</p>					

Have fun and enjoy the woods. Individuals start as directed on course details above and then follow course letter in alphabetical order. You must press the “start” only once and the finish only once at the end of your race, that is only after all your loops are completed. At the end of each loop punch 100.