

	MILITARY LEAGUE(SOUTH)				<i>BAOC</i>
	HOSTED BY BAOC				
	HENLEY GATE (No League Points)				
	WEDNESDAY 07 JUNE 2023				
Travel Directions:	Turn at w3w ruby.little.hurls and travel to w3w dragonfly.viewing.voice nearest post code GU24 0BS Grid SU9358455072				
Terrain:	The area is gentle undulating mixed woodland area with rough open areas and a good network of tracks and a wide variety of terrain.				
Mapping:	Map updated in Apr 22. Scale 1:7,500 overprinted on waterproof paper. Control descriptions on map and loose in start lane.				
Pre-entry:	Open at 20:00 31 May 2023 at racesignup.co.uk .				
Results System:	Emit Results http://www.baoc.info/				
Registration:	1045 – 1355 hours.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
<p>All runners must download by course closure time; even if you do not finish the course. All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.</p>					
Maps released at 1415	Colour	Distance	Climb	Remarks	
	Brown	8.3km	65m	4 loops A-B-C-D starting at A only	
	Blue	6.2km	50m	3 loops B-C-D starting on B only	
	Green	4.1km	115m	2 loops C+A starting on C only	
	Sh Green	3.3km	25m	Standalone course	
	Score	1 hour		20 controls, Good for all levels	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.				
Costs:	Military - £4.25				
EOD £1.50 extra	Military Veterans £5.50				
	Senior Civilians (M/W 21 and above) - £8.00p				
	Junior Civilians (M/W 20 and below) - £5.50p				
	EMIT Hire (if required) - £1.50p				
SRO:	WO2 Des Dickinson – MoD Abbey Wood				
Organiser:	Maj (Retd) Colin Dickson BAOC				
Planner:	Maj (Retd) Colin Dickson BAOC				
Controller:	Elisabeth Dickson BAOC				
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129				
Facilities:	Toilets, No Food Wagon available				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907				
<p>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</p>					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy the woods. Individuals start as directed on course details above and follow in alphabetical order. You must press the “start” only once and finish at the end of your race after all loops are completed.

