

	MILITARY LEAGUE(SOUTH)			<i>BAOC</i>
	HOSTED BY BAOC			
	PYESTOCK			
	WEDNESDAY 31 MAY 2023 (Final MLS League Counter for this season)			
Travel Directions:	what3words hopping.dupe.identity Post Code GU51 2RT Grid SU8297255468. Car park at SU8306055237			
Terrain:	The area is flat mixed woodland area with rough open areas and a good network of tracks and a wide variety of terrain.			
Mapping:	Map part updated in Mar 23 by RLM maps. Scale 1:10000 (1:7.500 for Sh Green) overprinted on waterproof paper. Control description on map and loose provided at the start.			
Pre-entry:	Open at 20:00 24 May 23 at racesignup.co.uk .			
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/			
Registration:	1045 – 1355 hours.			
Starts:	1100 – 1400 hours			
Course Closes:	1500 hours. Controls will be taken in at 1500hrs			
All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.				
All runners must download by course closure time; even if you do not finish the course.				
Courses:	Colour	Distance	Climb	Remarks
	Brown	8.8km	50m	Experienced orienteers only
	Blue	6.7km	45m	Experienced orienteers only
	Sh Green	3.4km	35m	Experienced orienteers only
	Lt Green	4.9km	45m	Experienced orienteers only
	Lg Orange	4.8km	40m	Novice Orienteers
	Score	1 Hour	25 Controls	Good for all levels, not league point scoring
There is one unmanned road crossing on the Brown and Blue course, cross with care.				
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.			
Other Instructions:	Tobacco & Vaping is banned on all MOD Areas. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.			
Costs: EOD £1.50 extra	Military - £4.25 Military Veterans - £5.50 Senior Civilians (M/W 21 and above) - £8.00 Junior Civilians (M/W 20 and below) - £5.50 EMIT Hire (if required) - £1.50			
SRO:	WO2 Des Dickinson – MoD Abbey Wood			
Organiser:	Maj (Retd) Colin Dickson BAOC			
Planner:	Maj (Retd) Colin Dickson BAOC			
Controller:	Elisabeth Dickson BAOC			
Contact Details:	dicksonc44@hotmail.com Mobile 07905050129			
Facilities:	Toilets, Food Wagon.			
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907			
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy this new fast area