

	MILITARY LEAGUE(SOUTH)				 Ministry of Defence 
	HOSTED BY MOD ABBEY WOOD				
	GREAT RIDGE WEDNESDAY 19 APRIL 2023				
Travel Directions:	Signed off the A303 GR ST927345 Post code SP3 5SX (Bake Barn). What3words stereos.coasters.clinking The A303 is a fast road and care needs to be taken when turning off it. There will be warning signs on the A303 to warn of the approach. Access is via a farm track which is single lane in places. Parking is at ST932360. The exit will be along the same track, when exiting onto the A303 you are advised to Turn Left, there is the ability to do a U turn and head West approx. half mile up the road.				
Terrain:	Great Ridge is a working forest with many rides. There has been some recent forestry work and courses have been planned to which avoid the worst brashing areas and make great use of the area. *Note: The courses are not duplicates of the Sarum Saunter on 19 March 2023.				
Mapping:	The map has been recently updated to show changes. Scale 1:10 000 overprinted on waterproof paper, control descriptions on the map and loose at the start.				
Pre-entry:	Opens at 20:00 12 April 2023 at racesignup.co.uk .				
Results System:	EMIT Results https://race-results.info/ & http://www.baoc.info/				
Registration:	1045 – 1355 hours.				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
	Brown	8.4km	185m	Experienced orienteers only	
	Blue	6.2km	125m	Experienced orienteers only	
	Sh Green	3.6km	50m	Experienced orienteers only	
	Lt Green	4.0km	90m	Experienced orienteers only	
	Lg Orange	4.5km	85m	Less experience.	
	Score	1 hour		30 controls, Good for all levels	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	Tobacco & vaping is banned on the area. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs are welcome but are to remain on leads at all times..				
Costs: EOD: £1 extra	Military - £4.25p				
	Military Veterans - £5.50				
	Senior Civilians (M/W 21 and above) - £8.00p				
	Junior Civilians (M/W 20 and below) - £5.50p				
	EMIT Hire (if required) - £1.50p				
SRO:	WO2 Des Dickinson MoD Abbey Wood				
Organiser:	WO2 Des Dickinson MoD Abbey Wood				
Planner:	Andrew Graham - SARUM				
Controller:	Liz Yeadon - SARUM				
Contact Details:	Terence.Dickinson729@mod.gov.uk Mobile 07590215149				
Facilities:	Toms Food Wagon, Toilets.				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is				

	conducted iaw British Orienteering Rules 2023 and land booked iaw the AOA DIO Licence and JSP907
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<p>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</p>
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Have fun and enjoy the wood