



BAOC MLS 'O' EVENT

Stoke Park Woods, Bishopstoke/Fair Oak, Nr Eastleigh

HOSTED BY



Date:

Wednesday 12 Apr 2023

Location:

Stoke Park Woods, What3Words: **dragon.idea.rice** Gr SU472189, Post code SO50 6GR. Car parking is in Stoke Park Junior school, off Underwood Rd. Exit M3 at Junc 12 or 13 and follow signs to Marwell Zoo, towards Fair Oak. Once in Bishopstoke turn north into Underwood Rd, school is after 800m.

Terrain:

Wooded with a few deep re-entrants and an extensive path network. Vegetation minimal at this time of year, so mostly runnable in all parts of the area, lots of route choice. There is also a short section of Urban terrain for the Brown & Blue courses only. Full leg cover mandatory, unless on Yellow cse.

Registration :

1045 – 1410 hrs.

Starts:

1100 – 1415 hrs

Courses Close:

1500 hrs

Pre-Entry Only

Opens at 20:00 5 April 2023 at <https://racesignup.co.uk>

Courses:

Brown Course	8.9 km	175m climb	
Blue Course	7.0 km	160m climb	
Light Green Course	5.2 km	120m climb	
Short Green Course	3.5 km	75m climb	
Long Orange Course	4.2 km	100m climb	Suitable for novices
Yellow Course	2.0 km	50m climb	(Suitable for young kids)
Score course	60 mins	30 controls each worth 10pts	Max 300
MTBO Score cse	60 mins	25 controls variable points	Max 500

Dogs welcome as this is an FE area, but on a lead for urban if on Brown or Blue cse.

Cost:

Military: £4.25 Civilian: £8.00 MilVets & Jnr Civilians £5.50 **Yellow Cse Free**
Standard emit control system being used; EMIT ecard hire if required is £1.50.

Map:

Map updated March 2023. 1:5,000. Contour Interval 5m. A3/A4 Size. Waterproof map. Last used in 2018 by MLS, wood has matured greatly since then.

Facilities:

Toilets & water, no food vendor, Tom recovering from JK, but NISA shop close by(200m) and the planner also recommends a trip to Steam Town Brew Co in Eastleigh, passed on your way out, excellent food and even better beers.

Organiser/Planner:

Maj (Retd) Allan Farrington (BAOC) - 07747 446600

Controller

Simon Farrington (BAOC)

Orienteering in the Army is classed as military training. All others take part at their own risk.

The personal data you give at Registration will be used by the event organisers and their agents only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover.

Please Note that MTBO is not classed as Military Trg by the AOA or MOD so any military doing the MTBO Score Cse will need to enter that as a civilian.