

	MILITARY LEAGUE(SOUTH)				<i>ARMY HQ</i>
	HOSTED BY ARMY HQ				
	LONG VALLEY NORTH				
	Including The AGC & RLC Champs WEDNESDAY 26 OCTOBER 2022				
Travel Directions:	Turning off the A323 at Grid SU8477552617 what3words zones.indoor.duck. Parking Grid SU8451251972 is in a large hard surfaced area.				
Terrain:	Mixed undulating forest with a good network of line features.				
Mapping:	Minor updates for this event. Scale 1:10,000 overprinted on waterproof paper. Loose control description will be provided at the start.				
Pre-entry:	Open at 20:00 19 Oct 2022 at racesignup.co.uk .				
Results System:	EMIT-Results https://race-results.info/ http://www.baoc.info/				
Registration:	1045 – 1355 hours				
Starts:	1100 – 1400 hours				
Course Closes:	1500 hours. Controls will be taken in at 1500hrs				
Coaching will be provided, email the organiser with numbers and time of arrival.					
All runners must download by course closure time; even if you do not finish the course.					
Courses:	Colour	Distance	Climb	Remarks	
	Score	1 Hour		League Points	
	Blue	6.8km	70m	No League Points	
	Green	4.9km	60m	No League Points	
	Sh Green	3.3km	45m	No League Points	
Dress:	Full leg and arm cover are mandatory; that means no shorts or vests.				
Other Instructions:	100% Whistles check which are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.				
Costs:	Military - £4.00p				
	Senior Civilians (M/W 21 and above) - £7.50p				
	Junior Civilians (M/W 20 and below) - £5.00p				
	EMIT Hire (if required) - £1.50p				
SRO:	WO1 John Leddy – Army HQ				
Organiser:	WO1 John Leddy – Army HQ				
Planner:	Maj (Retd) Colin Dickson BAOC				
Controller:	Elisabeth Dickson BAOC				
Contact Details:	John.Leddy154@mod.gov.uk 07863554902				
Facilities:	Toms Food Wagon, Toilets.				
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA DIO Licence and JSP907				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy the woods