



MLN Alanbrooke Barracks

Wednesday 12th October

Entries close Tuesday 11th October

This is the first event of the MLN 22-23 season

This event will take place within the barrack complex but access will be via the perimeter track of the airfield. The map is new and was drawn in Aug 22

? Contact: mlntechrep@armyorienteeing.com

Courses

Blue 6.9Km, 30m, 35 controls

Long, technically difficult with pictorial descriptions

Short Green 3.9Km, 10m, 20 controls

Shorter medium distance, technically difficult with pictorial descriptions

Light Green 4.0Km, 15m, 18 controls

Medium distance, technically Medium with loose pictorial descriptions, textural descriptions on the map

Red 4.8Km, 20m, 22 controls

Long, technically easy with textural descriptions.

Score 38 controls, 40 Mins

4 Regt RA inter Bty competition

Entry Fees

Civilian

Entry Fee: £6.00

Military plus Coaching

Entry Fee: £4.50

Military

Entry Fee: £4.00

Late entries for a £1 supplement up to 8pm on the day before

Enter online at racesignup.co.uk

Event Information

Base Security requirements

This event is being held on an active MoD base that comes under their security requirements.

Civilians that are known to the league staff will be permitted to enter. However, if you are not known the league staff then your entry will be cancelled and your account will be credited with the fee.

To gain access to a secure site you will need to enter other MLN events to become one of the "known" civilians.

All civilian entrants will be required to provide the details of the vehicle that they will be travelling in at sign up.

Only those entered in the competition can enter the base even if in an authorised vehicle.

Every civilian entrant must have a valid photo ID.

Entry Process

To enter yourself, your soldiers or friends and family, you will need to create an account on RaceSingUp; there is a link to event just above this text.

Entries close at Midday on the Tuesday before the event. Entries can't be withdrawn or changed after then. Late entries accepted up to 8pm for an additional £1.

Once you have an account you can enter one or multiple people up to a maximum of 20. Once someone's details have been entered they can be recalled for future events. Payment is made at the end of the process with a bank card. If you need to withdraw, the fee will be credited to your "account" and can be used at future MLN-O events

What to expect, what to do

Please make every reasonable effort to arrive at the event in time for your allocated start window, including allowing time to report to Reception.

Please park carefully as there is limited space.

All competitors must ensure they are fully hydrated before starting, there will be NO water at the start, on the course or the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.

There will be a key drop for your car keys at reception. Leave your car fully dressed with all your kit, laces taped, and ready to race.

Loose control description will be provided at the entrance to the start lanes, EXCEPT for the Red course.

Please keep the queues moving and be aware of social distancing, keeping 2m apart.

Start in your given window and enjoy your run.

While you are out on your course please keep your distance from other runners and users of the area. If someone is already at a control, wait for them to leave before approaching. The event is touch-free - you only need to waft your eTag above the control.

From the finish walk back to reception, collect your splits print and return your Tag, head to the car park and home. Have a safe journey.

Refund Policy

You may withdraw from the event up until 12:00hrs the day before. Your entry fee will be held as a credit to be redeemed when you next enter an MLN event. A refund can be made upon request but will incur the card processing fee

Travel Directions

Entrance gate to the airfield at What3words payer.ratty.users. Turn off onto track from the B1448, just north of Thorpefield is at What3words intersect.restriction.homes nearest postcode is YO7 3HQ.

Follow the signs around the track to parking area, the speed limit is 15mph.

There is a section of road that is controlled by traffic lights in case of landing aircraft; all vehicles must obey these lights.

Parking is shown on airfield map as a "P" and the first aid symbol is the location of reception.

Route to the start is also on the airfield map, there is another set of traffic lights on this route and they must be obeyed by pedestrians.

Maps are on MLN-O Facebook page and last page of the flyer

Terrain

Alanbrooke barracks is a mixture of family housing, in its own fenced compound to the SW of the main camp, administrative buildings, soldier and officer accommodation, aircraft hangers and odd buildings left over from its decades as an operational RAF base. There is a golf course to the south of the barrack map, it is marked with purple hatching and is out of bounds to competitors.

The airfield is an active emergency landing site and is out of bounds at all times.

Map

Scale 1:4,000, (3,000 for Sh Green), 5m interval, printed on waterproof paper, drawn for this event by the planner.

Officials

Planner : Phill Batts CLOK

Organiser: Mark Davis 4RA

Controller: Rob Harrison 4RA

Punching system

EMIT Emitag Touch Free. Wrist strap chip system with LED light to indicate a successful punch. No beep. No hire charge but lost tags charged at £75.

Timing

Reception: 10.30 - 14.30 hrs for Tag collection.

Starts: 11.00 - 15.00 hrs

Courses Close: 16.00 hrs. Controls will be taken in from 15.45 hrs.

Coaching

Coaching is available for up to 20 military. The coaching sessions are aimed at beginners or those competing on Red or Lt Green courses. They will: start at 12:00 prompt, finish around 15:30, include a run on a course and conclude with a de-brief and action planning. For more information contact Phill Batts via mlntechrep@armyorienteeing.com.

To book coaching (cost is 50p) please select the 'Mil &Coaching' class when you enter.

COVID-19 Health Screening

Please note that on pre-entry you will be required to answer and comply with an online COVID-19 health screening questionnaire. You will not be allowed to enter the event if you are required to self-isolate because you have or might have COVID-19.

Conduct

You must adhere to the [British Orienteering Participant Code of Conduct](#).

Dogs

Dogs are not allowed on the courses but are allowed in the parking area

Facilities

Toilets will be available in the area adjacent to the start.

Civilian Participation

For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2019 and land booked iaw the AOA DIO Licence and JSP907.

Personal Responsibility

Orienteering in the Army is classed as individual military training. Civilian competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

Use of personal data

The personal data you give at Registration will be used by the event organisers and their agents for the purpose of processing and publishing entries and results, conducting safety checks and as required by our insurers to validate our cover. Your information will be managed in accordance with the General Data Protection Regulations (GDPR).