

MLSS Sultan

Wednesday, 31 August 2022
Results by course



Posn	Name	Age Group	Club	Class	Class Posn	Time	Behind	Pace min/km
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Short Green

Course: Short Green, 3.2km, 5m

1	Don McKerrow	M70	SLOW	Short Green	1	27:54		8.72
2	Jake Hilton	M12	SN	Short Green	2	30:42	2:48	9.59
3	Lt Col Eric Heritage	M60	HQ 1 Sig Bde	Short Green	3	31:32	3:38	9.85
4	Alan Rosen	M65	HH	Short Green	4	32:25	4:31	10.13
5	Col(Retd)Chris Barrington Brown	M60	BAOC	Short Green	5	34:07	6:13	10.66
6	Elisabeth Dickson	W60	BAOC	Short Green	6	35:35	7:41	11.12
7	Col(Retd)Nick Kearns	M70	BAOC	Short Green	7	35:55	8:01	11.22
8	Keith Henderson	M80	WIM	Short Green	8	38:35	10:41	12.06
9	Keiko Conway	W60	GO	Short Green	9	38:59	11:05	12.18
10	Tony Ludford	M75	BADO	Short Green	10	39:50	11:56	12.45
11	Lisa James	W50	SOC	Short Green	11	40:06	12:12	12.53
12	Andy Macgregor	M80	BAOC	Short Green	12	40:28	12:34	12.65
13	Lt Col(Retd) Paul Wallace-Stock	M75	SN	Short Green	13	42:59	15:05	13.43
14	George Elkin	M75	BAOC	Short Green	14	44:29	16:35	13.90
15	Mary Nixon	W70	SOC	Short Green	15	46:38	18:44	14.57
16	Lt Col Damien Pealin	M55	HQ RC	Short Green	16	47:09	19:15	14.73
17	Jerry Newcombe	M65	BOF	Short Green	17	49:57	22:03	15.61
18	Sue Gallagher	W65	SO	Short Green	18	53:51	25:57	16.83
19	Vicki Barkaway	W65	SOC	Short Green	19	78:10	50:16	24.43
20	Michael White	M85	MV	Short Green	20	93:30	65:36	29.22

Light Green

Course: Light Green, 4.5km, 5m

1	Flt Lt Duncan Baird	M40	78 Sqn Swanwick	Light Green	1	36:29		8.11
2	Major Lisa Butterworth	W35	MOD Corsham	Light Green	2	40:54	4:25	9.09
3	Janet Rosen	W65	HH	Light Green	3	41:13	4:44	9.16
4	WO(Retd) Peter Davis	M65	SOC	Light Green	4	41:27	4:58	9.21
5	Monty Bratcher-Howard	M14	WIM	Light Green	5	42:18	5:49	9.40
6	Kieran Devine	M70	BAOC	Light Green	6	43:50	7:21	9.74
7	Mdsm Alex Kemp	M21	BRNC	Light Green	7	43:53	7:24	9.75
8	Phil Conway	M55	GO	Light Green	8	44:38	8:09	9.92
9	Christopher Moon	M70	BOK	Light Green	9	45:55	9:26	10.20
10	Serena Ludford	W55	BADO	Light Green	10	46:06	9:37	10.24
11	Lucy Paton	W60	SN	Light Green	11	46:25	9:56	10.31
12	Colin Hicks	M70	SOC	Light Green	12	49:58	13:29	11.10
13	Jon Wheatcroft	M70	TVOC	Light Green	13	51:01	14:32	11.34
14	Sue Hands	W70	WIM	Light Green	14	51:48	15:19	11.51
15	Jillian Devine	W55	SOC	Light Green	15	53:32	17:03	11.90
16	Amanda Ward	W55	HALO	Light Green	16	54:25	17:56	12.09
17	Kim Liggett	W60	NGOC	Light Green	17	56:00	19:31	12.44



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Light Green

Course: Light Green, 4.5km, 5m

18	Katie Clarke	W50	SN	Light Green	18	56:27	19:58	12.54
19	Denise Mullins	W70	SARUM	Light Green	19	56:36	20:07	12.58
20	Peter Dudman	M70	SO	Light Green	20	58:41	22:12	13.04
21	Gill Sharp	W60	SN	Light Green	21	58:45	22:16	13.06
22	Mike Elliot	M70	MV	Light Green	22	59:07	22:38	13.14
23	Paul Blagbrough	M75	MV	Light Green	23	61:40	25:11	13.70
24	Jane Archer	W65	SN	Light Green	24	62:42	26:13	13.93
25	Sgt Prakash Nembang	M35	12 Regt RA	Light Green	25	63:27	26:58	14.10
26	Ruth Rhodes	W80	SO	Light Green	26	72:02	35:33	16.01

Blue

Course: Blue, 6.6km, 5m

1	Thomas Rollins	M16	SN	Blue	1	36:27		5.52
2	Michael Krajewski	M40	BAOC	Blue	2	37:40	1:13	5.71
3	Maj (Retd) Sarah Rollins	W45	SN	Blue	3	39:25	2:58	5.97
4	James Lyne	M21	SN	Blue	4	39:28	3:01	5.98
5	WO Des Dickinson	M40	MoD Abbey Wood	Blue	5	39:56	3:29	6.05
6	WO2 Gareth Mansfield	M35	12 Regt RA	Blue	6	40:56	4:29	6.20
7	Maj Richard Barrett	M50	101 Op Sust Bde	Blue	7	41:19	4:52	6.26
8	Simon Farrington	M35	BAOC	Blue	8	43:16	6:49	6.56
9	Harry Bratcher-Howard	M16	WIM	Blue	9	45:05	8:38	6.83
10	Major Jon Oxley	M50	London Central Garrison	Blue	10	46:13	9:46	7.00
11	Mike Frizzell	M60	BADO	Blue	11	46:19	9:52	7.02
12	Paul Fox	M60	SN	Blue	12	46:23	9:56	7.03
13	Brian Ward	M60	HALO	Blue	13	46:26	9:59	7.04
14	Sqn Ldr Paul Watson	M40	78 Sqn Swanwick	Blue	14	46:49	10:22	7.09
15	Maj Andrew Snell	M45	Army HQ	Blue	15	47:41	11:14	7.22
16	Peter Jones	M65	SN	Blue	16	47:42	11:15	7.23
17	Sgt (Retd) Paul Thwaites	M60	SOC	Blue	17	47:55	11:28	7.26
18	Adam Conway	M20	GO	Blue	18	48:00	11:33	7.27
19	Clare Leveridge	W21	SOC	Blue	19	48:13	11:46	7.31
20	Sgt (Retd) Marc Ebanks	M50	SN	Blue	20	50:10	13:43	7.60
21	Lt Col (Retd) Chris Kemp	M55	BAOC	Blue	21	50:41	14:14	7.68
22	Ian Ditchfield	M65	MV	Blue	22	50:47	14:20	7.69
23	Cpl Sudeep Kamal	M21	12 Regt RA	Blue	23	51:08	14:41	7.75
24	Jocie Hilton	W16	SN	Blue	24	52:27	16:00	7.95
25	Frances Kemp	W21	BAOC	Blue	25	53:35	17:08	8.12
26	Maj (Retd) Allan Farrington	M65	BAOC	Blue	26	53:36	17:09	8.12
27	Lt Col Charles Bromley Gardner	M60	Upavon Stn	Blue	27	54:16	17:49	8.22



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Blue

Course: Blue, 6.6km, 5m

28	Capt Douglas Mileham	M21	1 Mercian	Blue	28	54:26	17:59	8.25
29	Maj(Retd) Colin Dickson	M65	BAOC	Blue	29	54:30	18:03	8.26
30	Lt Col(Retd)Rowena Naile	W55	BAOC	Blue	30	54:37	18:10	8.28
31	Lt Col M Nash	M55	War Gar	Blue	31	54:56	18:29	8.32
32	Eamon Staunton	M65	WIM	Blue	32	56:43	20:16	8.59
33	SSgt Vicky McCreadie	W40	11 Sig Regt	Blue	33	57:04	20:37	8.65
34	Tim Keogh	M55	MV	Blue	34	58:44	22:17	8.90
35	Robin Smith	M70	SO	Blue	35	59:11	22:44	8.97
36	Grace French	W16	WIM	Blue	36	59:41	23:14	9.04
37	Christopher Branford	M75	WIM	Blue	37	61:32	25:05	9.32
38	Pte Prabin Gurung*	M21	12 Regt RA	Blue	38	62:10	25:43	9.42
39	Julian Hartwell	M65	SOC	Blue	39	62:17	25:50	9.44
40	Alan Brown	M70	NGOC	Blue	40	65:07	28:40	9.87
41	Mr Neil Gordon	M60	AACen	Blue	41	65:12	28:45	9.88
42	Mne(Retd)Joe House	M65	SO	Blue	42	65:30	29:03	9.92
43	Jane Lambert	W60	SO	Blue	43	65:38	29:11	9.94
44	WO Jason Ferguson	M50	78 Sqn Swanwick	Blue	44	65:41	29:14	9.95
45	Michael Merritt	M65	SO	Blue	45	66:30	30:03	10.08
46	Chris Johnson	M65	BOK	Blue	46	67:01	30:34	10.15
47	WO2 D Magar	M50	HQ RC	Blue	47	67:06	30:39	10.17
48	Lt Col(Retd) Paul Oldfield	M65	BAOC	Blue	48	67:59	31:32	10.30
49	Paul Oates	M70	DFOK	Blue	49	68:40	32:13	10.40
50	Ian Phillips	M60	NGOC	Blue	50	70:32	34:05	10.69
51	Marie-Anne Fischer	W60	TVOC	Blue	51	71:09	34:42	10.78
52	Tom Mills	M75	NGOC	Blue	52	71:46	35:19	10.87
53	Neville Baker	M65	TVOC	Blue	53	71:51	35:24	10.89
54	Carolyn Thomson Easter	W55	BAOC	Blue	54	74:14	37:47	11.25
55	Martin Wiles	M55	SN	Blue	55	75:45	39:18	11.48
56	David Mullins	M70	SARUM	Blue	56	78:21	41:54	11.87
57	Peter Riches	M70	TVOC	Blue	57	88:08	51:41	13.35