

	<b>MILITARY LEAGUE(SOUTH)</b>			<i>BAOC</i>
	<b>SUMMER SERIES</b>			
	<b>HOSTED BY BAOC</b>			
	<b>HENLEY GATE WEDNESDAY 17 AUGUST 2022</b>			
<b>Travel Directions:</b>	Turn at w3w ruby.little.hurls and travel to w3w dragonfly.viewing.voice nearest post code GU24 0BS Grid SU9358455072			
<b>Terrain:</b>	The area is gentle undulating mixed woodland area with rough open areas and a good network of tracks and a wide variety of terrain.			
<b>Mapping:</b>	Map updated in Apr 22. Scale 1:10,000 overprinted on waterproof paper. Sh Green and Score loose control description will be provided at the start.			
<b>Pre-entry:</b>	Open at 20:00 10 Aug 22 at <a href="http://racesignup.co.uk">racesignup.co.uk</a> .			
<b>Results System:</b>	Excel spread sheet-Results <a href="http://www.baoc.info/">http://www.baoc.info/</a>			
<b>Registration:</b>	1045 – 1355 hours. <b>All MUST report to registration to get their name ticked on the spread sheet to confirm attendance.</b>			
<b>Starts:</b>	1100 – 1400 hours			
<b>Course Closes:</b>	1500 hours. Controls will be taken in at 1500hrs			
All runners must download by course closure time; even if you do not finish the course.				
<b>Courses:</b>	Colour	Distance	Climb	Remarks
	Brown	6.8km	40m	4 loops A-B-C-D
	Blue	5.1km	30m	3 loops B-C-D
	Green	3.8km	25m	2 loops C+A
	Sh Green	3.0km	25m	Stand along course, no loops.
	Score	1 Hour	24 Controls	Good for all levels, not league point scoring
<b>All competitors must ensure they are fully hydrated before starting. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.</b>				
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.			
<b>Other Instructions:</b>	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle.			
<b>Costs: EOD £1 extra</b>	Military - £4.00p			
	Senior Civilians (M/W 21 and above) - £7.50p			
	Junior Civilians (M/W 20 and below) - £5.50p			
	EMIT Hire (if required) - £1.50p			
<b>SRO:</b>	SSgt Des Dickinson - Army HQ			
<b>Organiser:</b>	Maj (Retd) Colin Dickson BAOC			
<b>Planner:</b>	Maj (Retd) Colin Dickson BAOC			
<b>Controller:</b>	Elisabeth Dickson BAOC			
<b>Contact Details:</b>	<a href="mailto:dicksonc44@hotmail.com">dicksonc44@hotmail.com</a> Mobile 07905050129			
<b>Facilities:</b>	Toilets, Toms Food Wagon.			
<b>Insurance</b>	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2021 and land booked iaw the AOA DIO Licence and JSP907			
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy this fast area.

Have fun and enjoy the woods Individual Starts. Individuals can start on any loop, but then must follow loops in alphabetical order. Ie if you start on “C” you then do D, A + B in that order. You must press the “start” only once on your first loop and the “finish” at the end of each loop and at the end.

Running course out of order will earn you a DNF.

If you don't understand this simple process please ask before you start.