

	<b>ARMY INTER UNIT CHAMPIONSHIPS</b>				<i>AOA</i>
	<b>HOSTED BY THE ROYAL SIGNAL</b>				
	<b>LONGMOOR WEST</b>				
	<b>WEDNESDAY 25 MAY 2022</b>				
<b>Travel Directions:</b>	Longmoor, drive to the guard room with this flier and photo ID. SU7926031065 Post Code GU33 6EL what3words dries.edgy.blissful follow signs to parking.				
<b>Terrain:</b>	Military training area, undulating terrain with a lot of rough open, a mix of vegetation, good network of tracks and areas have good contour detail Very runnable.				
<b>Mapping:</b>	Scale 1:10,000, 5m contours, Full re-map in 2021. All courses printed on A4 waterproof paper. Loose control descriptions for all courses in the start lanes. Control Descriptions also on the map.				
<b>Pre-entry:</b>	Open now at <a href="https://racesignup.co.uk">racesignup.co.uk</a> .				
<b>Results System:</b>	EMIT Results <a href="https://race-results.info/">https://race-results.info/</a> & <a href="http://www.baoc.info/">http://www.baoc.info/</a>				
<b>Registration:</b>	1045 – 1425 hours.				
<b>Starts:</b>	1100 – 1430 hours				
<b>Course Closes:</b>	1600 hours. Controls will be taken in at 1600hrs				
<b>All competitors must ensure they are fully hydrated before starting, there will be NO water at the start and finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.</b>					
All runners must download by course closure time; even if you do not finish the course.					
<b>Courses:</b>	Colour	Distance	Climb	Control	Remarks
	Spanish Score Long/Short	N/A	N/A	33/25	Teams of 4 Civilian teams of 4 can take part.
	Blue	6.4km	155m	20	Experienced orienteers only
	Green	4.7km	125m	14	Experienced orienteers only
	Sh Green	3.3km	80m	13	Experienced orienteers only
	Score	1 hour		25	Individual 1 hour score
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.				
<b>Other Instructions:</b>	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. No dogs allowed.				
<b>Costs:</b>	Military - £4.00p Free if part of the Army Champs Team Senior Civilians (M/W 21 and above) - £7.50p Junior Civilians (M/W 20 and below) - £5.00p EMIT Hire (if required) - £1.50p				
<b>SRO:</b>	Lt Col Richard Mawer AAC				
<b>AOA Coaching Officer</b>	Maj Richard Barrett RLC				
<b>Organiser:</b>	WO2 (FofS) Jabegu 11 Sigs Rect				
<b>Planner:</b>	Maj (Retd) Colin Dickson AOA				
<b>Controller:</b>	Lt Col (Retd) Colin Metcalfe AOA				
<b>Contact Details:</b>	richard.barrett862@mod.gov.uk Mobile 07813825914				
<b>Facilities:</b>	Toms Food Wagon, Toilets.				
<b>Insurance</b>	<b>For civilians participating in Army orienteering, Public Liability Insurance is provided by Torgate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2021 and land booked iaw the AOA DIO Licence and JSP907</b>				
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.					

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Have fun and enjoy the woods