

	<b>MILITARY LEAGUE(SOUTH)</b>			<i>BAOC</i>
	<b>SUMMER SERIES</b>			
	<b>HOSTED BY BAOC</b>			
	<b>FRITH HILL WEDNESDAY 28 JULY 2021 New Course Introduced</b>			
<b>Travel Directions:</b>	Map Sheet 186, Grid SU905578, Post code GU16 6GA. what3words trifling,kinds,dote. Parking is in a large hard surfaced area.			
<b>Terrain:</b>	Mixed undulating forest with a good network of line features.			
<b>Mapping:</b>	Revised LIDAR and Geo referenced map with additional updates for this event. Scale 1:7,500 overprinted on waterproof paper. Loose control description will be provided at the start.			
<b>Pre-entry:</b>	Open at 20:00 21 July 2021 at <a href="http://racesignup.co.uk">racesignup.co.uk</a> .			
<b>Results System:</b>	Excel spread sheet-Results <a href="http://www.baoc.info/">http://www.baoc.info/</a>			
<b>Registration:</b>	1045 – 1355 hours. See below for process			
<b>Starts:</b>	1100 – 1400 hours			
<b>Course Closes:</b>	1500 hours. Controls will be taken in at 1500hrs			
<b>All competitors must ensure they are fully hydrated before starting, there will be water in the map exchange lane. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely, if weather is hot.</b>				
All runners must download by course closure time; even if you do not finish the course.				
<b>Courses:</b>	Colour	Distance	Climb	Remarks
	Blue	6.6km	125m	Experienced orienteers only
	Green	4.7km	105m	Experienced orienteers only
	Sh Green	3.3km	70m	Experienced orienteers only
	V Sh Green	2.3km	55m	Experienced orienteers only
	Score	1 hour	25 controls	Good for all levels
<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.			
<b>Other Instructions:</b>	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.			
<b>Costs:</b>	Military - £4.00p Senior Civilians (M/W 21 and above) - £7.50p Junior Civilians (M/W 20 and below) - £5.50p EMIT Hire (if required) - £1.50p			
<b>SRO:</b>	SSgt Des Dickinson - Army HQ			
<b>Organiser:</b>	Maj (Retd) Colin Dickson			
<b>Planner:</b>	Maj (Retd) Colin Dickson			
<b>Controller:</b>	Elisabeth Dickson BAOC			
<b>Contact Details:</b>	<a href="mailto:courses@armyorienteeing.com">courses@armyorienteeing.com</a> 07905050129			
<b>Facilities:</b>	Toms Food Wagon cash sales used, Toilets.			
<b>Insurance</b>	<b>For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA DIO Licence and JSP907</b>			
<b>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</b>				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as

required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

What to expect, what to do with the Summer Series.

- Follow the signs and the marshal's directions to the parking area.
- Allow time to get all names ticked off at the registration tent and collect your hired ecard. **All must go to registration as this is to show you are in the forest.**
- All competitors must ensure they are fully hydrated before starting, there may be water on the course and the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely, if weather is hot.
- There is no key drop for your car keys. Leave your car fully dressed with all your kit, laces taped, and ready to race. Control descriptions are in the start lanes.
- Move to the start location keeping aware of social distancing. Pick up your control description. Start at your given time and enjoy your run.
- Please be aware of your actions and aware of others. Download, ensure your time is written down and return hired ecards. Head to the car park, toilets, refreshments and home. Have a safe journey.
- Using hand sanitizer on arrival, registration, start, finish, download and departure and each visit to the toilets.

No Download No Result!

Have fun and enjoy the woods