



MILITARY LEAGUE(SOUTH)

HOSTED BY BAOC

MYTCHETT

WEDNESDAY 14 OCTOBER 2020

Incorporating RLC Championship

Help required with control collecting

BAOC

General:	<p>Welcome, with the current COVID19 restrictions in place please note that there are a number of tasks that you are required to do before arriving at the event. During the entry process you will select your preferred start window from those available for your course. You must then make payment to reserve your start window. Please do not turn up at the event unless you have pre-entered. No pay, no run! On race day turn up in you allocated slot, run, get refreshments from Tom and go home. Read notes below.</p> <p style="text-align: center;">Pre-entry only Always respect others & social distance even when orienteering Don't arrive at the start early, but just before your start Download without delay and depart.</p>			
Travel Directions:	<p>Map Sheet 186. The entry point is on Mytchett Place Road, opposite Potters Steakhouse, GU16 6DD (nearest Postcode) What3words rust.limit.noise</p>			
Terrain:	<p>Mixed forest with runnable rough open areas and a good network of line features. Bracken is thick in places.</p>			
Mapping:	<p>Tracks updated in July 2019 by RLM Maps. Scale 10,000 overprinted on waterproof paper. Loose control description will be provided at registration</p>			
Pre-entry:	<p>Open at 20:00 7th Oct at racesignup.co.uk.</p>			
Results System:	<p>EMIT– Touch Free -Results race-results.info</p>			
Registration:	<p>MLS: 1045 – 1400 hours. Queue up (2m apart) to confirm you have entered and then get issued an etag and control description.</p>			
Starts:	<p>MLS: 1055 – 1400 hours (only 6 people at a time in each start lane.)</p>			
Course Closes:	<p>1500 hours. Controls will be taken in at 1500hrs</p>			
<p>All competitors must ensure they are fully hydrated before starting, there will be NO water at the start and finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.</p>				
<p>All runners must download by course closure time; even if you do not finish the course.</p>				
Courses:	Colour	Distance	Climb	Remarks
Start 1	Brown	8.4km	260m	Experienced orienteers only
	Lt Green	4.3km	100m	Improving orienteers
	Lg Orange	4.4km	120m	Novice orienteers
Start 2	Blue	6.0km	170m	Experienced orienteers only
	Sh Green	3.4km	110m	Experienced orienteers only
Start 3	RLC Champs	1 hour		RLC Only
Dress:	<p>Full leg and arm cover are mandatory; that means no shorts or vests.</p>			
Other Instructions:	<p>Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. Dogs in car park only.</p>			
Costs:	<p>Military - £4.00p Senior Civilians (M/W 21 and above) - £7.50p Junior Civilians (M/W 20 and below) - £5.00p EMIT Hire (if required) - £1.50p</p>			
SRO:	<p>SSgt Des Dickinson REME</p>			
Organiser:	<p>Maj Neeraj Shah RAMC</p>			
Planner:	<p>Kieran Devine BAOC</p>			

Controller:	Colin Holcombe BAOC
Contact Details:	
Facilities:	Toms Food Wagon, (Card transaction only) Toilets.
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA DIO Licence and JSP907
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.	

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Notes

Civilians entry By invite only, via the helpers list

Car park All drivers are to park as directed in lines with a gap between lines.

Water There will be no water for refreshment, bring your own.

Disinfectant Bring your own to wipe anything you may touch, toilet, car etc.

PPE Bring your own if you require it.

Touching Do Not touch anything unless you have to.

Start Will be three lanes: Brown, Lt Green and Lg Orange are Start Lane 1. Blue and Sh Green are Start Lane 2. The RLC Champs score is Start Lane 3. Only six people at a time in each start lane. Move away from the map box after collecting map.

Start Clock There will be a start clock in the start lane.

Following On tracks, please keep 10m or more behind or pass quickly. At control sites DO NOT touch the control, move through quickly, maintain social distance.

Finish Move away from finish and apply social distance

Download Ensure you are drip and spittle free before approaching download, place your tag near the yellow stick to read it and then drop it in the adjacent bucket, a printout will be passed to you.

Have fun and enjoy the woods