
	<p><u>ORIENTEERING MILITARY LEAGUE NORTH</u></p> <p><u>Hob Moor and Holgate – York</u></p> <p><u>Wednesday 15 January 2020</u></p>										
DETAILS	The 7th MLNO Event of the 2019/20 season will be hosted by 1 Signal Regiment, 246 Gurkha Signal Squadron at Hob Moor and Holgate, York.										
TRAVEL DIRECTIONS	The reception point will be at the Acorn Rugby Club car park YO24 2NW . From A1237, exit the R/about onto Askham lane towards Foxwood. At the R/about turn right on to Foxwood lane. At the M/round about turn right on to Thanet lane. The carpark is on your right, opposite the Lidl.										
PARKING	York Acorn Rugby club has kindly let us use their car park for free. It should accommodate all the vehicles for the event. There are York & District indoor bowls club car park and Lidl car park nearby. Please check their terms and conditions before you use them.										
TERRAIN	Predominantly urban area but there are couple of areas where you will enjoy rural terrain. There are roads that are quite busy. The planner has avoided them where possible but extra care must be taken whilst crossing or running along roads. Consideration must be taken for other road/track users.										
REGISTRATION	Pre-registration is required for MLN events. Ordered maps must be paid for. Online Registration: open until 12am on the Tue before: www.clok.org.uk/cgi-bin/MLN_entry_01.pl										
COURSES	<table border="0"> <tr> <td>Blue Course</td> <td>7.1 km</td> <td>26 Controls</td> </tr> <tr> <td>Lt Green</td> <td>4.0 km</td> <td>14 Controls</td> </tr> <tr> <td>Red</td> <td>5.2 km</td> <td>21 Controls</td> </tr> </table>		Blue Course	7.1 km	26 Controls	Lt Green	4.0 km	14 Controls	Red	5.2 km	21 Controls
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MAP	This map is brand new and being used for the first time. A3, 1:5000, pre-marked on waterproof paper. Blue and Lt Green courses have loose IOF symbol descriptions Red course have both IOF symbols & written descriptions on the map.										
COST	Military £3, Civilian £5, payable on the day.										
EMIT	The event will use the EMIT Touch Free Electronic Punching. Competitors will register and be issued with an ETag. Competitors may start any time but unit members running on the same course must leave a 4 minute gap between starts – there will be a charge of £65 for any runner losing his/her ETag.										
OFFICIALS	Planner: Sgt Kaji Limbu Controller: LCpl Sandesh Gurung Organiser: Capt Ashok Gurung Resp Officer: Maj Masi										
FACILITIES	2 X Portaloos Water. York Acorn Rugby club bar will be open on the day.										
INSURANCE & SAFETY	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw BOF 2018 Rules. A detailed safety brief will be displayed at registration and in all start lanes; by passing through the start process you will be deemed to have read it. All runners must download – even if they don't finish the course!										
<p>ORIENTEERING IS AN ADVENTURE SPORT AND IN THE ARMY IS CLASSED AS MILITARY TRAINING AND ALL OTHERS TAKE PART AT THEIR OWN RISK.</p> <p>The personal data you give at registration will be used by the event organisers and their agents only for the purpose of processing/publishing entries and results and as required by our insurers to validate our cover and managed iaw the General Data Protection Regulation (GDPR).</p>											



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