



MLS Cold Harbour Wareham

September 11, 2019



| Posn | Name | Age Group | Unit / Club | Time | Deficit | Pace, mins/km | Points |
|---|------------------|-----------|-------------------------|---------|---------|---------------|--------|
| Course: Brown Length: 9.65 km Climb: 160 m | | | | | | | |
| 1 | Lt Col R Mawer | M45 | MoD Abbey Wood | 1:07:23 | | 6.98 | 103 |
| 2 | Capt A J Finlay | M21 | Artillery Centre | 1:09:27 | 2:04 | 7.20 | 101 |
| 3 | 2 Lt J Trott | M21 | RWxY | 1:14:57 | 7:34 | 7.77 | 96 |
| 4 | Capt D Gallagher | M40 | 32 Regt RA | 1:18:19 | 10:56 | 8.12 | 92 |
| 5 | Colin Dickson | M60 | BAOC | 1:19:44 | 12:21 | 8.26 | 91 |
| 6 | Simon Farrington | M35 | BAOC | 1:19:48 | 12:25 | 8.27 | 91 |
| 7 | Sgt D Cope | M35 | 47 Regt RA | 1:20:22 | 12:59 | 8.33 | 90 |
| 8 | Julian Hartwell | M60 | SOC | 1:21:18 | 13:55 | 8.42 | 89 |
| 9 | Birbahadur Rai | M35 | 15 Sig Regt | 1:23:53 | 16:30 | 8.69 | 87 |
| 10 | Capt S Mallison | M35 | 11 Sig Regt | 1:24:00 | 16:37 | 8.70 | 87 |
| 11 | Keith Belsey | M50 | SN | 1:24:04 | 16:41 | 8.71 | 87 |
| 12 | Capt S Scott | M21 | 21 Sig Regt (AS) | 1:24:19 | 16:56 | 8.74 | 86 |
| 13 | Colin Metcalfe | M60 | BAOC | 1:24:29 | 17:06 | 8.75 | 86 |
| 14 | Sgt A Gordon | M40 | 11 Sig Regt | 1:28:59 | 21:36 | 9.22 | 82 |
| 15 | SSgt C Ijam | M35 | 15 Sig Regt | 1:31:00 | 23:37 | 9.43 | 80 |
| 16 | Capt DM Averill | M55 | Royal Signals | 1:31:05 | 23:42 | 9.44 | 80 |
| 17 | Barry Jones | M50 | SO | 1:31:53 | 24:30 | 9.52 | 79 |
| 18 | Jon Brooke | M50 | WSX | 1:32:33 | 25:10 | 9.59 | 78 |
| 19 | Philip Harvey | M45 | WIM | 1:34:00 | 26:37 | 9.74 | 77 |
| 20 | Maj H Evans | M40 | London Central Garrison | 1:34:29 | 27:06 | 9.79 | 76 |
| 21 | LCpl Suman | M21 | 16 Sig Regt | 1:34:52 | 27:29 | 9.83 | 76 |
| 22 | SSgt D Riches | M55 | 37 Sigs Regt | 1:34:55 | 27:32 | 9.84 | 76 |
| 23 | Cpl G Gurung | M21 | 11 Sig Regt | 1:36:06 | 28:43 | 9.96 | 74 |
| 24 | Robin Mills | M50 | WIM | 1:38:22 | 30:59 | 10.19 | 72 |
| 25 | WO1 S Ebbrell | M45 | Worthy Down Stn | 1:44:40 | 37:17 | 10.85 | 66 |
| 26 | SSgt R Morrison | M40 | 11 Sig Regt | 1:46:56 | 39:33 | 11.08 | 64 |
| 27 | Cpl Pettit | M21 | 11 Sig Regt | 1:53:02 | 45:39 | 11.71 | 58 |
| 28 | SSgt Ingwahang | M35 | 16 Sig Regt | 1:53:20 | 45:57 | 11.74 | 57 |
| 29 | Mike Frizzell | M60 | BADO | 1:54:33 | 47:10 | 11.87 | 56 |
| 30 | LCpl Sangeet | M21 | 30 Sig Regt | 1:55:10 | 47:47 | 11.93 | 55 |
| 31 | Neil Gordon | M55 | AACen | 1:56:49 | 49:26 | 12.11 | 54 |
| 32 | LCpl Amir | M21 | 16 Sig Regt | 1:58:22 | 50:59 | 12.27 | 52 |
| 33 | LCpl Milan | M21 | 30 Sig Regt | 2:06:26 | 59:03 | 13.10 | 44 |
| 34 | Sgt Dilip | M35 | 30 Sig Regt | 2:09:18 | 1:01:55 | 13.40 | 41 |



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|---|------------------|-----------|-----------------|---------|---------|---------------|--------|
| Course: Blue Length: 7.6 km Climb: 130 m | | | | | | | |
| 1 | Gavin Clegg | M60 | BOK | 59:32 | | 7.83 | 70 |
| 2 | Capt M Deakin | M21 | 14 Regt RA | 1:01:47 | 2:15 | 8.13 | 70 |
| 3 | Ian Ditchfield | M60 | MV | 1:02:30 | 2:58 | 8.22 | 70 |
| 4 | David Harper | M65 | DEVON | 1:03:17 | 3:45 | 8.33 | 70 |
| 5 | Maj S Calland | W40 | 37 Sigs Regt | 1:08:37 | 9:05 | 9.03 | 70 |
| 6 | Allan Farrington | M65 | BAOC | 1:09:03 | 9:31 | 9.09 | 70 |
| 7 | Maj J Gaywood | M40 | CRHQ AGC | 1:11:09 | 11:37 | 9.36 | 68 |
| 8 | SSgt D Gurung | M35 | Army HQ | 1:11:42 | 12:10 | 9.43 | 68 |
| 9 | Robin Smith | M65 | SO | 1:11:52 | 12:20 | 9.46 | 68 |
| 10 | Hugh Risebrow | M55 | SOC | 1:12:17 | 12:45 | 9.51 | 67 |
| 11 | Richard Hill | M40 | IND | 1:13:33 | 14:01 | 9.68 | 66 |
| 12 | WO2 D Mitson | W40 | Worthy Down Stn | 1:13:53 | 14:21 | 9.72 | 66 |
| 13 | SSgt V McCreddie | W35 | 22 Sig Regt | 1:16:02 | 16:30 | 10.00 | 64 |
| 14 | Mark Collins | M55 | DFOK | 1:16:23 | 16:51 | 10.05 | 63 |
| 15 | Louis Farrington | M21 | BAOC | 1:16:50 | 17:18 | 10.11 | 63 |
| 16 | Rowena Naile | W55 | BAOC | 1:17:23 | 17:51 | 10.18 | 62 |
| 17 | Maj E Walsh | M50 | 23 Engr Regt | 1:17:43 | 18:11 | 10.23 | 62 |
| 18 | Maj K Baker | W45 | 17 Regt RLC | 1:19:24 | 19:52 | 10.45 | 60 |
| 19 | Paul Oldfield | M60 | BAOC | 1:20:14 | 20:42 | 10.56 | 59 |
| 20 | Joe House | M65 | SO | 1:20:56 | 21:24 | 10.65 | 59 |
| 21 | Michael James | M60 | BAOC | 1:21:16 | 21:44 | 10.69 | 58 |
| 22 | Tom Edelsten | M75 | GO | 1:21:35 | 22:03 | 10.73 | 58 |
| 23 | Carol House | W60 | SO | 1:22:52 | 23:20 | 10.90 | 57 |
| 24 | Paul Oates | M70 | DFOK | 1:23:39 | 24:07 | 11.01 | 56 |
| 25 | Gavin Robinson | M50 | WIM | 1:24:02 | 24:30 | 11.06 | 56 |
| 26 | Jim Prowting | M70 | TVOC | 1:24:37 | 25:05 | 11.13 | 55 |
| 27 | Andy Parker | M60 | BADO | 1:24:38 | 25:06 | 11.14 | 55 |
| 28 | Lt Col G Ehlen | M55 | Army HQ | 1:25:03 | 25:31 | 11.19 | 55 |
| 29 | Sgt BT Magar | M21 | 11 Sig Regt | 1:30:39 | 31:07 | 11.93 | 49 |
| 30 | Maj A Southby | M50 | War Gar | 1:32:36 | 33:04 | 12.18 | 47 |
| 31 | Keith Henderson | M75 | WIM | 1:33:25 | 33:53 | 12.29 | 46 |
| 32 | Terry Smith | M65 | SOC | 1:34:42 | 35:10 | 12.46 | 45 |
| 33 | Sue Hands | W70 | WIM | 1:39:01 | 39:29 | 13.03 | 41 |
| 34 | LCpl Mann | M21 | 11 Sig Regt | 1:40:42 | 41:10 | 13.25 | 39 |
| 35 | Sgt Costello | W35 | 3 Sig Regt | 1:45:42 | 46:10 | 13.91 | 34 |
| 36 | Peter Davis | M60 | SOC | 1:48:05 | 48:33 | 14.22 | 32 |



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| 37 | WO2 D Bell | M50 | CRHQ AGC | 1:51:06 | 51:34 | 14.62 | 29 |
| 38 | Matthew Knipe | M55 | QO | 2:02:34 | 1:03:02 | 16.13 | 17 |
| 39 | Philip Evason | M60 | WIM | 2:05:56 | 1:06:24 | 16.57 | 14 |
| 40 | LCpl Vivake | M21 | 11 Sig Regt | 2:35:21 | 1:35:49 | 20.44 | 0 |

Course: Short Green Length: 3.875 km Climb: 65 m

| | | | | | | | |
|----|--------------------|-----|-------------------------|---------|-------|-------|----|
| 1 | Mike Goldthorpe | M60 | SOC | 33:25 | | 8.62 | 50 |
| 2 | Jim Graham | M65 | WIM | 40:37 | 7:12 | 10.48 | 50 |
| 3 | Elisabeth Dickson | W60 | BAOC | 46:01 | 12:36 | 11.88 | 50 |
| 4 | Richard Rae | M70 | BKO | 46:22 | 12:57 | 11.97 | 50 |
| 5 | Lt Col S L Streete | W55 | London Central Garrison | 46:32 | 13:07 | 12.01 | 50 |
| 6 | Maj Davis | M45 | Artillery Centre | 47:47 | 14:22 | 12.33 | 50 |
| 7 | Hilary Pickering | W65 | WIM | 48:04 | 14:39 | 12.40 | 50 |
| 8 | Stephen Jackson | M65 | BOF | 49:20 | 15:55 | 12.73 | 50 |
| 9 | Mike Elliot | M65 | MV | 50:35 | 17:10 | 13.05 | 50 |
| 10 | Martin Cross | M70 | WIM | 50:40 | 17:15 | 13.08 | 50 |
| 11 | David Mullins | M70 | SARUM | 51:40 | 18:15 | 13.33 | 50 |
| 12 | Christopher Moon | M65 | BOK | 56:14 | 22:49 | 14.51 | 50 |
| 13 | Julie Collins | W55 | DFOK | 56:25 | 23:00 | 14.56 | 50 |
| 14 | Nicola Harvey | W45 | WIM | 57:24 | 23:59 | 14.81 | 50 |
| 15 | Peter Hambleton | M75 | SARUM | 59:32 | 26:07 | 15.36 | 50 |
| 16 | Celia Robertson | W65 | WSX | 1:01:15 | 27:50 | 15.81 | 48 |
| 17 | Denise Mullins | W65 | SARUM | 1:02:18 | 28:53 | 16.08 | 47 |
| 18 | Gillian Cross | W70 | WIM | 1:03:00 | 29:35 | 16.26 | 46 |
| 19 | L-j Evans | W40 | WIM | 1:03:27 | 30:02 | 16.37 | 46 |
| 20 | Richard Brightman | M75 | WIM | 1:11:01 | 37:36 | 18.33 | 38 |
| 21 | Liz Stradling | W60 | BKO | 1:13:26 | 40:01 | 18.95 | 36 |
| 22 | Joan Hambleton | W75 | SARUM | 1:17:19 | 43:54 | 19.95 | 32 |
| 23 | Jose Stanley | W70 | WIM | 1:17:36 | 44:11 | 20.03 | 32 |
| 24 | Jerry Newcombe | M65 | BOF | 1:19:06 | 45:41 | 20.41 | 30 |
| 25 | SSGT C Howatt | W50 | CRHQ AGC | 1:23:08 | 49:43 | 21.45 | 26 |
| 26 | Roger Holehouse | M70 | WIM | 1:28:38 | 55:13 | 22.87 | 21 |

Course: Light Green Length: 4.775 km Climb: 75 m

| | | | | | | | |
|---|---------------|-----|------------|-------|------|-------|----|
| 1 | LCpl E Kapusa | M35 | 47 Regt RA | 44:15 | | 9.27 | 50 |
| 2 | Andrew Graham | M60 | SARUM | 50:16 | 6:01 | 10.53 | 50 |



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|------|------------------|-----------|------------------|---------|---------|---------------|--------|
| 3 | Cfn J Harrington | M21 | 17 Regt RLC | 54:48 | 10:33 | 11.48 | 48 |
| 4 | Tony Hext | M70 | QO | 56:47 | 12:32 | 11.89 | 46 |
| 5 | Gnr L Thompson | M20 | 47 Regt RA | 57:59 | 13:44 | 12.14 | 44 |
| 6 | Colin Holcombe | M60 | BAOC | 59:02 | 14:47 | 12.36 | 43 |
| 7 | SSgt N Gurung | M21 | Army HQ | 1:00:11 | 15:56 | 12.60 | 42 |
| 8 | Sgt Y Rai | M40 | 15 Sig Regt | 1:05:16 | 21:01 | 13.67 | 37 |
| 9 | Cat Edwardes | W45 | DEVON | 1:07:02 | 22:47 | 14.04 | 35 |
| 10 | Cpl M Tranter | M35 | 17 Regt RLC | 1:07:56 | 23:41 | 14.23 | 34 |
| 11 | Sgt B Newman | M21 | Artillery Centre | 1:08:47 | 24:32 | 14.40 | 34 |
| 12 | Cpl A McCleery | M21 | War Gar | 1:11:34 | 27:19 | 14.99 | 31 |
| 13 | Sgt M Cattermole | M55 | 256 Fd Hosp | 1:11:38 | 27:23 | 15.00 | 31 |

Course: Red Length: 4.85 km Climb: 90 m

| | | | | | | | |
|----|--------------------|------|---------------|---------|---------|-------|----|
| 1 | Sig M E Averill | MU25 | Royal Signals | 37:39 | | 7.76 | 50 |
| 2 | Lt Body | MU25 | 30 Sig Regt | 46:50 | 9:11 | 9.66 | 50 |
| 3 | Sig Kushan | MU25 | 30 Sig Regt | 50:04 | 12:25 | 10.32 | 50 |
| 4 | Sig Prakash | MU25 | 30 Sig Regt | 51:27 | 13:48 | 10.61 | 50 |
| 5 | LCpl Buduja | NOVI | 3 Sig Regt | 55:15 | 17:36 | 11.39 | 47 |
| 6 | SSgt B Bishwakarma | M35 | Army HQ | 1:03:48 | 26:09 | 13.15 | 38 |
| 7 | Sig Samir | MU25 | 16 Sig Regt | 1:08:16 | 30:37 | 14.08 | 34 |
| 8 | Ruth Rhodes | W75 | SO | 1:09:30 | 31:51 | 14.33 | 33 |
| 9 | Sig L Whillans | MU25 | 11 Sig Regt | 1:17:28 | 39:49 | 15.97 | 25 |
| 10 | Cpl Hurry | NOVI | 16 Sig Regt | 1:21:05 | 43:26 | 16.72 | 21 |
| 11 | Sig Streater | MU25 | 11 Sig Regt | 1:21:18 | 43:39 | 16.76 | 21 |
| 12 | LCpl J Larkin | NOVI | 16 Sig Regt | 1:38:23 | 1:00:44 | 20.29 | 10 |
| 13 | Sig Sunuwar | NOVI | 3 Sig Regt | 1:42:51 | 1:05:12 | 21.21 | 10 |
| 14 | Sig Jones | NOVI | 11 Sig Regt | 1:51:40 | 1:14:01 | 23.02 | 10 |