



MLN Beverley West Woods

Wednesday 26th January

Entries close Tuesday 25th January

The first MLN League event for 2021/22

 **Contact:** mlntechrep@armyorienteeing.com

Courses

Blue

Long, technically difficult with pictorial descriptions

Short Green

Shorter medium distance, technically difficult with pictorial descriptions

Light Green

Medium distance, technically Medium with loose pictorial descriptions, textural descriptions on the map

Red

Long, technically easy with textural descriptions.

All course details will be published by the 15th

Location



Entry Fees

Civilian

Entry Fee: £5.00

Military

Entry Fee: £4.00

Punching: EMIT Emitag Touch Free

Enter online at racesignup.co.uk

Event Information

Entry Process

To enter yourself, your soldiers or friends and family, you will need to create an account on RaceSingUp; there is a link to event just above this text.

Entries close at Midday on the Tuesday before the event. Entries can't be withdrawn or changed after then. Late entries accepted up to 8pm for an additional £1 payable on the day.

Once you have an account you can enter one or multiple people up to a maximum of 20. Once someone's details have been entered they can be recalled for future events. Payment is made at the end of the process with a bank card. If you need to withdraw, the fee will be credited to your "account" and can be used at future MLN-O events

Travel Directions

What3words numeral.sunbeam.luggage. Nearest postcode is HU17 8QZ. Parking is opposite the race course, which is signed from the A1035/A1079.

Terrain

Open parkland with a public golf course on the Western part. The area is crossed by three minor roads. There are two small wooded areas, one with intricate contour detail

Map

Scale 1:7,500, 2.5m interval, printed on waterproof paper.

Officials

Planner : Paul Simmons HALO

Organiser: WO2 Dale Lucas

Controller: WO2 Dale Lucas

Timing

Reception: 10.30 - 14.00 hrs for Tag collection.

Starts: 11.00 - 14.00 hrs

Courses Close: 15.30 hrs. Controls will be taken in from 15.15 hrs.

Coaching

Coaching is available for up to 20 military. The coaching sessions are aimed at beginners or those competing on Red or Lt Green courses. They will: start at 12:00 prompt, finish around 15:30, include a run on a course and conclude with a de-brief and action planning. For more information contact Phill Batts via mlntechrep@armyorienteeing.com.

To book coaching (cost is 50p) please select the 'Coaching' option when you enter.

COVID-19 Health Screening

Please note that on pre-entry you will be required to answer and comply with an online COVID-19 health screening questionnaire. You will not be allowed to enter the event if you are required to self-isolate because you have or might have COVID-19.

Conduct

You must adhere to the [British Orienteering Participant Code of Conduct](#).

Dress

Full leg and arm cover is mandatory; that means no shorts, vests or exposed ankles.

Dogs

Dogs are allowed on courses.

What to expect, what to do

Please make every reasonable effort to arrive at the event in time for your allocated start window, including allowing time to report to Reception.

Please park carefully as we will be sharing the space with the general public and there is limited space.

All competitors must ensure they are fully hydrated before starting, there will be NO water at the start, on the course or the finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.

There will be a key drop for your car keys at reception. Leave your car fully dressed with all your kit, laces taped, and ready to race.

Loose control description will be provided at the entrance to the start lanes, EXCEPT for the Red course.

Please keep the queues moving and be aware of social distancing. No more than six in the reception queue, or in a start lane at any time and always at least 2m apart.

Start in your given window and enjoy your run.

While you are out on your course please keep your distance from other runners and users of the area. If someone is already at a control, wait for them to leave before approaching. The event is touch-free - you only need to waft your eTag above the control.

From the finish walk back to reception. This is the time when you present the most risk to others - you're sweaty and in oxygen debt, so take your time to recover.

At Download collect your splits print and return your Tag, head to the car park and home. Have a safe journey.

Facilities

Portable toilets will be provided in the parking area

Civilian Participation

For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2019 and land booked iaw the AOA DIO Licence and JSP907.

Personal Responsibility

Orienteering in the Army is classed as individual military training. Civilian competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.

Use of personal data

The personal data you give at Registration will be used by the event organisers and their agents for the purpose of processing and publishing entries and results, conducting safety checks and as required by our insurers to validate our cover. Your information will be managed in accordance with the General Data Protection Regulations (GDPR).