



# The Slab Bordon

November 24, 2021  
\* Novice military runner



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
<b>Course: Brown Length: 8.6 km Climb: 30 m</b>							
1	Michael Krajewski	M35	BAOC	58:44		6.83	101
2	Maj Richard Barrett	M50	157 Regt RLC	1:00:11	1:27	7.00	100
3	SSgt Des Dickinson	M35	Army HQ	1:00:24	1:40	7.02	99
4	Adam Conway	M18	GO	1:03:00	4:16	7.33	97
5	James Lyne	M21	SN	1:06:24	7:40	7.72	93
6	Graeme Macmillan	M45	BAOC	1:08:07	9:23	7.92	92
7	Mr Peter Jones	M65	SN	1:09:47	11:03	8.11	90
8	Sarah Rollins	W45	SN	1:10:12	11:28	8.16	90
9	Colin Dickson	M65	BAOC	1:13:17	14:33	8.52	86
10	Colin Metcalfe	M60	BAOC	1:14:33	15:49	8.67	85
11	James Yule	M18	SO	1:14:47	16:03	8.70	85
12	Mr Marc Ebanks	M50	SN	1:15:28	16:44	8.78	84
13	Sqn Ldr Paul Watson	M40	78 Sqn Swanwick	1:17:06	18:22	8.97	83
14	Col James Rhodes	M45	Army HQ	1:18:41	19:57	9.15	81
15	Lt Col John Kay	M60	101 Engr Regt	1:21:29	22:45	9.47	78
16	Mike Frizzell	M60	BADO	1:21:43	22:59	9.50	78
17	Tommi Grover	M45	BOK	1:26:12	27:28	10.02	74
18	SSgt Chaitanya Ijam	M35	3 Sig Regt	1:26:31	27:47	10.06	73
19	Charles Daniel	M65	BOK	1:28:21	29:37	10.27	71
20	Colonel Ed Heal	M50	Northwood HQ	1:29:11	30:27	10.37	71
21	Julian Hartwell	M65	SOC	1:29:29	30:45	10.41	70
22	Major Jon Oxley	M50	London Central Garrison	1:34:24	35:40	10.98	65
23	Mike Bennett	M65	HH	1:38:00	39:16	11.40	62
24	OCdt Thomas Bradley	M21	Southampton Univ OTC	1:38:59	40:15	11.51	61
25	WO Steve Collins	M50	RAF Brize Norton	1:40:04	41:20	11.64	60
26	Philip Harvey	M45	WIM	1:42:10	43:26	11.88	58
27	Nick Care	M60	SO	1:47:32	48:48	12.50	52
28	Lt Col Eric Heritage	M60	HQ 1 Sig Bde	1:50:32	51:48	12.85	49
29	WO2 Gareth Mansfield	M35	12 Regt RA	1:51:40	52:56	12.98	48
30	WO1 Stuart Greening	M55	Upavon Stn	1:53:05	54:21	13.15	47
31	Sgt Simon Edwards	M35	29 Regt RLC	1:57:11	58:27	13.63	43
32	B2 Iain Brant	M60	Army HQ	1:59:17	1:00:33	13.87	40
33	Capt Grant Clarke	M40	29 Regt RLC	2:09:34	1:10:50	15.07	30
DNF	Axel Blomquist	M65	SN	1:08:00	Retired		
DSQ	Barry Jones	M50	SO	1:12:29	Missed 5 (145)		



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DSQ	Lt Col Charles Bromley Gardner	M60	Upavon Stn	1:13:17	Missed 10 (118)		
DSQ	Cpl Sagar Thapa Magar	M21	3 Sig Regt	1:46:13	Missed 16 (133)		

## Course: Blue Length: 6.5 km Climb: 30 m

1	Sarah Scarbrough	W35	MV	56:02		8.62	70
2	Christopher Pritchett	M60	WIGHTO	57:46	1:44	8.89	70
3	Mick Smith	M70	HH	1:01:32	5:30	9.47	67
4	Lcpl Ryan Taylor	M35	17 Regt RLC	1:03:53	7:51	9.83	65
5	2Lt Andrew Woodhouse	M35	170 Engineer Group	1:04:46	8:44	9.96	64
6	Mr Tim Clark	M40	IND	1:05:05	9:03	10.01	63
7	Flt Lt Graeme Court	M40	RAFO	1:06:47	10:45	10.27	62
8	Matthew Grant	M45	SN	1:07:20	11:18	10.36	61
9	Bruce Snelling	M60	SN	1:07:56	11:54	10.45	61
10	Jon Paton	M60	SN	1:09:22	13:20	10.67	59
11	Peter Couldery	M60	GO	1:09:44	13:42	10.73	59
12	Carol Lovegrove	W45	SN	1:09:53	13:51	10.75	59
13	Sandy Burgon	M65	BOK	1:10:17	14:15	10.81	58
14	OCdt Joseph Owen-Pinkney	M21	Southampton Univ OTC	1:10:45	14:43	10.88	58
15	Lucy Paton	W60	SN	1:11:09	15:07	10.95	57
16	Andrew Hannaford	M65	SO	1:11:11	15:09	10.95	57
17	WO2 Jason Edwards	M50	3 RSME	1:11:15	15:13	10.96	57
18	Mark Feltham	M55	MV	1:14:25	18:23	11.45	54
19	mr John Harrison	M70	BADO	1:15:47	19:45	11.66	53
20	Paul Oates	M70	DFOK	1:16:36	20:34	11.78	52
21	Sam Crompton	M45	BAOC	1:17:36	21:34	11.94	51
22	Alison Simmons	W65	BOK	1:18:04	22:02	12.01	50
23	Jim Prowting	M75	TVOC	1:18:11	22:09	12.03	50
24	Simon Greenwood	M65	SAX	1:19:17	23:15	12.20	49
25	Mikhail Gryaznevich	M65	TVOC	1:20:18	24:16	12.35	48
26	Tom Edelsten	M75	GO	1:20:30	24:28	12.38	48
27	Chris Johnson	M65	BOK	1:24:24	28:22	12.98	44
28	Tim Keogh	M55	MV	1:25:18	29:16	13.12	43
29	Michael Merritt	M60	SO	1:28:16	32:14	13.58	40
30	SSgt Nowaraj Gurung	M35	HQ RC	1:28:17	32:15	13.58	40
31	Mr Peter Hull	M70	BAOC	1:29:00	32:58	13.69	39
32	Capt Darren Nolan	M45	DSEME	1:29:18	33:16	13.74	39



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33	Colin Swallow	M60	SN	1:29:37	33:35	13.79	39
34	Christopher Moon	M70	BOK	1:29:39	33:37	13.79	39
35	WO2 Aaron Gittins	M35	103 Bn REME(V)	1:30:39	34:37	13.95	38
36	Sue Hands	W70	WIM	1:31:30	35:28	14.08	37
37	Anne Tynegate	W60	BADO	1:32:19	36:17	14.20	36
38	Mark Thompson	M65	TVOC	1:32:26	36:24	14.22	36
39	Charlie Turner	M65	SLOW	1:32:56	36:54	14.30	36
40	Fiona Clough	W55	BKO	1:34:23	38:21	14.52	34
41	Mike Turner	M70	SO	1:36:17	40:15	14.81	32
42	Robin Smith	M65	SO	1:37:11	41:09	14.95	31
43	Malcolm Scott	M65	SN	1:39:04	43:02	15.24	29
44	Maj Laura Clarke	W40	162 Regt RLC	1:39:18	43:16	15.28	29
=45	SSGT Etuwate Cagilaba	M40	103 Bn REME(V)	1:47:53	51:51	16.60	21
=45	SSGT John Ocallaghan	M45	103 Bn REME(V)	1:47:53	51:51	16.60	21
47	Capt Gary Harris-Deans	M50	103 Bn REME(V)	1:47:56	51:54	16.61	21
48	Sgt Katie Costello	W40	3 Sig Regt	1:52:34	56:32	17.32	16
49	Norman Wilson	M70	SOC	1:56:52	1:00:50	17.98	12
50	John Simmons	M70	BOK		10:48:5	108.46	0
DNF	Dave Chapman	M65	SN	49:30	Retired		
DNF	Toni Whittle	W50	BKO	52:17	Retired		
DNF	Joe House	M65	SO	1:08:26	Retired		
DNF	Serena Ludford	W55	BADO	1:12:27	Retired		
DNF	WO1 David Bell	M50	CRHQ AGC	1:23:53	Retired		
DSQ	Lt Col M Nash	M55	War Gar	1:11:57	Missed 13-17		
DSQ	Derick Mercer	M55	BKO	1:12:22	Wng 6 (116/118)		
DSQ	Ginny Hudson	W55	NGOC	1:13:19	Wng 2 (122/141)		
DSQ	Tom Mills	M75	NGOC	1:34:01	Missed 9 (121)		
DSQ	Stephen Jackson	M65	NWO	1:38:00	Missed 7 (114)		
DSQ	LCpl Gam Gurung	M21	3 Sig Regt	1:51:21	Missed 19 (124)		

## Course: SG Length: 3.5 km Climb: 15 m

1	Alan Rosen	M65	HH	28:18		8.09	50
2	Ian Ditchfield	M65	MV	32:26	4:08	9.27	49
3	Ronan Cleary	M60	LOK	33:55	5:37	9.69	48
4	Alan Kersley	M60	BADO	36:26	8:08	10.41	45
5	Andy Parker	M60	BADO	37:20	9:02	10.67	44
6	Elisabeth Dickson	W60	BAOC	38:06	9:48	10.89	43



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7	Sgt Andy Barker-Pilsworth	M50	RAFO	38:53	10:35	11.11	43
8	Stephen Peacock	M70	SN	39:54	11:36	11.40	42
9	Edward Forman	M70	SO	40:00	11:42	11.43	42
10	Sarah louise Francis	W50	SN	40:33	12:15	11.59	41
11	Roger Maher	M80	SO	40:35	12:17	11.60	41
12	Major Lisa Butterworth	W35	Army HQ	44:14	15:56	12.64	37
13	Nick Kearns	M70	BAOC	44:30	16:12	12.71	37
14	Janet Rosen	W65	HH	45:38	17:20	13.04	36
15	Richard Rae	M75	BKO	46:31	18:13	13.29	35
16	Paul Wallace-Stock	M75	SN	47:45	19:27	13.64	34
17	Mike Murray	M75	SLOW	48:10	19:52	13.76	33
18	David Hanstock	M65	BOK	48:19	20:01	13.80	33
19	Steve Jarvis	M55	SO	49:04	20:46	14.02	32
20	Lt Col Damien Pealin	M50	HQ RC	50:22	22:04	14.39	31
21	Andy Macgregor	M80	BAOC	51:03	22:45	14.59	30
22	Di Turner	W70	SO	52:37	24:19	15.03	29
23	Jasmine Bennett	W65	SO	53:19	25:01	15.23	28
24	George Elkin	M70	BAOC	56:56	28:38	16.27	25
25	Fiona Hanstock	W65	BOK	57:55	29:37	16.55	24
26	Neil Fraser	M60	NWO	59:10	30:52	16.90	22
27	Lt Col Sarah Streete	W55	London Central Garrison	1:00:18	32:00	17.23	21
28	Christopher Hannaford	M21	SO	1:00:58	32:40	17.42	21
29	Julia Loring	W60	SOC	1:01:44	33:26	17.64	20
30	Sue Gallagher	W65	SO	1:05:10	36:52	18.62	16
31	Helen Errington	W60	HH	1:05:22	37:04	18.68	16
32	Jane Breed	W65	HH	1:05:55	37:37	18.83	16
33	Antonia Holt	W60	NWO	1:06:45	38:27	19.07	15
34	Chris Simpson	M75	SO	1:07:03	38:45	19.16	14
35	Jane King	W65	SO	1:09:38	41:20	19.90	12
36	Jim Munday	M75	BKO	1:11:55	43:37	20.55	10
37	Tony Ludford	M75	BADO	1:14:17	45:59	21.22	7
38	Keith Marsden	M75	HH	1:18:38	50:20	22.47	3
39	Teresa Turner	W70	SLOW	1:23:32	55:14	23.87	0
40	Rosie Merry	W55	DFOK	1:31:06	1:02:48	26.03	0
41	Liz Stradling	W65	BKO	1:31:52	1:03:34	26.25	0
42	Robert Balding	M75	IND	1:46:00	1:17:42	30.29	0
43	Michael White	M80	MV	2:03:47	1:35:29	35.37	0



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DNF	John Morris	M75	SO	1:06:13	Retired		
DSQ	Susan Marsden	W75	HH	1:27:08	Missed 6 (122)		
<b>Course: Lt G Length: 5.3 km Climb: 20 m</b>							
1	Phil Conway	M55	GO	49:28		9.33	50
2	Paul Oldfield	M65	BAOC	52:27	2:59	9.90	49
3	David Saunders	M60	HH	52:46	3:18	9.96	49
4	Phillip Young	M45	SN	57:43	8:15	10.89	44
5	Julie Cleary	W55	LOK	58:38	9:10	11.06	43
6	Brian Bailey	M70	WIGHTO	1:02:37	13:09	11.81	39
7	Major Jonathan Rider	M50	12 Regt RA	1:03:22	13:54	11.96	38
8	Keiko Conway	W55	GO	1:04:00	14:32	12.08	38
9	Roy Heselden	M70	BADO	1:04:22	14:54	12.14	37
10	Martin Wiles	M55	SN	1:04:23	14:55	12.15	37
11	Philip Gristwood	M70	MV	1:07:26	17:58	12.72	34
12	Delia Peppercorn	W55	BADO	1:07:58	18:30	12.82	34
13	Peter Bartlett	M65	WIGHTO	1:07:59	18:31	12.83	34
14	David Kingdon	M70	SAX	1:08:46	19:18	12.97	33
15	George Engelhardt	M70	MV	1:09:54	20:26	13.19	32
16	Dave Cussens	M65	SO	1:12:56	23:28	13.76	29
17	Maj Rebecca Hepworth	W35	12 Regt RA	1:14:58	25:30	14.14	27
18	Barry Breed	M75	HH	1:18:00	28:32	14.72	24
19	Carol Taverner	W60	WIGHTO	1:19:32	30:04	15.01	22
20	Katherine Pike	W55	WIM	1:20:43	31:15	15.23	21
21	Peter Dudman	M70	SO	1:22:13	32:45	15.51	19
22	SSgt Philip Howells	M60	256 Fd Hosp	1:23:43	34:15	15.80	18
23	Sgt Michael Cattermole	M55	256 Fd Hosp	1:25:01	35:33	16.04	17
24	Sig Papesh Limbu	M21	3 Sig Regt	1:25:40	36:12	16.16	16
25	Anna Fowler	W21	IND	1:25:45	36:17	16.18	16
26	Ruth Rhodes	W75	SO	1:33:59	44:31	17.73	8
27	OCdt Morgan Lee	M20	Southampton Univ OTC	1:41:40	52:12	19.18	0
28	Nicola Harvey	W45	WIM	1:54:41	1:05:13	21.64	0
29	LCpl Amy Johnson	W21	IND	2:12:15	1:22:47	24.95	0
DNF	Paul Glanfield	M40	IND	1:18:45	Missed several		
DSQ	Marion Payne-Bird	W60	GO	1:00:24	Missed 13 (114)		
DSQ	Flt Lt R Sullivan	M60	Surrey Wing ATC	1:31:58	Missed 11 & 12		
DSQ	Cpl Daniel Sutton	M35	REME	1:42:53	Missed 16 & 17		



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DSQ Colin Merry M65 DFOK 1:53:47 Missed 4 Cntls

## Course: LO Length: 4 km Climb: 20 m

1	Neil Watts	M60	SO	38:03		9.51	40
2	Gnr Liam Sharpe	M18	12 Regt RA	47:29	9:26	11.87	37
3	SAC Thomas Jarvis	M21	RAFO	48:20	10:17	12.08	36
4	Gnr Loreans Matas	M20	12 Regt RA	53:11	15:08	13.30	31
5	SSgt Michael Upton	M35	15 Sig Regt	54:26	16:23	13.61	30
6	Cpl Stephen Weatherall	M21	15 Sig Regt	1:16:26	38:23	19.11	10
7	Sig Rishi Gurung	M21	15 Sig Regt	1:16:34	38:31	19.14	10
8	2LT Charlotte Atkins	W21	Southampton Univ OTC	1:55:40	1:17:37	28.92	10
DSQ	Chris Davies	M45	IND	54:36	Wng 14(114/133)		