



**MILITARY LEAGUE(SOUTH)**  
**HOSTED BY BAOC**  
**MYTCHETT EAST**  
**WEDNESDAY 17 MARCH 2021**

***BAOC***

<b>General:</b>	Welcome, with the current COVID19 restrictions in place please note that there are a number of tasks that you are required to do before arriving at the event. During the entry process you will select your preferred start window from those available for your course. You must then make payment to reserve your start window. Please do not turn up at the event unless you have pre-entered. No pay, no run! On race day turn up in you allocated slot, run, get refreshments from Tom and go home. Read notes below. <p align="center">Pre-entry only  Always respect others &amp; social distance even when orienteering  Don't arrive at the start early, but just before your start  Download without delay and depart.</p>
<b>Travel Directions:</b>	Map Sheet 175/186. Parking on tracks, entrance to training area south of the B3012 Gapemouth Road at Grid SU91465616 No suitable Post code.What3words thrillers,solution.snowy
<b>Terrain:</b>	Intricate forested area with excellent contour details and good path network. New mountain bike tracks appearing and not on maps
<b>Mapping:</b>	Tracks updated in July 2019 by RLM Maps. Scale 10,000 overprinted on waterproof paper. Loose control description will be provided at the start.
<b>Pre-entry:</b>	Open at 20:00 10 Mar at <a href="http://racesignup.co.uk">racesignup.co.uk</a> .
<b>Results System:</b>	EMIT– Touch Free -Results <a href="http://race-results.info">race-results.info</a>
<b>Registration:</b>	1045 – 1355 hours. Queue up (2m apart) to confirm you have entered and then get issued an etag and control description.
<b>Starts:</b>	1100 – 1400 hours (only 6 people at a time in each start lane.)
<b>Course Closes:</b>	1500 hours. Controls will be taken in at 1500hrs

Courses:	Colour	Distance	Climb	Control	Remarks
Start 1	Score	1 hour		30	Suitable for All MLS Counter
Start 2	Green	4.9km	110m	15	Experienced orienteers only
	Sh Green	3.4km	70m	13	Experienced orienteers only
	Blue	6.9km	160m	17	Experienced orienteers only

<b>Dress:</b>	Full leg and arm cover are mandatory; that means no shorts or vests.
<b>Other Instructions:</b>	Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. <b>Dogs in car park only.</b>
<b>Costs:</b>	Military - £4.50p Senior Civilians (M/W 21 and above) - £8.00p Junior Civilians (M/W 20 and below) - £5.50p EMIT Hire (if required) - £1.50p
<b>SRO:</b>	SSgt Des Dickinson REME
<b>Organiser:</b>	Maj (Retd) Colin Dickson BAOC
<b>Planner:</b>	Maj (Retd) Colin Dickson BAOC
<b>Controller:</b>	Elisabeth Dickson BAOC
<b>Contact Details:</b>	<a href="mailto:courses@armyorienteering.com">courses@armyorienteering.com</a> 07905050129
<b>Facilities:</b>	Toms Food Wagon, (Card transaction only) Toilets.

<b>Insurance</b>	<b>For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA DIO Licence and JSP907</b>
<b>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</b>	

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

Notes

- Car park** All drivers are to park as directed in lines with a gap between lines.
- Water** There will be no water for refreshment, bring your own.
- Disinfectant** Bring your own to wipe anything you may touch, toilet, car etc.
- PPE** Bring your own if you require it.
- Touching** Do Not touch anything unless you have to.
- Start** Will be two lanes, Lane One Score, Lane 2 Blue, Green & Sh Green. Apply social distancing, starting 1 runner every minute from each lane. Move away from the map box after collecting map.
- Start Clock** There will be a start clock in the start lane.
- Following** On tracks, please keep 10m or more behind or pass quickly. At control sites DO NOT touch the control, move through quickly, maintain social distance.
- Finish** Move away from finish and apply social distance
- Download** Ensure you are drip and spittle free before approaching download, place your tag near the yellow stick to read it and then drop it in the adjacent bucket, a printout will be passed to you.

Have fun and enjoy the woods