



Military League North Orienteering

Brackenbar - Wacop

Wed 09 Sep 2020



General	<p>Current COVID19 restrictions mean that mandatory tasks are required before arriving at the event:</p> <ul style="list-style-type: none"> • To enter, select your preferred start window of those available in your course • Make the payment to reserve your start window. Please consider paying in “groups” of team members / friends as this reduces the fees and keeps the entry price low • Enter at https://racesignup.co.uk No pay, no run! • DO NOT come to the event unless you have pre-entered • Don't arrive at the event or start area early, but just before your start. Consider stopping in a parking area on the A66. Our parking area is limited • Arrive in your allocated slot, run and go home. If you are delayed we will cope! But, you will have to wait for a compliant start slot • Always respect others & social distance even when orienteering • Download without delay and depart • Entries will close on Tue 08 Sep at Midday 	
DETAILS	The 1 st MLN-O fixture of the new season will be hosted by 201 Field Hospital (N) on the Brackenbar Training Area – Wacop.	
TRAVEL DIRECTIONS	Brackenbar Trg Area is located off the A66. Head west on the A66 towards Penrith. Just before the left hand turn for Wacop Camp there is a right hand turn marked RV2 (fell lane). The entrance to the area will be signed 100m before the entrance. This is a restricted area so please bring along identification and follow the instructions given by the marshalls – Nearest Postcode CA16 6PA. Do not attempt to enter the area via any other access gate.	
PARKING	Parking at Brackenbar is on hard standing. Parking will be in columns (like at a ferry terminal) to assist with the separations required. Please use passing places provided on your way across the area to parking. Do not attempt to drive off the track as the ground is extremely boggy.	
TERRAIN	The area is mainly open moorland with several wood blocks/young plantations and is centrally dominated by a significant hill with low lying areas of marsh lying to the east, which can vary in size dependant on the weather.	
COURSES	<p>Blue 6.8Km, 24 controls, 145m climb Lt Green 4.2Km, 12 controls, 95m climb Red 4.8Km, 15 controls, 90m climb</p>	<p>Green 4.3Km, 13 controls, 115m climb Sh Green 3.5Km, 10 controls, 55m climb Only blue, Lt Green and Red attract league points</p>
TIMINGS	<p>Starts 1000-1430hrs Courses Closes 1600hrs</p>	
MAP	1:7500 A4 Pre-marked on waterproof paper Loose descriptions will be available on the day	
COST	£2.60 for military, £5.70 for civilians	
TIMING SYSTEM	The event will use the MapRunF virtual orienteering, phone or Garmin smart watch Applications. There are NO controls or markers in the terrain. PLEASE come prepared for this. Guidance is at: https://www.britishorienteering.org.uk/vocs . You will be given the PIN for the course download at -10 mins in the admin area adjacent to the start	
OFFICIALS	<p>Planner: Maj Bailey (07799136575) Controller: WO2 Fisher Organiser: WO2 Bell Resp Officer: Capt McKenna</p>	
FACILITIES	Toilets are available at the admin area Dogs are not permitted at the event.	
INSURANCE & SAFETY	<p>For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw BOF 2018 Rules and land booked iaw AOA DiO licence & JSP 907. A detailed safety brief will be displayed at registration and in all start lanes; by passing through the start process you will be deemed to have read it.</p> <p>All runners must download – even if they don't finish the course!</p>	

ORIENTEERING IS AN ADVENTURE SPORT AND IN THE ARMY IS CLASSED AS MILITARY TRAINING AND ALL OTHERS TAKE PART AT THEIR OWN RISK.

The personal data you give at registration will be used by the event organisers and their agents only for the purpose of processing/publishing entries and results and as required by our insurers to validate our cover and managed iaw the General Data Protection Regulation (GDPR).