



**MILITARY LEAGUE(SOUTH)**

**SUMMER SERIES**

**HOSTED BY BAOC**

**RUSHMOOR ARENA**

**WEDNESDAY 05 AUGUST 2020**

**Help required with manning barrier, car parking, starts and control collecting**

**BAOC**

<b>General:</b>	<p>Welcome, with the current COVID19 restrictions in place please note that there are a number of tasks that you are required to do before arriving at the event. Entries will open on Wednesday 22nd July at 21:00 and close on Tuesday 4th August at 16:00. During the entry process you will select your preferred start window from those available for your course. You must then make payment to reserve your start window. Please do not turn up at the event unless you have pre-entered. No pay, no run! On race day turn up in you allocated slot, run, get refreshments from Tom and go home. Read notes below.</p> <p style="text-align: center;"><a href="#">Pre-entry only</a></p> <p style="text-align: center;"><b>Always respect others &amp; social distance even when orienteering</b></p> <p style="text-align: center;"><b>Dont arrive at the start early, but just before your start</b></p> <p style="text-align: center;"><a href="#">Download without delay and depart.</a></p>			
<b>Travel Directions:</b>	Map Sheet 186, Grid SU854520 nearest Post Code GU112HB 300m east to road junction. What3words eaten.hands.second Parking inside the arena fence.			
<b>Terrain:</b>	Fast runnable undulating open forest, intricate terrain and good network of tracks. Cross Roads with care.			
<b>Mapping:</b>	Map fully updated in Summer 2019 and extended in Feb 20. Scale 1:7.500. Courses are over printed on waterproof A4 paper with IOF/text descriptions on the map.			
<b>Pre-entry:</b>	Online pre-entry only at <a href="http://www.racesignup.co.uk">www.racesignup.co.uk</a> .			
<b>Results System:</b>	EMIT– Touch Free -Results <a href="http://race-results.info">race-results.info</a>			
<b>Registration:</b>	1045 – 1355 hours Queue up (2m apart) to confirm you have entered and then get issued an etag and control description.			
<b>Starts:</b>	1100 – 1400 hours (only 6 people at a time in each start lane.)			
<b>Course Closes:</b>	1500 hours. Controls will be taken in at 1500hrs			
<b>All competitors must ensure they are fully hydrated before starting, there will be NO water at the start and finish. Carry water, reduce your course length or walk the course to ensure you achieve your aim safely.</b>				
All runners must download by course closure time; even if you do not finish the course.				
<b>Courses:</b>	<b>Colour</b>	<b>Distance</b>	<b>Climb</b>	<b>Remarks</b>
Start 1	Blue	6.2km	160m	Experienced orienteers only
	Score	1 hour		Suitable for Novices
Start 2	Green	4.6km	135m	Experienced orienteers only
	Sh Green	3.3km	125m	Experienced orienteers only
<b>Dress:</b>	Full leg and arm cover is mandatory; that means no shorts or vests.			
<b>Other Instructions:</b>	Units wishing to bring in excess of 10 personnel are requested to contact the organiser in advance. Whistles are compulsory. Place £1 in the charity box at registration and you will be given a whistle. <b>Dogs in car park only.</b>			
<b>Costs:</b>	Military - £4.00p			
	Senior Civilians (M/W 21 and above) - £7.50p			
	Junior Civilians (M/W 20 and below) - £5.00p			
	EMIT Hire (if required) - £1.50p			
<b>SRO:</b>	Lt Col Richard Mawer AAC			

<b>Organiser:</b>	Maj (Retd) Colin Dickson BAOC
<b>Planner:</b>	Lt Col (Retd) Axel Blomquist BAOC
<b>Controller:</b>	Elisabeth Dickson BAOC
<b>Contact Details:</b>	<a href="mailto:courses@armyorienteeing.com">courses@armyorienteeing.com</a> 07905050129
<b>Facilities:</b>	Toms Food Wagon, (Card transaction only) Toilets.
<b>Insurance</b>	<b>For civilians participating in Army orienteeing, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2020 and land booked iaw the AOA DIO Licence and JSP907</b>
<b>Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.</b>	

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)

## Notes

<b>Car park</b>	All drivers are to park as directed in lines with a gap between lines.
<b>Water</b>	There will be no water for refreshment, bring your own.
<b>Disinfectant</b>	Bring your own to wipe anything you may touch, toilet, car etc.
<b>PPE</b>	Bring your own if you require it.
<b>Touching</b>	Do Not touch anything unless you have to.
<b>Start</b>	Will be two lanes, Score & Blue and Green & Short Green, applying social distancing starting 10 runners every 15 minutes. Move away from the map box after collecting map.
<b>Start Clock</b>	There will be a start clock in the start lane.
<b>Following</b>	On tracks, please keep 10m or more behind or pass quickly. At control sites DO NOT touch the control, move through quickly, maintain social distance.
<b>Finish</b>	Apply social distance
<b>Download</b>	Ensure you are drip and spittle free before approaching download, place your tag near the yellow stick to read it and then drop it in the adjacent bucket, a printout will be passed to you.

Have fun and enjoy the woods