



BAOC Long O & MLS Barossa



January 08, 2020

Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
Course: Brown Length: 11.52 km Climb: 265 m							
1	Ben Mitchell	M21	SBOC	1:08:20		5.93	115
2	Adam Potter	M21	BOK	1:15:09	6:49	6.52	109
3	Tom Bray	M21	SN	1:15:30	7:10	6.55	108
4	Maj R Ashton	M35	6 Bn REME	1:18:30	10:10	6.81	105
5	Thomas Howell	M18	SN	1:22:44	14:24	7.18	101
6	SSgt T Dickinson	M35	Army HQ	1:24:50	16:30	7.36	99
7	Peter Daplyn	M35	SN	1:25:48	17:28	7.45	98
8	Sarah Rollins	W40	SN	1:26:10	17:50	7.48	98
9	Lt Col R Mawer	M45	Army HQ	1:27:46	19:26	7.62	96
=10	David Rollins	M50	BAOC	1:29:51	21:31	7.80	94
=10	Maj J Buchanan	M35	RMAS	1:29:51	21:31	7.80	94
12	Daniel Gardner	M21	TVOC	1:30:08	21:48	7.82	94
13	Jan Travnicek	M40	TVOC	1:34:56	26:36	8.24	89
14	Chloe Potter	W21	BOK	1:35:54	27:34	8.32	88
15	Nick Nourse	M55	NWO	1:37:07	28:47	8.43	87
16	Sgt D Cope	M35	47 Regt RA	1:37:26	29:06	8.46	86
17	Phil Slingsby	M50	SN	1:38:55	30:35	8.59	85
18	Axel Blomquist	M65	BAOC	1:39:12	30:52	8.61	84
19	Keith Belsey	M50	SN	1:40:58	32:38	8.76	83
20	Colin Metcalfe	M60	BAOC	1:42:39	34:19	8.91	81
21	Mark Saunders	M60	BOK	1:43:15	34:55	8.96	80
22	Melanie Slade	W50	SN	1:48:05	39:45	9.38	76
23	Julian Hartwell	M60	SOC	1:50:20	42:00	9.58	73
24	Neil Crickmore	M55	SO	1:50:45	42:25	9.61	73
25	Peter Huzan	M55	SLOW	1:50:52	42:32	9.62	73
26	Chris Kemp	M55	BAOC	1:55:14	46:54	10.00	68
27	Maj A Snell	M45	Army HQ	1:55:57	47:37	10.07	68
28	Barry Jones	M50	SO	1:58:51	50:31	10.32	65
29	Capt S Mallison	M35	11 Sig Regt	1:59:55	51:35	10.41	64
30	Charles Daniel	M60	BOK	2:00:10	51:50	10.43	64
31	Maj F Boardman	M40	MoD Abbey Wood	2:01:37	53:17	10.56	62
32	Chris Evans	M50	SLOW	2:06:19	57:59	10.96	57
33	WO2 S Byrne	M21	Artillery Centre	2:09:21	1:01:01	11.23	54
34	Mike Bennett	M65	HH	2:10:17	1:01:57	11.31	53
35	WO1 J Leddy	M50	Army HQ	2:11:38	1:03:18	11.43	52
36	SSgt G Buckley	M55	HQ RC	2:11:46	1:03:26	11.44	52



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37	Sue Carter	W50	SLOW	2:17:53	1:09:33	11.97	46
38	Andrew Hannaford	M60	SO	2:21:15	1:12:55	12.26	42
39	Alan Brown	M65	NGOC	2:40:19	1:31:59	13.92	23
DNF	Sgt G Coath	M21	26 Engr Regt	1:56:35	Retd		
DSQ	Neville Baker	M65	TVOC	1:48:57	Missed No 1 (35)		
DSQ	Lt Col JL Kay	M55	256 Fd Hosp	2:04:19	Missed 9-11 (49/32/38)		

Course: Blue Length: 8.43 km Climb: 215 m

1	Kai Magee	M20	SN	1:03:10		7.49	70
2	Mike Brett	M55	BAOC	1:07:55	4:45	8.06	70
3	David Frampton	M45	HH	1:11:19	8:09	8.46	70
4	Tommi Grover	M40	BOK	1:12:31	9:21	8.60	70
5	Christopher Pritchett	M60	WIGHTO	1:12:42	9:32	8.62	70
6	Ian Ditchfield	M60	MV	1:13:51	10:41	8.76	70
7	Steve Bailey	M60	SN	1:15:44	12:34	8.98	70
8	Sarah Scarbrough	W35	MV	1:17:19	14:09	9.17	70
9	Nick Care	M60	SO	1:17:56	14:46	9.24	70
10	Mike Goldthorpe	M60	SOC	1:20:40	17:30	9.57	70
11	Allan Farrington	M65	BAOC	1:20:56	17:46	9.60	70
12	Matthew Grant	M45	SN	1:21:53	18:43	9.71	70
13	Simon Moore	M55	BKO	1:22:11	19:01	9.75	70
14	Robin Smith	M65	SO	1:22:22	19:12	9.77	70
15	SSgt D Gurung	M35	Army HQ	1:22:24	19:14	9.77	70
16	Richard Tiley	M60	LOC	1:22:57	19:47	9.84	70
17	David May	M70	SLOW	1:23:17	20:07	9.88	70
18	Andrew Evans	M60	DFOK	1:24:26	21:16	10.02	70
19	Charlie Turner	M65	SLOW	1:24:53	21:43	10.07	70
20	Maj A Southby	M50	War Gar	1:25:30	22:20	10.14	70
21	John Franklin	M65	SYO	1:26:50	23:40	10.30	69
22	Maj S John	M45	12 Armd Bde	1:28:39	25:29	10.52	67
23	John Tzanetis	M50	SN	1:28:44	25:34	10.53	67
24	Ross Maclagan	M45	SN	1:28:45	25:35	10.53	67
25	Trish Monks	W40	BKO	1:28:59	25:49	10.56	67
26	Mikhail Gryaznevich	M65	TVOC	1:29:20	26:10	10.60	66
27	Ronan Cleary	M55	LOK	1:29:26	26:16	10.61	66
28	John Orton	M65	NWO	1:29:39	26:29	10.63	66
29	Jon Paton	M55	SN	1:30:39	27:29	10.75	65



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30	Ian Hylton	M50	BKO	1:31:10	28:00	10.81	64
31	Simon Farrington	M35	BAOC	1:32:55	29:45	11.02	63
32	Lucy Paton	W55	SN	1:33:09	29:59	11.05	62
33	Paul Oldfield	M60	BAOC	1:33:18	30:08	11.07	62
34	Tim Hughes	M65	TVOC	1:33:33	30:23	11.10	62
35	Gnr L Thompson	M20	47 Regt RA	1:34:01	30:51	11.15	61
36	Maj A Loots	M35	HQ 3 UK Div	1:35:42	32:32	11.35	60
37	Peter Hull	M70	BAOC	1:35:47	32:37	11.36	60
38	Colin Swallow	M60	SN	1:35:58	32:48	11.38	60
39	Mike Frizzell	M60	BADO	1:36:02	32:52	11.39	59
40	Phil Conway	M55	GO	1:36:08	32:58	11.40	59
41	Chris Poole	M55	TVOC	1:36:19	33:09	11.43	59
42	Helen Errington	W55	HH	1:36:21	33:11	11.43	59
43	Gavin Robinson	M50	BAOC	1:36:37	33:27	11.46	59
44	Neil Gordon	M55	AACen	1:37:34	34:24	11.57	58
45	Lt Col Aem Magowan	W40	Army HQ	1:37:41	34:31	11.59	58
46	Cfn J Harrington	M21	17 Regt RLC	1:37:43	34:33	11.59	58
47	Lulu Williams	W50	SLOW	1:37:58	34:48	11.62	58
48	Roger Maher	M80	SO	1:39:10	36:00	11.76	56
49	David Saunders	M60	HH	1:40:06	36:56	11.87	55
50	Sarah Louise Francis	W50	SN	1:42:16	39:06	12.13	53
51	Maj Alexander	M35	Army HQ	1:45:29	42:19	12.51	50
52	Capt J Wells	M21	6 Bn REME	1:46:13	43:03	12.60	49
53	Rowena Naile	W55	BAOC	1:46:56	43:46	12.68	49
54	Paul Oates	M70	DFOK	1:48:54	45:44	12.92	47
55	Sam Crompton	M40	BAOC	1:49:38	46:28	13.01	46
56	Richard Whitaker	M65	SAX	1:50:11	47:01	13.07	45
57	I Brant	M60	Army HQ	1:51:19	48:09	13.20	44
58	Jon Vaughan	M40	BKO	1:53:18	50:08	13.44	42
59	Kevin Parkes	M60	HH	1:53:58	50:48	13.52	42
60	WO2 E O'Hara	W35	HQ AMS	1:57:27	54:17	13.93	38
61	Tim Keogh	M55	MV	2:00:30	57:20	14.29	35
62	Sue Hands	W70	WIM	2:10:44	1:07:34	15.51	25
63	Brian Hughes	M70	HOC	2:14:07	1:10:57	15.91	21
64	Matthew Knipe	M55	QO	2:24:04	1:20:54	17.09	11
DNF	Antony Schofield	M55	MV	1:02:58	Retd		
DSQ	Sandy Burgon	M60	BOK	1:31:09	Missed No 16 (33)		
DSQ	WO1 SD Greening	M50	Upavon Stn	1:39:42	Missed No 4 (43)		



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DSQ David Tookey M65 HH 1:57:12 Missed 24 & 25 (56 & 57)

Course: Sh Green Length: 4.04 km Climb: 125 m

1	Michael Krajewski	M35	BAOC	37:10		9.20	50
2	Sgt D De Jager	M21	12 Regt RA	39:43	2:33	9.83	50
3	Maj R Barrett	M45	HQ RC	41:07	3:57	10.18	50
4	Mne T Huthwaite	M20	43 Cdo	41:22	4:12	10.24	50
5	SSgt D Magar	M50	HQ RC	41:51	4:41	10.36	49
6	Mick Smith	M70	HH	43:14	6:04	10.70	48
7	Katherine Bett	W21	SN	43:16	6:06	10.71	48
8	Jim Prowting	M70	TVOC	43:42	6:32	10.82	47
9	Mike Murray	M75	SLOW	45:25	8:15	11.24	45
10	Neil Watts	M60	SO	45:37	8:27	11.29	45
11	Martin Lock	M70	GO	48:24	11:14	11.98	42
12	Barrie Pearson	M65	SO	48:51	11:41	12.09	42
13	Alan Kersley	M60	BADO	51:42	14:32	12.80	39
14	Richard Steptoe	M70	TVOC	52:50	15:40	13.08	38
15	Mark Thompson	M60	TVOC	53:16	16:06	13.18	38
16	Don Mckerrow	M65	SLOW	55:04	17:54	13.63	36
17	Terry Smith	M65	SOC	55:43	18:33	13.79	35
18	Carol Prosser	W55	BAOC	57:05	19:55	14.13	34
19	Maj N Shah	M21	256 Fd Hosp	57:22	20:12	14.20	34
20	Andy Macgregor	M75	BADO	57:42	20:32	14.28	33
21	Nick Shanahan	M45	BAOC	57:48	20:38	14.31	33
22	Brian Bailey	M70	WIGHTO	58:15	21:05	14.42	33
23	Col N Heppenstall	M50	HQ RC	58:16	21:06	14.42	33
24	Alex Kemp	M21	IND	58:25	21:15	14.46	32
25	Paul Kilpin	M70	TVOC	58:50	21:40	14.56	32
26	Keith Marsden	M75	HH	59:01	21:51	14.61	32
27	Peter Riches	M65	TVOC	59:19	22:09	14.68	32
28	Keith Henderson	M75	WIM	1:00:45	23:35	15.04	30
29	Ian Peirce	M75	SARUM	1:00:54	23:44	15.07	30
30	Marion Payne-Bird	W60	GO	1:01:08	23:58	15.13	30
31	David Battison	M70	SARUM	1:01:40	24:30	15.26	29
32	Edward Forman	M65	SO	1:03:03	25:53	15.61	28
33	John Rix	M70	BOK	1:04:43	27:33	16.02	26
34	George Engelhardt	M65	MV	1:04:48	27:38	16.04	26



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35	Tony Ludford	M75	BADO	1:04:59	27:49	16.08	26
36	SSgt V Bruce	W21	256 Fd Hosp	1:05:15	28:05	16.15	26
37	Teresa Turner	W70	SLOW	1:05:28	28:18	16.20	25
38	John Morris	M70	SO	1:05:40	28:30	16.25	25
39	Annika Greenwood	W45	BKO	1:05:51	28:41	16.30	25
40	Fiona Clough	W55	BKO	1:07:03	29:53	16.60	24
41	Jon Wheatcroft	M65	TVOC	1:08:15	31:05	16.89	23
42	Mike Forrest	M65	BOK	1:09:54	32:44	17.30	21
43	Ted Mcdonald	M75	BOK	1:10:37	33:27	17.48	20
44	Mike Elliot	M65	MV	1:11:12	34:02	17.62	20
45	Ian Cooper	M75	BKO	1:11:56	34:46	17.81	19
46	Ralph Phillips	M70	SO	1:12:42	35:32	18.00	18
47	Sue Pearson	W65	SO	1:12:45	35:35	18.01	18
48	Richard Brightman	M75	WIM	1:12:56	35:46	18.05	18
49	Liz Stradling	W60	BKO	1:13:21	36:11	18.16	18
50	Jane Breed	W65	HH	1:13:38	36:28	18.23	17
51	Lesley Innes	W60	BKO	1:14:03	36:53	18.33	17
52	Keiko Conway	W55	GO	1:14:18	37:08	18.39	17
53	Stephen Jackson	M65	NWO	1:14:21	37:11	18.40	17
54	Roberta Baldwin	W65	SN	1:14:24	37:14	18.42	16
55	Carol House	W60	SO	1:14:33	37:23	18.45	16
56	Nigel Saker	M70	SLOW	1:16:02	38:52	18.82	15
57	Denise Harper	W65	BKO	1:16:59	39:49	19.06	14
58	Derek Graves	M75	IND	1:17:14	40:04	19.12	14
59	Gill Sharp	W60	SN	1:17:24	40:14	19.16	13
60	Karen Mills-Hicks	W40	GO	1:17:52	40:42	19.27	13
61	Chris Simpson	M70	SO	1:18:52	41:42	19.52	12
62	Eric Harper	M65	BKO	1:19:45	42:35	19.74	11
63	Mark Blackstone	M70	BOK	1:19:57	42:47	19.79	11
64	Charlie Richardson	M75	SOC	1:20:25	43:15	19.91	10
65	Capt E Pickersgill	M45	RMAS	1:21:59	44:49	20.29	9
66	Helen Rivers	W65	GO	1:24:09	46:59	20.83	7
67	Kim Liggett	W55	NGOC	1:28:32	51:22	21.91	2
68	Sue Gallagher	W65	SO	1:35:12	58:02	23.56	0
69	Yvonne Hodson	W70	TVOC	1:35:20	58:10	23.60	0
70	Timothy Angel	M80	SOC	1:36:09	58:59	23.80	0
71	Clare Fletcher	W75	BOK	1:36:11	59:01	23.81	0
72	Ayako Lu	W40	GO	1:36:44	59:34	23.94	0



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73	Antonia Holt	W60	NWO	1:37:08	59:58	24.04	0
74	John Warren	M80	WIM	1:50:48	1:13:38	27.43	0
75	Daniele Fawkner-Corbett	W65	BOK	2:12:06	1:34:56	32.70	0
76	Flt Lt R Sullivan	M60	Surrey Wing ATC	2:15:01	1:37:51	33.42	0
77	Penny Parkes	W60	HH	2:42:18	2:05:08	40.17	0
DNF	Graham Harrison	M80	SOC	1:15:26	Retd		
DSQ	Maj(Retd) Holbrook	M60	12 Armd Bde	1:08:48	Missed No 8 (46)		
DSQ	Sally Thomas	W70	BOK	1:12:41	Missed No 14 (55)		

Course: Lt Green Length: 5.86 km Climb: 155 m

1	Jon Magee	M55	SN	55:08		9.41	50
2	Andrew Parkinson	M65	SO	56:08	1:00	9.58	50
3	Stephen Mckinley	M55	SN	56:18	1:10	9.61	50
4	David Palmer	M70	BOK	57:39	2:31	9.84	50
5	Jonathan Lyle	M60	BOK	57:53	2:45	9.88	50
6	Francis Kemp	W18	BAOC	58:33	3:25	9.99	50
7	SSgt A Cook	M21	32 Regt RA	58:36	3:28	10.00	50
8	WO2 D Gosney	M35	32 Regt RA	59:38	4:30	10.18	50
9	Kate Brett	W50	BAOC	59:55	4:47	10.22	50
10	Lt Col K Fitchett	M55	HQ RC	1:00:27	5:19	10.32	49
11	Peter Dudman	M65	SO	1:03:24	8:16	10.82	46
12	David Lane	M65	SN	1:03:44	8:36	10.88	46
13	Allan Darwell	M65	BOK	1:04:59	9:51	11.09	45
14	Edward Henderson	M20	INT	1:05:25	10:17	11.16	44
15	Izumi Magee	W20	SN	1:05:35	10:27	11.19	44
16	SSgt P Newman	M40	47 Regt RA	1:05:38	10:30	11.20	44
17	Rachel Dennis	W50	BOK	1:06:44	11:36	11.39	43
18	Cpl J Lunness	M21	21 Sig Regt (AS)	1:06:45	11:37	11.39	43
19	Roy Heselden	M70	BADO	1:07:25	12:17	11.50	42
20	Paul Wallace-Stock	M75	SN	1:07:44	12:36	11.56	42
21	Jenny Selley	W60	BOK	1:07:49	12:41	11.57	42
22	Maj Davis	M45	Artillery Centre	1:07:50	12:42	11.58	42
23	Sgt A Ahmed	M21	ATC Pirbright	1:08:37	13:29	11.71	41
24	Serena Ludford	W55	BADO	1:08:50	13:42	11.75	41
25	Jane Archer	W65	SN	1:10:06	14:58	11.96	39
26	Ian Wells	M60	SOC	1:10:10	15:02	11.97	39
27	Joe House	M65	SO	1:11:20	16:12	12.17	38



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28	Trevor Griffiths	M70	BOK	1:11:52	16:44	12.26	38
29	Peter Entwistle	M65	BKO	1:12:49	17:41	12.43	37
30	Sgt M Cattermole	M55	256 Fd Hosp	1:13:11	18:03	12.49	36
31	SSgt N Gurung	M21	Army HQ	1:13:46	18:38	12.59	36
32	Richard Rae	M70	BKO	1:16:39	21:31	13.08	33
33	Peter Bartlett	M60	WIGHTO	1:18:20	23:12	13.37	31
34	Howard Thomas	M70	BOK	1:18:36	23:28	13.41	31
35	David Kingdon	M65	SAX	1:18:37	23:29	13.42	31
36	Philip Fawkner-Corbett	M65	BOK	1:19:01	23:53	13.48	31
37	Malcolm Scott	M60	SN	1:19:29	24:21	13.56	30
38	Chris Mcdonald	M75	MV	1:20:57	25:49	13.81	29
39	Martin Wiles	M55	SN	1:22:38	27:30	14.10	27
40	Phil Warry	M65	BOK	1:22:44	27:36	14.12	27
41	Ben Rivers	M75	GO	1:26:16	31:08	14.72	23
42	Barry Breed	M70	HH	1:26:34	31:26	14.77	23
43	Mike Dawson	M65	WSX	1:27:56	32:48	15.01	22
44	Nick Grant	M45	IND	1:31:18	36:10	15.58	18
45	Dave Andrews	M70	NGOC	1:34:16	39:08	16.09	15
46	Joanna Belsey	W55	SN	1:39:05	43:57	16.91	10
47	Carol Taverner	W60	WIGHTO	1:39:21	44:13	16.95	10
48	Ruth Rhodes	W75	SO	1:40:02	44:54	17.07	10
49	Frederick Smith	M55	GO	1:47:06	51:58	18.28	2
50	Julia Fowler	W55	BOF	1:49:31	54:23	18.69	0
51	Capt B Sexton	M55	256 Fd Hosp	1:58:08	1:03:00	20.16	0
52	SSgt L Rautenbach	W35	HQ RC	2:03:42	1:08:34	21.11	0
53	Lt Col D Pealin	M50	HQ RC	2:03:43	1:08:35	21.11	0
54	Tyrin Davidson	M21	IND	2:11:50	1:16:42	22.50	0
55	Michael White	M80	MV	2:43:36	1:48:28	27.92	0
DNF	SSgt J Reed	M35	War Gar	31:33	Retd		
DNF	Doug Greenwood	M45	BKO	59:45	Retd		
DSQ	Laurence Gossage	M65	BOK	1:03:29	Wrong No 14 (52 for 69)		
DSQ	CSjt D Beard	M35	4 Rifles	1:19:05	Wrong No 9 (53 for 72)		

Course: Lg Orange Length: 4.49 km Climb: 125 m

1	SSgt M Leonard	M21	War Gar	52:19		11.65	50
2	Thomas Rollins	M12	SN	1:01:26	9:07	13.68	41
3	Marissa Hughes	W45	TVOC	1:23:10	30:51	18.52	19



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4	John gordon Martin	M70	BAOC	1:23:54	31:35	18.69	18
5	Cpl B Halpin	M21	256 Fd Hosp	1:49:41	57:22	24.43	10
DNF	Ella Martin	W21	IND	1:16:31	Missed a few		