



MLS Henley Gate

December 04, 2019



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
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Course: ABCD-Brown Length: 8.07 km Climb: 80 m

1	Lt Col R Mawer	M45	Army HQ	49:16		6.10	105
2	SSgt T Dickinson	M35	Army HQ	55:43	6:27	6.90	98
3	2Lt A Freeman-Hall	M21	4 Para	56:37	7:21	7.02	97
4	Maj J Buchanan	M35	RMAS	56:45	7:29	7.03	97
5	Phil Slingsby	M50	SN	57:38	8:22	7.14	96
6	Colin Metcalfe	M60	BAOC	1:00:10	10:54	7.46	94
7	Jan Travnicek	M40	TVOC	1:00:20	11:04	7.48	94
8	Lt Col J Rhodes	M45	Army HQ	1:03:39	14:23	7.89	90
9	Maj A Snell	M45	Army HQ	1:04:38	15:22	8.01	89
10	Axel Blomquist	M65	BAOC	1:05:49	16:33	8.16	88
11	Maj D Murphy	M45	22 Engr Regt	1:06:10	16:54	8.20	88
12	Lt Col S Collinson	M50	HQ RC	1:06:34	17:18	8.25	87
13	Barry Jones	M50	SO	1:06:53	17:37	8.29	87
14	SAC T Jarvis	M20	RAF Digby	1:07:01	17:45	8.30	87
15	Keith Belsey	M50	SN	1:07:02	17:46	8.31	87
16	WO1 D Nolan	M45	DSEME	1:07:34	18:18	8.37	86
=17	Ian Ditchfield	M60	MV	1:08:37	19:21	8.50	85
=17	Katherine Bett	W21	SN	1:08:37	19:21	8.50	85

Course: CDAB-Brown Length: 8.07 km Climb: 80 m

19	Peter Huzan	M55	SLOW	1:09:08	19:52	8.57	85
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Course: ABCD-Brown Length: 8.07 km Climb: 80 m

20	Julian Hartwell	M60	SOC	1:09:16	20:00	8.58	85
21	Alan Leakey	M65	SLOW	1:09:27	20:11	8.61	84

Course: CDAB-Brown Length: 8.07 km Climb: 80 m

22	Charles Daniel	M60	BOK	1:09:30	20:14	8.61	84
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Course: ABCD-Brown Length: 8.07 km Climb: 80 m

23	Sgt G Coath	M21	26 Engr Regt	1:10:05	20:49	8.68	84
24	Lt Col JL Kay	M55	256 Fd Hosp	1:11:41	22:25	8.88	82

Course: BCDA-Brown Length: 8.07 km Climb: 80 m



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Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
25	WO2 J Edwards	M50	Minley Stn	1:11:52	22:36	8.91	82
Course: ABCD-Brown		Length: 8.07 km		Climb: 80 m			
26	Jon Magee	M55	SN	1:12:29	23:13	8.98	81
Course: BCDA-Brown		Length: 8.07 km		Climb: 80 m			
27	Nick Care	M60	SO	1:14:21	25:05	9.21	80
Course: ABCD-Brown		Length: 8.07 km		Climb: 80 m			
28	Lt Col G Ehlen	M55	Army HQ	1:14:40	25:24	9.25	79
29	Sue Carter	W50	SLOW	1:17:25	28:09	9.59	76
30	Neil Gordon	M55	AACen	1:17:44	28:28	9.63	76
Course: BCDA-Brown		Length: 8.07 km		Climb: 80 m			
31	Mike Bennett	M65	HH	1:20:33	31:17	9.98	73
Course: DABC-Brown		Length: 8.07 km		Climb: 80 m			
32	Don Mckerrow	M65	SLOW	1:21:59	32:43	10.16	72
Course: ABCD-Brown		Length: 8.07 km		Climb: 80 m			
33	John Leddy	M50	BOK	1:22:12	32:56	10.19	72
Course: DABC-Brown		Length: 8.07 km		Climb: 80 m			
34	WO S Collins	M50	RAF Swanwick	1:24:12	34:56	10.43	70
Course: ABCD-Brown		Length: 8.07 km		Climb: 80 m			
35	WO J Ferguson	M45	RAF Swanwick	1:30:05	40:49	11.16	64
Course: BCDA-Brown		Length: 8.07 km		Climb: 80 m			
36	Colin Swallow	M60	SN	1:47:01	57:45	13.26	47
Course: BCD-Blue		Length: 6.03 km		Climb: 65 m			
1	Matthew Grant	M45	SN	48:05		7.97	70



MLS Henley Gate

December 04, 2019



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
2	Andrew Parkinson	M65	SO	50:17	2:12	8.34	70
3	Frank Edge	M60	SN	50:25	2:20	8.36	70
4	Mark Glaisher	M65	SAX	50:52	2:47	8.44	70
5	Capt P Riley	M40	32 Regt RA	51:13	3:08	8.49	70
6	Alexi Dneiscrovski	M50	IND	51:15	3:10	8.50	70
7	Aimee Darley	W16	GO	51:45	3:40	8.58	70
8	SSgt R Moody	M21	HQ RC	52:49	4:44	8.76	70
9	Maj Alexander	M35	Army HQ	53:02	4:57	8.79	69
10	Charlie Turner	M65	SLOW	54:03	5:58	8.96	68
11	Cfn J Harrington	M21	17 Regt RLC	54:37	6:32	9.06	68
12	Ginny Hudson	W55	NGOC	55:38	7:33	9.23	67
13	Robin Smith	M65	SO	55:51	7:46	9.26	67
14	Peter Jones	M60	SN	56:18	8:13	9.34	66
15	John Tzanetis	M50	SN	56:33	8:28	9.38	66

Course: DBC-Blue Length: 6.03 km Climb: 65 m

16	Jon Paton	M55	SN	56:41	8:36	9.40	66
17	Lucy Paton	W55	SN	57:17	9:12	9.50	65

Course: BCD-Blue Length: 6.03 km Climb: 65 m

18	Maj C Deed	M50	HQ RC	58:09	10:04	9.64	64
19	Paul Oldfield	M60	BAOC	58:17	10:12	9.67	64

Course: DBC-Blue Length: 6.03 km Climb: 65 m

20	Mikhail Gryaznevich	M65	TVOC	58:37	10:32	9.72	64
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Course: BCD-Blue Length: 6.03 km Climb: 65 m

21	Sam Crompton	M40	BAOC	58:53	10:48	9.77	63
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Course: DBC-Blue Length: 6.03 km Climb: 65 m

22	Diane Leakey	W60	SLOW	58:56	10:51	9.77	63
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Course: BCD-Blue Length: 6.03 km Climb: 65 m

23	Mike Frizzell	M60	BADO	58:59	10:54	9.78	63
24	Brian Johnson	M65	WIM	59:34	11:29	9.88	63



MLS Henley Gate

December 04, 2019



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
25	Mark Collins	M55	DFOK	59:52	11:47	9.93	62
26	Maj M Butlin	M50	London UOTC	1:01:09	13:04	10.14	61
27	Andy Parker	M60	BADO	1:01:22	13:17	10.18	61

Course: DBC-Blue Length: 6.03 km Climb: 65 m

28	Sarah Howes	W60	SAX	1:01:58	13:53	10.28	60
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Course: BCD-Blue Length: 6.03 km Climb: 65 m

29	Michael Merritt	M60	SO	1:01:59	13:54	10.28	60
30	Sgt A Barker-Pilsworth	M45	RAF Chicksade	1:03:06	15:01	10.46	59
31	Rowena Naile	W55	BAOC	1:03:09	15:04	10.47	59
32	SSgt N Gurung	M21	Army HQ	1:03:11	15:06	10.48	59
33	Gnr L Thompson	M20	47 Regt RA	1:03:17	15:12	10.49	59
34	Helen Ashenden	W55	SN	1:03:39	15:34	10.56	59
35	Trish Monks	W40	BKO	1:03:40	15:35	10.56	59
36	Cpl G Thompson	M21	Minley Stn	1:04:00	15:55	10.61	58
37	Sgt R Hill	M35	Minley Stn	1:04:37	16:32	10.72	58
38	Maj T Martin	M45	Hermitage Stn	1:04:44	16:39	10.74	58
39	Lt Col D Pealin	M50	HQ RC	1:04:54	16:49	10.76	57

Course: DBC-Blue Length: 6.03 km Climb: 65 m

40	Antony Schofield	M55	MV	1:05:30	17:25	10.86	57
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Course: BCD-Blue Length: 6.03 km Climb: 65 m

41	Peter Dudman	M65	SO	1:05:44	17:39	10.90	57
42	Peter Davis	M60	SOC	1:05:51	17:46	10.92	57
43	LCpl P Dunne	M21	22 Engr Regt	1:06:02	17:57	10.95	56
44	David Lane	M65	SN	1:06:03	17:58	10.95	56

Course: CDB-Blue Length: 60.03 km Climb: 65 m

45	Melanie Slade	W50	SN	1:06:16	18:11	1.10	56
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Course: BCD-Blue Length: 6.03 km Climb: 65 m

46	Capt S Talbot	W35	22 Fd Hosp RAMC	1:07:52	19:47	11.25	54
47	Col N Heppenstall	M50	HQ RC	1:08:28	20:23	11.35	54



MLS Henley Gate

December 04, 2019



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
48	Trevor Griffiths	M70	BOK	1:08:46	20:41	11.40	54
49	Paul Wallace-Stock	M75	SN	1:08:55	20:50	11.43	53
50	Brian Hughes	M70	HOC	1:09:08	21:03	11.46	53
51	Martin Wiles	M55	SN	1:09:10	21:05	11.47	53
52	Peter Hull	M70	BAOC	1:10:30	22:25	11.69	52
53	Stephen Jackson	M65	NWO	1:13:23	25:18	12.17	49
54	Sue Hands	W70	WIM	1:15:15	27:10	12.48	47
55	Jon Vaughan	M40	BKO	1:20:01	31:56	13.27	42
56	Sgt M Cattermole	M55	256 Fd Hosp	1:21:56	33:51	13.59	40
57	Peter Riches	M65	TVOC	1:22:05	34:00	13.61	40
58	Sgt K Costello	W35	3 Sig Regt	1:22:17	34:12	13.65	40
59	Nigel Saker	M70	SLOW	1:22:52	34:47	13.74	39
60	Mike Turner	M65	SO	1:25:51	37:46	14.24	37
61	Matthew Knipe	M55	QO	1:34:11	46:06	15.62	28

Course: Short Green Length: 4.09 km Climb: 50 m

1	Edward Forman	M65	SO	33:19		8.15	50
2	WO2 S Venables	M40	CRHQ AGC	34:17	58	8.38	50
3	Phil Conway	M55	GO	35:02	1:43	8.57	50
4	Jane Archer	W65	SN	38:37	5:18	9.44	50
5	Philip Gristwood	M70	MV	42:06	8:47	10.29	50
6	Tom Mills	M70	NGOC	42:42	9:23	10.44	50
7	Roy Heselden	M70	BADO	43:17	9:58	10.58	49
8	Jon Wheatcroft	M65	TVOC	44:43	11:24	10.93	48
9	Nick Grant	M45	IND	45:30	12:11	11.12	47
10	Helen Rivers	W65	GO	45:32	12:13	11.13	47
11	Roger Maher	M80	SO	47:02	13:43	11.50	46
12	George Engelhardt	M65	MV	47:56	14:37	11.72	45
13	John Morris	M70	SO	48:52	15:33	11.95	44
14	Di Turner	W65	SO	49:06	15:47	12.00	44
15	Michael Krajewski	M35	BAOC	49:21	16:02	12.07	43
16	Fiona Clough	W55	BKO	49:35	16:16	12.12	43
17	Charlie Richardson	M75	SOC	49:49	16:30	12.18	43
18	Simon Farrington	M35	BAOC	51:00	17:41	12.47	42
19	George Elkin	M70	BAOC	51:03	17:44	12.48	42
20	Teresa Turner	W70	SLOW	51:16	17:57	12.53	41
21	Chris Simpson	M70	SO	51:26	18:07	12.58	41



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December 04, 2019



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
22	Christine Glew	W65	SLOW	52:02	18:43	12.72	41
23	Jerry Newcombe	M65	BOF	52:57	19:38	12.95	40
24	Rosie Merry	W55	DFOK	53:22	20:03	13.05	39
25	Hayley Collins	W21	DFOK	53:46	20:27	13.15	39
26	Ralph Phillips	M70	SO	54:51	21:32	13.41	38
27	Yvonne Hodson	W70	TVOC	55:33	22:14	13.58	37
28	John Thompson	M80	TVOC	55:48	22:29	13.64	37
29	Lesley Innes	W60	BKO	56:37	23:18	13.84	36
30	John Farren	M80	TVOC	56:56	23:37	13.92	36
31	Liz Stradling	W60	BKO	59:02	25:43	14.43	34
32	Mark Blackstone	M70	BOK	1:00:21	27:02	14.76	32
33	Timothy Angel	M80	SOC	1:00:29	27:10	14.79	32
34	Paul Smith	M50	BADO	1:01:37	28:18	15.07	31
35	Patrick Maher	M80	SO	1:09:07	35:48	16.90	24
36	Graham Harrison	M80	SOC	1:16:53	43:34	18.80	16
37	Roger Pring	M70	SAX	1:21:43	48:24	19.98	11
38	Sylvia Coles	W75	SO	1:29:44	56:25	21.94	3
39	Pat Hart	W75	SARUM	1:35:38	1:02:19	23.38	0
DSQ	Tony Noott	M80	BOK	1:10:42	Missed No 5 (85)		
DSQ	Sue Gallagher	W65	SO	1:15:13	Wrong No 4 (86 for 79)		

Course: AC-Light Green Length: 4.08 km Climb: 45 m

1	Alan Jones	M50	BKO	39:02		9.57	50
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Course: CA-Light Green Length: 4.08 km Climb: 45 m

2	Maj N Strachan	M60	3 MI	42:02	3:00	10.30	50
3	Joe House	M65	SO	42:25	3:23	10.40	50
4	Martin Lock	M70	GO	43:53	4:51	10.76	50

Course: AC-Light Green Length: 4.08 km Climb: 45 m

5	Marion Payne-Bird	W60	GO	45:28	6:26	11.14	50
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Course: CA-Light Green Length: 4.08 km Climb: 45 m

6	Jim Prowting	M70	TVOC	45:48	6:46	11.23	50
7	Kieran Devine	M65	BAOC	46:20	7:18	11.36	50
8	Ian Watson	M55	SN	47:24	8:22	11.62	50



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Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
9	WO2 D Bell	M50	CRHQ AGC	50:50	11:48	12.46	48
Course: AC-Light Green Length: 4.08 km Climb: 45 m							
10	Brian Hart	M70	SARUM	51:17	12:15	12.57	47
Course: CA-Light Green Length: 4.08 km Climb: 45 m							
11	Alan Brown	M65	NGOC	51:21	12:19	12.59	47
Course: AC-Light Green Length: 4.08 km Climb: 45 m							
12	Lt O Flaherty	W21	HQ 3 UK Div	52:22	13:20	12.83	46
13	Laurence Gossage	M65	BOK	52:36	13:34	12.89	46
Course: CA-Light Green Length: 4.08 km Climb: 45 m							
14	Richard Steptoe	M70	TVOC	52:51	13:49	12.95	46
15	Maj RM Pendleton	M55	CRHQ AGC	53:17	14:15	13.06	45
Course: AC-Light Green Length: 4.08 km Climb: 45 m							
16	Paul Kilpin	M70	TVOC	53:39	14:37	13.15	45
17	Tony Ludford	M75	BADO	53:47	14:45	13.18	45
Course: CA-Light Green Length: 4.08 km Climb: 45 m							
18	SSgt P Newman	M40	47 Regt RA	54:50	15:48	13.44	44
19	Colin Hicks	M65	SOC	55:33	16:31	13.62	43
Course: AC-Light Green Length: 4.08 km Climb: 45 m							
20	Mark Thompson	M60	TVOC	57:42	18:40	14.14	41
21	Ian Wells	M60	SOC	58:22	19:20	14.31	40
Course: CA-Light Green Length: 4.08 km Climb: 45 m							
22	Stephen Peacock	M65	SN	59:21	20:19	14.55	39
Course: AC-Light Green Length: 4.08 km Climb: 45 m							
=23	Pte T Lightfoot	M21	32 Regt RA	59:53	20:51	14.68	39



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Course: CA-Light Green Length: 4.08 km Climb: 45 m

=23	Mike Forrest	M65	BOK	59:53	20:51	14.68	39
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Course: AC-Light Green Length: 4.08 km Climb: 45 m

25	Mike Elliot	M65	MV	1:02:52	23:50	15.41	36
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Course: CA-Light Green Length: 4.08 km Climb: 45 m

26	Capt R Wade	M45	Army HQ	1:04:01	24:59	15.69	34
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Course: AC-Light Green Length: 4.08 km Climb: 45 m

27	Ben Rivers	M75	GO	1:04:33	25:31	15.82	34
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Course: CA-Light Green Length: 4.08 km Climb: 45 m

28	Julie Collins	W55	DFOK	1:09:35	30:33	17.05	29
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Course: AC-Light Green Length: 4.08 km Climb: 45 m

29	Ruth Rhodes	W75	SO	1:10:47	31:45	17.35	28
30	WO2 E O'Hara	W35	HQ AMS	1:11:06	32:04	17.43	27
=31	Beryl Pring	W70	SAX	1:17:38	38:36	19.03	21

Course: CA-Light Green Length: 4.08 km Climb: 45 m

=31	Timothy Angel	M80	SOC	1:17:38	38:36	19.03	21
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Course: AC-Light Green Length: 4.08 km Climb: 45 m

33	Colin Merry	M65	DFOK	1:18:55	39:53	19.34	19
34	Julia Fowler	W55	BOF	1:37:19	58:17	23.85	1
35	Michael White	M80	MV	1:46:03	1:07:01	25.99	0