



MLS LVS

November 27, 2019



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
Course: Brown Length: 8.4 km Climb: 240 m							
1	Lt Col R Mawer	M45	Army HQ	1:05:57		7.85	104
2	Ocdt P Jones	M20	RMAS	1:06:24	27	7.90	104
3	Will Heap	M45	SO	1:09:41	3:44	8.30	101
4	Colin Dickson	M60	BAOC	1:10:26	4:29	8.38	100
5	Jan Travnicek	M40	TVOC	1:11:30	5:33	8.51	99
6	Duncan Grassie	M35	SLOW	1:14:44	8:47	8.90	96
7	Colin Metcalfe	M60	BAOC	1:16:37	10:40	9.12	94
8	SSgt T Dickinson	M35	Army HQ	1:18:51	12:54	9.39	92
9	Samuel Leitch	M18	SO	1:19:28	13:31	9.46	91
10	Maj D Murphy	M45	22 Engr Regt	1:19:59	14:02	9.52	90
11	2Lt A Freeman-Hall	M21	4 Para	1:21:29	15:32	9.70	89
12	Sqn Ldr J Liston	M45	IND	1:23:35	17:38	9.95	87
13	Keith Belsey	M50	SN	1:24:38	18:41	10.08	86
14	Barry Jones	M50	SO	1:26:29	20:32	10.30	84
15	Kevin Goddard	M55	SO	1:27:50	21:53	10.46	83
16	Maj F Boardman	M40	MoD Abbey Wood	1:28:00	22:03	10.48	82
17	Philip Harvey	M45	WIM	1:28:28	22:31	10.53	82
18	WO1 G Radcliffe	M35	4 Regt AAC	1:28:29	22:32	10.53	82
19	Robin Mills	M50	WIM	1:29:13	23:16	10.62	81
20	Julian Hartwell	M60	SOC	1:29:22	23:25	10.64	81
21	Axel Blomquist	M65	BAOC	1:30:12	24:15	10.74	80
22	Thomas Jarvis	M20	RAFO	1:30:35	24:38	10.78	80
23	2Lt D Mileham	M20	2 Mercian	1:33:01	27:04	11.07	77
24	Sheralee Bailey	W45	DFOK	1:33:15	27:18	11.10	77
25	Mark Collins	M55	DFOK	1:33:52	27:55	11.17	77
26	Mark Saunders	M60	BOK	1:34:17	28:20	11.22	76
27	Neville Baker	M65	TVOC	1:35:39	29:42	11.39	75
28	Peter Huzan	M55	SLOW	1:37:31	31:34	11.61	73
29	Maj K Larsen	W40	Army HQ	1:39:40	33:43	11.87	71
30	Sgt G Coath	M21	26 Engr Regt	1:43:12	37:15	12.29	67
31	Andrew Hannaford	M60	SO	1:45:08	39:11	12.52	65
32	Lt Col G Ehlen	M55	Army HQ	1:46:18	40:21	12.65	64
33	Charles Daniel	M60	BOK	1:46:40	40:43	12.70	64
34	WO1 SD Greening	M50	Upavon Stn	1:48:21	42:24	12.90	62
35	WO S Collins	M50	RAF Swanwick	1:48:54	42:57	12.96	61
36	SSgt G Buckley	M55	HQ RC	1:49:49	43:52	13.07	61



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37	Don Mckerrow	M65	SLOW	1:50:19	44:22	13.13	60
38	Sue Carter	W50	SLOW	1:55:08	49:11	13.71	55
39	Colin Swallow	M60	SN	1:58:03	52:06	14.05	52
40	ATpr R Smith	M21	4 Regt AAC	1:59:57	54:00	14.28	50
41	Gavin Robinson	M50	BAOC	2:07:25	1:01:28	15.17	43
42	WO J Ferguson	M45	RAF Swanwick	2:08:57	1:03:00	15.35	41

Course: Blue Length: 6.6 km Climb: 190 m

1	Cameron Lamond	M45	SN	56:49		8.61	70
2	Paul Lane	M60	BAOC	58:38	1:49	8.88	70
3	Ian Ditchfield	M60	MV	1:00:46	3:57	9.21	70
4	Paul Martin	M50	SN	1:03:05	6:16	9.56	70
5	John Simmons	M65	BOK	1:03:09	6:20	9.57	70
6	David Frampton	M45	HH	1:03:42	6:53	9.65	70
7	Matthew Grant	M45	SN	1:04:12	7:23	9.73	70
8	Lt Col J Mawdsley	M45	Army HQ	1:04:39	7:50	9.80	70
9	Charlie Turner	M65	SLOW	1:04:57	8:08	9.84	70
10	Alan Leakey	M65	SLOW	1:05:23	8:34	9.91	70
11	Andrew Evans	M60	DFOK	1:06:21	9:32	10.05	70
12	Sarah Scarbrough	W35	MV	1:06:48	9:59	10.12	70
13	Katherine Bett	W21	SN	1:07:27	10:38	10.22	70
14	Chris Evans	M50	SLOW	1:08:00	11:11	10.30	70
15	Jackie Hallett	W60	BOK	1:08:36	11:47	10.39	69
16	Jonathan Lyle	M60	BOK	1:08:52	12:03	10.43	69
17	Gnr L Thompson	M20	47 Regt RA	1:09:23	12:34	10.51	68
18	OCdt M Bett	W21	OUOTC	1:09:37	12:48	10.55	68
19	Alison Simmons	W60	BOK	1:10:34	13:45	10.69	67
20	Brian Johnson	M65	WIM	1:10:39	13:50	10.70	67
21	WO2 G Mansfield	M21	12 Regt RA	1:11:19	14:30	10.81	67
22	WO2 J Edwards	M50	Minley Stn	1:11:38	14:49	10.85	66
23	Christopher Pritchett	M60	WIGHTO	1:13:28	16:39	11.13	64
24	Andrew Parkinson	M65	SO	1:13:42	16:53	11.17	64
25	WO2 S Byrne	M21	Artillery Centre	1:14:03	17:14	11.22	64
26	Paul Oldfield	M60	BAOC	1:14:44	17:55	11.32	63
27	David Dorling	M45	DFOK	1:14:47	17:58	11.33	63
28	Capt P Riley	M40	32 Regt RA	1:15:08	18:19	11.38	63
29	Mikhail Gryaznevich	M65	TVOC	1:15:35	18:46	11.45	62



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Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
30	Mike Bennett	M65	HH	1:15:45	18:56	11.48	62
31	SSgt D Magar	M50	HQ RC	1:16:37	19:48	11.61	61
32	Alice Bedwell	W55	BOK	1:16:51	20:02	11.64	61
33	Robin Smith	M65	SO	1:17:09	20:20	11.69	61
34	Martin Wilson	M70	BKO	1:18:02	21:13	11.82	60
35	Helen Errington	W55	HH	1:18:09	21:20	11.84	60
36	Derick Mercer	M55	BKO	1:18:21	21:32	11.87	60
37	Christine Jepson	W60	SO	1:18:27	21:38	11.89	59
38	Cfn J Harrington	M21	17 Regt RLC	1:19:13	22:24	12.00	59
39	Maj Alexander	M35	Army HQ	1:19:32	22:43	12.05	58
40	Mike Goldthorpe	M60	SOC	1:19:43	22:54	12.08	58
41	SSgt S Van Eck	M35	47 Regt RA	1:19:46	22:57	12.09	58
42	David Saunders	M60	HH	1:20:31	23:42	12.20	57
43	Maj K Baker	W45	17 Regt RLC	1:21:44	24:55	12.38	56
44	John Tzanetis	M50	SN	1:22:21	25:32	12.48	56
45	LCpl A Strathdee	M21	4 Regt AAC	1:22:37	25:48	12.52	55
46	Lucy Paton	W55	SN	1:22:39	25:50	12.52	55
47	Trevor Griffiths	M70	BOK	1:23:17	26:28	12.62	55
=48	Peter Dudman	M65	SO	1:23:51	27:02	12.70	54
=48	Sarah Howes	W60	SAX	1:23:51	27:02	12.70	54
50	Cpl J Mycoe	M21	4 Regt AAC	1:24:28	27:39	12.80	53
51	Kevin Pickering	M65	WIM	1:25:49	29:00	13.00	52
52	Sgt K Costello	W35	3 Sig Regt	1:25:50	29:01	13.01	52
53	Peter Hull	M70	BAOC	1:26:01	29:12	13.03	52
54	Andy Parker	M60	BADO	1:26:07	29:18	13.05	52
55	Michael Merritt	M60	SO	1:26:58	30:09	13.18	51
56	LCpl B Hammond	M21	4 Regt AAC	1:28:22	31:33	13.39	50
57	David Kingdon	M65	SAX	1:28:33	31:44	13.42	49
58	WO2 G Limbu	M35	10 QOGLR	1:28:59	32:10	13.48	49
59	SSgt M Allan	M21	Artillery Centre	1:29:02	32:13	13.49	49
60	Janos Pula	M40	SOC	1:29:16	32:27	13.53	49
61	Maj T Martin	M45	Hermitage Stn	1:30:23	33:34	13.69	47
62	James Morris	M70	GO	1:31:32	34:43	13.87	46
63	Mike Turner	M65	SO	1:31:47	34:58	13.91	46
64	Capt S Talbot	W35	22 Fd Hosp RAMC	1:33:26	36:37	14.16	44
65	Paul Oates	M70	DFOK	1:34:35	37:46	14.33	43
66	Tim Hughes	M65	TVOC	1:34:52	38:03	14.37	43
67	Jane Archer	W65	SN	1:36:15	39:26	14.58	42



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Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
68	Trish Monks	W40	BKO	1:37:55	41:06	14.84	40
69	Paul Wallace-Stock	M75	SN	1:37:57	41:08	14.84	40
70	SSgt N Gurung	M21	Army HQ	1:38:16	41:27	14.89	40
71	Malcolm Scott	M60	SN	1:38:55	42:06	14.99	39
72	Pte S Gurung	M21	10 QOGLR	1:40:38	43:49	15.25	37
73	Pte K Gurung	M21	10 QOGLR	1:41:40	44:51	15.40	36
74	Rowena Naile	W55	BAOC	1:42:08	45:19	15.47	36
75	Lt Col D Pealin	M50	HQ RC	1:43:52	47:03	15.74	34
76	Jon Vaughan	M40	BKO	1:45:05	48:16	15.92	33
77	Maj L Henderson	W45	HQ RC	1:45:16	48:27	15.95	33
78	Frederick Smith	M55	GO	1:57:36	1:00:47	17.82	20
79	Pte A Magar	M21	10 QOGLR	2:07:00	1:10:11	19.24	11
80	Michael White	M80	MV	3:06:28	2:09:39	28.25	0

Course: Short Green Length: 3 km Climb: 90 m

1	Frank Edge	M60	SN	31:28		10.49	50
=2	Phil Conway	M55	GO	33:28	2:00	11.16	50
=2	Maj WAS Allen	W50	London Central Garrison	33:28	2:00	11.16	50
4	Alan Kersley	M60	BADO	35:07	3:39	11.71	50
5	LCpl A Dabbs	M21	RSMS	36:56	5:28	12.31	50
6	WO1 N Wells	M40	28 Engr Regt	37:25	5:57	12.47	49
7	Mike Murray	M75	SLOW	38:09	6:41	12.72	49
8	John Harrison	M70	BADO	38:33	7:05	12.85	48
9	Peter Davis	M60	SOC	39:21	7:53	13.12	47
10	WO2 S Venables	M40	CRHQ AGC	40:04	8:36	13.36	47
11	Gabi Shanahan	W55	BAOC	40:42	9:14	13.57	46
12	Chris Barrington Brown	M60	BAOC	41:59	10:31	13.99	45
13	Cpl J Brown	M21	42 Engr Regt (GEO)	42:32	11:04	14.18	44
14	Jon Wheatcroft	M65	TVOC	42:33	11:05	14.18	44
15	Alan Richards	M70	NGOC	43:36	12:08	14.53	43
16	Sgt J Baker	M21	101 Eng Regt	44:48	13:20	14.93	42
17	Philip Gristwood	M70	MV	46:21	14:53	15.45	40
18	Nigel Saker	M70	SLOW	48:23	16:55	16.13	38
19	Maj A Lea	W40	Army HQ	49:13	17:45	16.41	38
20	Nick Kearns	M65	BAOC	49:15	17:47	16.42	38
21	WO2 D Bell	M50	CRHQ AGC	49:32	18:04	16.51	37
22	George Engelhardt	M65	MV	50:18	18:50	16.77	37



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23	Keith Marsden	M75	HH	50:27	18:59	16.82	36
24	Elisabeth Dickson	W60	BAOC	50:29	19:01	16.83	36
25	John Morris	M70	SO	50:36	19:08	16.87	36
26	Mike Elliot	M65	MV	50:37	19:09	16.87	36
27	Keiko Conway	W55	GO	50:42	19:14	16.90	36
28	Capt E Pickersgill	M45	RMAS	50:56	19:28	16.98	36
29	Roger Maher	M80	SO	52:44	21:16	17.58	34
30	Teresa Turner	W70	SLOW	53:29	22:01	17.83	33
31	Carol Taverner	W60	WIGHTO	54:58	23:30	18.32	32
32	Carol House	W60	SO	55:01	23:33	18.34	32
33	John Thompson	M80	TVOC	56:07	24:39	18.71	31
34	Nick Grant	M45	IND	56:37	25:09	18.87	30
35	Ted Mcdonald	M75	BOK	56:44	25:16	18.91	30
36	Anne Tynegate	W55	BADO	57:04	25:36	19.02	30
37	Jane Breed	W65	HH	57:32	26:04	19.18	29
38	John Farren	M80	TVOC	57:49	26:21	19.27	29
39	Fiona Clough	W55	BKO	58:17	26:49	19.43	29
40	Mark Blackstone	M70	BOK	58:20	26:52	19.44	28
41	Liz Stradling	W60	BKO	58:33	27:05	19.52	28
42	Hilary Pickering	W65	WIM	59:30	28:02	19.83	27
43	Yvonne Hodson	W70	TVOC	59:55	28:27	19.97	27
44	Maj(Retd) Holbrook	M60	12 Armd Bde	59:58	28:30	19.99	27
45	LCpl J Diamond	M21	11 EOD	1:03:02	31:34	21.01	24
46	Sue Gallagher	W65	SO	1:03:28	32:00	21.16	23
47	Christine Glew	W65	SLOW	1:03:57	32:29	21.32	23
48	Clare Fletcher	W75	BOK	1:04:12	32:44	21.40	23
49	Vicky Whaley	W35	SLOW	1:05:32	34:04	21.84	21
50	Patrick Maher	M80	SO	1:08:27	36:59	22.82	18
51	Ralph Phillips	M70	SO	1:09:18	37:50	23.10	18
52	Julia Fowler	W55	BOF	1:09:34	38:06	23.19	17
53	Roger Baker	M85	TVOC	1:10:45	39:17	23.58	16
54	Tony Noott	M80	BOK	1:11:04	39:36	23.69	16
55	Maj N Shah	M21	256 Fd Hosp	1:12:06	40:38	24.03	15
56	John Warren	M80	WIM	1:19:06	47:38	26.37	8
57	Pat Hart	W75	SARUM	1:43:02	1:11:34	34.34	0

Course: Light Green Length: 5 km Climb: 155 m



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1	Steve Bailey	M60	SN	49:55		9.98	50
2	Stephen Mckinley	M55	SN	52:13	2:18	10.44	50
3	Eamon Staunton	M60	WIM	53:52	3:57	10.77	50
4	Lt Col JL Kay	M55	256 Fd Hosp	55:41	5:46	11.14	50
5	Jon Magee	M55	SN	58:22	8:27	11.67	50
6	Colin Holcombe	M60	BAOC	58:39	8:44	11.73	50
7	Mike Frizzell	M60	BADO	1:00:19	10:24	12.06	49
8	Diane Leakey	W60	SLOW	1:00:37	10:42	12.12	49
9	WO2 P Scholfield	M35	Artillery Centre	1:00:38	10:43	12.13	49
10	Joe House	M65	SO	1:02:32	12:37	12.51	47
11	Sgt R Hill	M35	Minley Stn	1:02:45	12:50	12.55	47
12	LCpl A Freeman	M21	Minley Stn	1:03:42	13:47	12.74	46
13	Kieran Devine	M65	BAOC	1:04:37	14:42	12.92	45
14	Sarah louise Francis	W50	SN	1:04:59	15:04	13.00	45
15	Martin Lock	M70	GO	1:05:20	15:25	13.07	44
16	Laurence Gossage	M65	BOK	1:05:28	15:33	13.09	44
17	Tony Ludford	M75	BADO	1:07:02	17:07	13.41	43
18	Stephen Jackson	M65	NWO	1:08:30	18:35	13.70	41
19	David Battison	M70	SARUM	1:09:21	19:26	13.87	40
20	SSgt P Newman	M40	47 Regt RA	1:09:42	19:47	13.94	40
21	Maj RM Pendlenton	M55	CRHQ AGC	1:10:28	20:33	14.09	39
22	Marion Payne-Bird	W60	GO	1:12:04	22:09	14.41	38
23	Ian Wells	M60	SOC	1:12:07	22:12	14.42	38
24	David Lane	M65	SN	1:12:39	22:44	14.53	37
25	SAC M Sill	M40	RAF Honnington	1:13:25	23:30	14.68	36
26	Richard Rae	M70	BKO	1:15:59	26:04	15.20	34
27	Barry Breed	M70	HH	1:16:55	27:00	15.38	33
28	Cpl N Cowley	M21	1 RSME Regt	1:18:25	28:30	15.68	31
29	WO2 W Magill	M45	47 Regt RA	1:18:29	28:34	15.70	31
30	Peter Bartlett	M60	WIGHTO	1:19:42	29:47	15.94	30
31	Philip Fawkner-Corbett	M65	BOK	1:20:54	30:59	16.18	29
32	Ian Tait	M65	SARUM	1:22:30	32:35	16.50	27
33	Di Turner	W65	SO	1:22:53	32:58	16.58	27
34	Neil Watts	M60	SO	1:23:31	33:36	16.70	26
35	Christopher Moon	M65	BOK	1:23:54	33:59	16.78	26
36	Pte J Vaughan	M20	4 Para	1:24:32	34:37	16.91	25
37	Derek Graves	M75	IND	1:24:36	34:41	16.92	25
38	Lesley Innes	W60	BKO	1:25:22	35:27	17.07	24



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39	Kate Turner	W45	SO	1:25:44	35:49	17.15	24
40	Claire Leitch	W50	SO	1:25:54	35:59	17.18	24
41	Brian Hart	M70	SARUM	1:26:10	36:15	17.23	24
42	Maj Davis	M45	Artillery Centre	1:31:52	41:57	18.37	18
43	Mike Forrest	M65	BOK	1:32:22	42:27	18.47	17
44	Jen Daplyn	W40	SN	1:34:02	44:07	18.81	16
45	Jean Fitzgerald	W65	SAX	1:35:13	45:18	19.04	14
46	OCdt M Grant	M21	RMAS	1:35:32	45:37	19.11	14
47	Allan Darwell	M65	BOK	1:36:07	46:12	19.22	14
48	Nicola Harvey	W45	WIM	1:37:54	47:59	19.58	12
49	Julie Collins	W55	DFOK	1:38:11	48:16	19.64	12
50	Ruth Rhodes	W75	SO	1:38:45	48:50	19.75	11
51	Maj N Twentyman	M55	CRHQ AGC	1:40:01	50:06	20.00	10
52	Cpl EK Morrall	W21	RAFO	1:45:08	55:13	21.03	5
53	Helen Rivers	W65	GO	1:46:01	56:06	21.20	4
54	Sgt J West	W45	CRHQ AGC	1:53:13	1:03:18	22.64	0
55	Ben Rivers	M75	GO	1:55:08	1:05:13	23.03	0
56	Cpl MLJ Green	M21	12 Armd Bde	2:04:42	1:14:47	24.94	0
57	Marissa Hughes	W45	TVOC	2:17:30	1:27:35	27.50	0

Course: Orange Length: 2.9 km Climb: 70 m

1	Spr A O'Neill	M20	23 Engr Regt	36:07		12.45	50
2	Spr R Wise	M21	23 Engr Regt	36:21	14	12.53	50
3	Spr T Hamer-Powell	M18	23 Engr Regt	36:31	24	12.59	50
4	Cpl J Grey	M21	23 Engr Regt	39:19	3:12	13.56	50
5	Spr V Bultitude	W21	101 Eng Regt	53:35	17:28	18.48	50
6	LCpl D Gedsyk	W21	17 Regt RLC	54:55	18:48	18.94	50
7	Spr T Armstrong	M21	23 Engr Regt	55:11	19:04	19.03	50
8	Spr J Silver	M18	23 Engr Regt	56:07	20:00	19.35	49
9	Spr I Rees	M21	23 Engr Regt	57:51	21:44	19.95	47
10	Spr W White	M20	23 Engr Regt	58:02	21:55	20.01	47
11	Spr A Nairn	M21	23 Engr Regt	1:00:32	24:25	20.87	44
12	Spr C Woolley	M20	23 Engr Regt	1:01:06	24:59	21.07	44
=13	WO2 A Burdett	M50	London UOTC	1:11:18	35:11	24.59	34
=13	Ocdt I Choudhry	M21	London UOTC	1:11:18	35:11	24.59	34
15	OCdt R Crossland	W20	London UOTC	1:11:34	35:27	24.68	33
16	OCdt S Costanzi	W20	London UOTC	1:11:37	35:30	24.70	33



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17	Tpr J Harrison	W18	4 Regt AAC	1:12:01	35:54	24.83	33
18	ATpr B Atkins	M21	4 Regt AAC	1:12:09	36:02	24.88	33
19	Ocdt G De Lusignan	M20	London UOTC	1:23:38	47:31	28.84	21
20	Ocdt M Khalid	M20	London UOTC	1:23:39	47:32	28.84	21
21	OCdt N Rowczenio	W20	London UOTC	1:23:41	47:34	28.86	21
22	WO2 I Rathbone	M40	Artillery Centre	1:41:07	1:05:00	34.87	10