



**MILITARY LEAGUE(SOUTH)
SUMMER SERIES
HOSTED BY BAOC
LONG VALLEY SOUTH (WEST)
WEDNESDAY 18 SEPTEMBER 2019
Help required with manning barrier,
registration and control collecting**

BAOC

Travel Directions:	Map Sheet 186, Grid SU828492 nearest Post Code GU105AB. Parking is on tracks and clearings			
Terrain:	Fast runnable undulating open forest, intricate terrain and good network of tracks.			
Mapping:	Map fully updated in Summer 2019. Scale 1:7.500. Courses are over printed on waterproof A4 paper with IOF/text descriptions on the map. Loose control description will be provided at registration.			
Results System:	EMIT– Results available on spread sheet at http://baoc.info			
Registration:	1030 – 1355 hours			
Starts:	1035 – 1400 hours			
Course Closes:	1500 hours. Controls will be taken in at 1500hrs			
	All runners must download by course closure time; even if you do not finish the course.			
Courses:	Colour	Distance	Climb	Remarks
	Brown	8.3km	185m	Experienced orienteers only
	Blue	6.2km	160m	Experienced orienteers only
	Green	4.6km	135m	Experienced orienteers only
	Sh Green	3.3km	125m	Experienced orienteers only
	Score	1 hour		Suitable for Novices
Dress:	Full leg and arm cover is mandatory; that means no shorts or vests.			
Other Instructions:	Units wishing to bring in excess of 10 personnel are requested to contact the organiser in advance. Whistles are compulsory. Available £1 at registration. Dogs in car park only.			
Costs:	Military - £3.50p			
	Senior Civilians (M/W 21 and above) - £6.50p			
	Junior Civilians (M/W 20 and below) - £3.00p			
	EMIT Hire (if required) - £1.50p Free for Jnrs			
SRO:	WO2 Jason Edwards RE			
Organiser/Planner	Colin Dickson BAOC			
Controller:	Elisabeth Dickson BAOC			
Contact Details:	courses@armyorienteeing.com 07905050129			
Facilities:	Toms Food Wagon, Toilets and water			
Insurance	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2019 (v3.7) and land booked iaw the AOA DIO Licence and JSP907			
	Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.			

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)