



**MILITARY LEAGUE (SOUTH)
ORIENTEERING EVENT
HOSTED BY
AOA
LONGMOOR
WEDNESDAY 27 MARCH 2019**

Travel Directions:	Travel via the A3. Leave at the junction with the A325, signed for Birdworld. Follow north towards Bordon. Watch for orienteering signs directing on the Range road follow signs to car park. Observe 20mph speed limit on the Range Road			
Terrain:	Mixture of open heathland and a variety of forest types with an extensive track plan, with intricate contour details.			
Mapping:	A4 map, Scale 10,000. Courses are over printed on waterproof A4 paper with IOF/text descriptions on the map. Loose control description will be provided at registration.			
Results System:	EMIT – http://baoc.info			
Registration:	1100 – 1400 hours			
Starts:	1105 – 1405 hours			
Course Closes:	1530 hours. Controls will be taken in from 1530hrs			
All runners must download by course closure time; even if you do not finish the course.				
Courses:	Colour	Distance	Climb	Remarks
	Brown	8.9km	205m	Experienced orienteers only
	Blue	6.7km	175m	Experienced orienteers only
	Lt Green	4.5km	155m	Experienced orienteers only
	Sh Green	3.1km	130m	Experienced orienteers only
	Long Orange	3.5km	115m	Suitable for Novices
Dress:	Full leg and arm cover is mandatory; that means no shorts or vests.			
Other Instructions:	Units wishing to bring in excess of 10 personnel are requested to contact the organiser in advance. No Dogs permitted out on the course.			
Costs:	Military - £3.50p			
	Senior Civilians (M/W 21 and above) - £6.00p			
	Junior Civilians (M/W 20 and below) - £5.00p			
	EMIT Hire (if required) - £1.50p			
SRO:	Maj Andy Johnson			
Organiser:				
Planner	Colin Dickson BAOC			
Controller :	Phill Batts CLOK			
Contact Details:	coaching@armyorienteeing.com 07733047634			
Facilities:	Toms Food Wagon, Toilets and water at registration			
Insurance:	For civilians participating in Army orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw British Orienteering Rules 2018 (v3.7) and land booked iaw the AOA DIO Licence and JSP907			
Orienteering in the Army is classed as individual military training. Competitors are responsible for their own personal safety and for assessing their own abilities to complete the course.				

The personal data you give at Registration will be used by the event organisers and their agents but only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover; and, managed iaw the General Data Protection Regulation (GDPR)