



MLS Alice Holt Farnham

October 10, 2018



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
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Course: Brown Length: 8.2 km Climb: 150 m

1	Maj R Barrett	M45	Deepcut Station	1:05:20		7.97	104
2	WO1 J Skelton	M35	47 Regt RA	1:09:17	3:57	8.45	100
3	Simon Farrington	M35	BAOC	1:12:47	7:27	8.88	96
4	Phil Murray	M50	BOK	1:13:17	7:57	8.94	96
5	Sqn Ldr G Ellis	M40	RAF High Wycombe	1:15:28	10:08	9.20	94
6	Colin Dickson	M60	BAOC	1:15:35	10:15	9.22	94
7	Capt T Furlong	M21	27 Regt RLC	1:15:40	10:20	9.23	93
8	Michael Krajewski	M35	BAOC	1:16:51	11:31	9.37	92
9	Capt E Dickiins	M21	Army HQ	1:16:55	11:35	9.38	92
10	Mark Saunders	M55	BOK	1:17:37	12:17	9.47	92
11	Sgt D Cope	M35	47 Regt RA	1:18:22	13:02	9.56	91
12	Maj S Collinson	M50	HQ RC	1:19:08	13:48	9.65	90
13	Peter Huzan	M50	SLOW	1:20:00	14:40	9.76	89
14	John Oakes	M45	WIM	1:21:17	15:57	9.91	88
15	Barry Jones	M50	SO	1:23:42	18:22	10.21	85
16	Sqn Ldr R Bromfield	M35	Army HQ	1:24:18	18:58	10.28	85
17	Capt Gallagher	M40	32 Regt RA	1:24:47	19:27	10.34	84
18	Axel Blomquist	M65	BAOC	1:25:09	19:49	10.38	84
19	Julian Hartwell	M60	SOC	1:25:23	20:03	10.41	84
20	Capt A Harris	M40	HQ RC	1:26:41	21:21	10.57	82
21	Keith Belsey	M50	SN	1:27:02	21:42	10.61	82
22	Kevin Fielding	M50	HH	1:27:08	21:48	10.63	82
23	Colin Metcalfe	M55	BAOC	1:28:28	23:08	10.79	81
24	WO S Collins	M50	RAF Swanwick	1:31:08	25:48	11.11	78
25	Nick Care	M55	SO	1:31:36	26:16	11.17	78
26	Melanie Slade	W50	SN	1:31:46	26:26	11.19	77
27	Charles Daniel	M60	BOK	1:31:51	26:31	11.20	77
28	WO2 S Southwick	M35	17 Regt RLC	1:33:48	28:28	11.44	75
29	Sgt G Coath	M21	26 Engr Regt	1:35:01	29:41	11.59	74
30	Lt Col A Hampshire	M45	MoD Abbey Wood	1:38:51	33:31	12.05	70
31	Mike Bennett	M65	HH	1:41:06	35:46	12.33	68
32	Sgt ST Powers	M40	RAF Benson	1:43:00	37:40	12.56	66
33	Maj K Larsen	W40	Army HQ	1:44:27	39:07	12.74	65
34	WO1 J Leddy	M45	Army HQ	1:44:42	39:22	12.77	64
35	Neil Gordon	M55	AACen	1:46:25	41:05	12.98	63
36	Sgt D De Jager	M21	12 Regt RA	1:47:14	41:54	13.08	62



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37	WO1 SD Greening	M50	Upavon Stn	1:49:01	43:41	13.29	60
38	Andrew Hannaford	M60	SO	1:49:47	44:27	13.39	59
39	Lt Col JL Kay	M55	256 Fd Hosp	1:51:03	45:43	13.54	58
40	Chris Poole	M55	RAFO	1:51:40	46:20	13.62	57
41	Capt K Baker	W45	17 Regt RLC	1:52:03	46:43	13.66	57
42	Gp Capt R Woods	M45	RAFO	1:53:27	48:07	13.84	56
43	SSgt D Magar	M50	Upavon Stn	1:53:56	48:36	13.89	55
44	Sgt D Gurung	M21	17 Regt RLC	1:54:32	49:12	13.97	55
45	Pte R Taylor	M21	17 Regt RLC	1:55:17	49:57	14.06	54
46	Cpl R Baptista	M35	RAFO	1:59:33	54:13	14.58	50
47	Tim Young	M40	GO	2:02:57	57:37	14.99	46
48	Capt PD Dorritt	M45	11 Regt RLC	2:07:41	1:02:21	15.57	41
49	FS Ferguson	M45	RAF Swanwick	2:13:31	1:08:11	16.28	36

Course: Blue Length: 6.3 km Climb: 130 m

1	Lt Cdr O Nokes	M35	RN/RMOC	1:03:29		10.08	70
2	Jan Travnicek	M40	TVOC	1:06:57	3:28	10.63	70
3	Robin Smith	M65	SO	1:08:57	5:28	10.94	70
4	Charlie Turner	M65	SLOW	1:09:51	6:22	11.09	70
5	Cdr DP Rawlings	M55	RN/RMOC	1:11:16	7:47	11.31	68
6	Tim Clark	M35	IND	1:13:26	9:57	11.66	66
7	WO1 D Nolan	M40	DSEME	1:15:37	12:08	12.00	64
8	Mick Smith	M70	HH	1:16:50	13:21	12.20	63
9	Capt C Reid	M45	Chepstow Stn	1:19:49	16:20	12.67	60
10	Sgt Densley	M21	Hermitage Stn	1:19:56	16:27	12.69	59
11	Lt Col S Carter	M55	Army HQ	1:20:14	16:45	12.74	59
12	Col N Heppenstall	M50	Army HQ	1:20:49	17:20	12.83	59
13	WO2 O'Hanlon	M50	ATR Winchester	1:20:52	17:23	12.84	59
14	Lucy Paton	W55	SN	1:21:03	17:34	12.87	58
15	Jon Paton	M55	SN	1:21:47	18:18	12.98	58
16	David Watkins	M60	BADO	1:22:35	19:06	13.11	57
17	Peter Davis	M60	SOC	1:22:50	19:21	13.15	57
18	Jon Magee	M50	SN	1:23:57	20:28	13.33	55
19	Lt Col A Robertson	M40	Upavon Stn	1:24:21	20:52	13.39	55
20	Bdr B McConnon	M21	ATR Winchester	1:24:54	21:25	13.48	54
21	LCpl A Webster	M21	26 Engr Regt	1:25:35	22:06	13.58	54
22	Cpl K Thapa	M35	27 Regt RLC	1:26:34	23:05	13.74	53



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October 10, 2018



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23	John Tzanetis	M50	SN	1:26:48	23:19	13.78	53
24	Cpl N Gurung	M21	16 Regt RA	1:26:55	23:26	13.80	52
25	David Lane	M65	SN	1:27:03	23:34	13.82	52
26	Maj A Rudd	M50	RSMS	1:27:45	24:16	13.93	52
27	Michael Merritt	M60	SO	1:28:08	24:39	13.99	51
28	Roger Maher	M80	SO	1:28:23	24:54	14.03	51
29	Jim Prowting	M70	TVOC	1:29:27	25:58	14.20	50
30	Andy Parker	M60	BADO	1:29:53	26:24	14.27	50
31	Maj JM Rider	M45	Upavon Stn	1:31:47	28:18	14.57	48
32	Cpl S Kenyon	M35	15 Sig Regt	1:31:59	28:30	14.60	47
33	Tom Edelsten	M75	CHIG	1:32:09	28:40	14.63	47
34	Sgt A Barker-Pilsworth	M45	RAF Chicksade	1:32:29	29:00	14.68	47
35	Nigel Saker	M70	SLOW	1:35:17	31:48	15.12	44
36	Capt G Logan	M50	HQ RC	1:35:36	32:07	15.17	44
37	Lt Col D Pealin	M50	HQ RC	1:44:49	41:20	16.64	35
38	LCpl E Kapusa	M35	47 Regt RA	1:50:04	46:35	17.47	29
39	Paul Oates	M65	DFOK	1:51:09	47:40	17.64	28
40	Richard Stanhope	M60	SLOW	1:51:15	47:46	17.66	28
41	Tim Keogh	M55	MV	1:51:38	48:09	17.72	28
42	SSgt Harris	M40	15 Sig Regt	1:51:40	48:11	17.72	28
43	Norman Wilson	M65	SOC	1:55:46	52:17	18.38	24
44	Julian Martin	M70	SN	2:01:50	58:21	19.34	18
45	Ruth Rhodes	W75	SO	2:12:29	1:09:00	21.03	7
46	Michael White	M80	MV	3:36:54	2:33:25	34.43	0

Course: Light Green Length: 4.5 km Climb: 95 m

1	Jonathan Lyle	M55	BOK	44:19		9.85	50
2	Cameron Lamond	M45	SN	46:39	2:20	10.37	50
3	WO2 A Widdup	M35	15 Sig Regt	52:30	8:11	11.67	50
4	Lt Col T Symonds	M40	Upavon Stn	55:09	10:50	12.26	50
5	Alan Jones	M50	BKO	55:28	11:09	12.33	49
6	Rfn C Bamford	M21	1 Rifles	57:02	12:43	12.67	48
7	Rfn S Cahill	M21	1 Rifles	57:04	12:45	12.68	48
8	Cpl S Van Aswegen	M21	27 Regt RLC	57:06	12:47	12.69	48
9	Rfn J Roe-Lavery	M21	1 Rifles	57:15	12:56	12.72	48
10	Rfn J Rowlands		1 Rifles	58:02	13:43	12.90	47
11	LCpl Limbu	M21	27 Regt RLC	58:04	13:45	12.90	47



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October 10, 2018



Posn	Name	Age Group	Unit / Club	Time	Deficit	Pace, mins/km	Points
12	Cpl A Rocks	M21	Hermitage Stn	58:07	13:48	12.91	47
13	Joe House	M60	SO	58:13	13:54	12.94	47
14	Lt C McColl	M21	3 Regt RLC	58:38	14:19	13.03	46
15	Philip Gristwood	M65	MV	1:00:23	16:04	13.42	45
16	Carol House	W60	SO	1:01:32	17:13	13.67	43
17	Roy Heselden	M70	BADO	1:02:52	18:33	13.97	42
18	Sgt M Swart	M21	12 Regt RA	1:02:58	18:39	13.99	42
19	Gnr M Good	M21	12 Regt RA	1:03:00	18:41	14.00	42
20	Capt P Hinton	M21	12 Regt RA	1:03:06	18:47	14.02	42
21	Maj Alexander	M35	RMAS	1:03:13	18:54	14.05	42
22	Mike Gibson	M55	SARUM	1:05:16	20:57	14.50	40
23	LCpl C J Todd	M21	27 Regt RLC	1:06:08	21:49	14.70	39
24	Mark Thompson	M60	TVOC	1:06:47	22:28	14.84	38
25	Cliff Thorne	M60	BKO	1:08:10	23:51	15.15	37
26	George Elkin	M70	BAOC	1:10:12	25:53	15.60	35
27	John Morris	M70	SO	1:13:29	29:10	16.33	31
28	Helen Rivers	W60	GO	1:14:01	29:42	16.45	31
29	Jon Vaughn	M40	IND	1:15:34	31:15	16.79	29
30	Chris Rose	W65	BADO	1:17:59	33:40	17.33	27
31	Fiona Hanstock	W60	BOK	1:18:21	34:02	17.41	27
32	Denise Mullins	W65	SARUM	1:18:40	34:21	17.48	26
33	Ben Rivers	M70	GO	1:18:59	34:40	17.55	26
34	Carol Taverner	W55	WIGHTO	1:20:31	36:12	17.89	24
35	Spr R Bradley	W21	RSMS	1:23:08	38:49	18.47	22
36	Mike Elliot	M65	MV	1:23:22	39:03	18.53	22
37	Capt R Ferrin	M40	17 Regt RLC	1:23:45	39:26	18.61	21
38	Maj P Jackson	M55	Upavon Stn	1:23:50	39:31	18.63	21
39	Spr J Cadavez	M21	RSMS	1:24:31	40:12	18.78	20
40	Laurie Rose	M65	BADO	1:24:34	40:15	18.79	20
41	Ralph Phillips	M70	SO	1:25:57	41:38	19.10	19
42	Rfn A Orrock	M21	1 Rifles	1:25:59	41:40	19.11	19
43	LCpl C Woods-Stride	M21	Hermitage Stn	1:27:40	43:21	19.48	17
44	Spr B Hodge	M21	Hermitage Stn	1:28:10	43:51	19.59	17
45	Sgt M Rana	M40	12 Regt RA	1:28:50	44:31	19.74	16
46	Rfn W Ordinado	M21	1 Rifles	1:29:43	45:24	19.94	15
47	Rfn D Evans	M21	1 Rifles	1:30:01	45:42	20.00	15
48	Maj(Retd) Holbrook	M60	12 Armd Bde	1:31:10	46:51	20.26	14
49	Maj Harding	M45	Army HQ	1:32:00	47:41	20.44	13



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50	Pte Shrestha	M21	27 Regt RLC	1:36:04	51:45	21.35	9
51	LCpl Rana	M21	27 Regt RLC	1:38:09	53:50	21.81	7
52	SSgt L Rautenbach	W21	HQ RC	1:38:51	54:32	21.97	6
53	LCpl D Brookes	M21	12 Regt RA	1:39:02	54:43	22.01	6
54	LCpl C Parkin	M21	12 Regt RA	1:39:03	54:44	22.01	6
55	LCpl K Topp	W21	Hermitage Stn	1:40:25	56:06	22.31	4
56	Cpl Frankham	M21	Hermitage Stn	1:41:00	56:41	22.44	4
57	Ayako Luu	W40	GO	1:41:55	57:36	22.65	3
58	Sgt P Howells	M55	256 Fd Hosp	1:45:00	1:00:41	23.33	0
59	Flt Lt R Sullivan	M55	Surrey Wing ATC	1:48:53	1:04:34	24.20	0

Course: Short Green Length: 3 km Climb: 85 m

1	Neil Watts	M60	SO	41:21		13.78	50
2	Mike Murray	M70	SLOW	44:13	2:52	14.74	50
3	Martin Lock	M70	GO	45:06	3:45	15.03	50
4	Elisabeth Dickson	W60	BAOC	50:41	9:20	16.89	50
5	Terry Smith	M65	SOC	50:44	9:23	16.91	50
6	Maj C Deed	M50	HQ RC	51:47	10:26	17.26	50
7	Andy Macgregor	M75	BADO	56:09	14:48	18.72	49
8	Chris Simpson	M70	SO	1:00:33	19:12	20.18	45
9	Steve Taverner	M60	WIGHTO	1:01:33	20:12	20.52	44
10	Lt Col S L Streete	W55	London Central Garrison	1:03:11	21:50	21.06	42
11	Roger Holehouse	M65	WIM	1:04:05	22:44	21.36	41
12	Tony Noott	M80	BOK	1:09:34	28:13	23.19	36
13	John Warren	M80	WIM	1:26:51	45:30	28.95	18
14	Graham Harrison	M75	SOC	1:26:55	45:34	28.97	18
15	Richard Baldwin	M70	SN	1:33:49	52:28	31.27	11
16	Timothy Angel	M75	SOC	1:36:05	54:44	32.03	9
17	Pat Hart	W75	SARUM	1:50:03	1:08:42	36.68	0
18	Vicki Barkaway	W65	SOC	1:57:27	1:16:06	39.15	0
19	Deborah Carpenter	W65	SN	2:24:31	1:43:10	48.17	0

Course: Orange Length: 3.5 km Climb: 70 m

1	SSgt N Fletcher	M35	32 Regt RA	35:39		10.19	50
2	Sgt S Van Eck	M35	32 Regt RA	36:40	1:01	10.48	50
3	WO2 D Gosney	M21	32 Regt RA	37:29	1:50	10.71	49



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4	Ian Watson	M55	SN	38:42	3:03	11.06	48
5	WO2 WJ Magill	M40	32 Regt RA	39:01	3:22	11.15	48
6	Cpl KA Shrestha	M40	3 Regt RLC	45:40	10:01	13.05	41
7	Pte O Davis	M20	3 Regt RLC	46:19	10:40	13.23	40
8	Sgt D Spilsbury	M35	16 Regt RA	46:44	11:05	13.35	40
9	Pte N Tozer	M21	3 Regt RLC	48:00	12:21	13.71	39
10	Pte J Sutton	M21	3 Regt RLC	48:03	12:24	13.73	39
11	Pte L Rowland	M20	3 Regt RLC	48:39	13:00	13.90	38
12	Pte J Barnes	M21	3 Regt RLC	48:44	13:05	13.92	38
13	Julie Leppard	W60	SN	1:03:15	27:36	18.07	23
14	Sgt A Leonard	W21	15 Sig Regt	1:19:22	43:43	22.68	10
15	LCpl D Anderson	W21	17 Regt RLC	1:42:09	1:06:30	29.19	10