

DAY 1 – SPANISH TEAM

Demo Map. A small demo map will be available with pre-placed training controls on Day 1 near Assembly.

Coaching. The AOA Coaching Officer will organise training for the morning of day 1.

Outline. A Spanish Score orienteering race run by a team of four competitors who all must visit all controls in any order, with no time limit, with the last runner in to count.

Event Times for Day 1. The start will not open before 1200 hrs; and courses should not close before 1600 hrs.

Event Planning. The map scale will be 1:10,000 for all courses, with optimal course length determined by the planner upon terrain and climb, and within the following margins, ideally:

Course	Optimal winning time	Number of controls <i>Not to exceed</i>	Technical Difficulty (TD)
Long (Blue)	60 mins	<35	TD5
Short (Light Green)	45 mins	<25	TD3 & TD4

Table 1 – Spanish Score Course Planner.

DAY 2 – HARRIS TEAM

Outline. A Harris Team race is run by a team of four competitors who start together and run simultaneously; visiting mandatory spine and additional controls. The team's result is based on the time of their last runner in.

Event Times for Day 2. The start should open no later than 1000 hrs; and, the course should close before 1300 hrs. Prize giving should be planned to take place NLT 1400 hrs.

Event Planning. The map scale will be 1:10,000 for the course, with the exact course length dependent upon terrain and climb, and within the following margins:

Course	Type	Length <i>not to exceed</i>	Number of controls <i>Not to exceed</i>	Technical Difficulty (TD)
Long	Spine	4 km	<9	TD2
	Other Controls	Control distribution dependent upon terrain and climb	<31	TD2, TD3 & TD4
Short	Spine	3 km	<6	TD2
	Other Controls	Control distribution dependent upon terrain and climb	<24	TD2 & TD3

Table 2 – Harris Score Course Planner.

Penalties. The time penalty for missing a control on both days will be 15 mins per control missed.

Start Plan.

Class	Day 1	Day 2
E (U25) Class	1330 hrs	1030 hrs
D (Short) Class		
C (Female) Class	1340 hrs	1040 hrs
B (Masters) Class	1350 hrs	1050 hrs
A (Senior) Class	1400 hrs	1100 hrs

Table 4 – Mass Start Plan.

Results Plan.

Day 1 Spanish Team	Day 2 Harris Team
<i>The last runner's time counts</i>	
Winner is the team with lowest cumulative time over two days	
A (Senior) Class <i>Team of four runners</i>	
Spanish Long	Harris Long
B (Masters) Class <i>Team of four runners all over 40 years old on the day of the competition</i>	
Spanish Long	Harris Long
C (Female) Class <i>Team of four female runners</i>	
Spanish Short	Harris Short
D (Short) Class <i>Team of four runners</i>	
Spanish Short	Harris Short
E (Under 25) Class <i>Team of four runners under 25 years old on the day of the competition</i>	
Spanish Short	Harris Short

Table 5 – Day 1 & Day 2 Results Planner.