



MILITARY LEAGUE NORTH ORIENTEERING

Event #9 17/18

Cod Beck, Osmotherley

(Cod Beck Drovers Road)

Wed 14 Feb 18



ITC

DETAILS	The next MLNO fixture of the season will be held at Cod Beck, Osmotherley – OS Map Malton & Pickering Sheet 100 Grid 473981
TRAVEL DIRECTIONS	Osmotherley (Cod Beck Reservoir) is situated east of the A19. Car parking area will be signed from the slip road 1 Mile west of Osmotherley and also from the Market Cross Osmotherley . If using the A19 travelling North or South turn off at the Osmotherley turning. If approaching from Northallerton use the A684 head towards A19/Osmotherley, turn off for Osmotherley.
PARKING	Parking is free and will be marked from the centre of Osmotherley. This will be on the Old Drovers road at the back (East side) of the forestry block. This is a farm track but can be accessed by cars/mini buses if taking it steady. TOILETS: Portable toilets will be available on site.
TERRAIN	The area is a mixed wooded and moorland heath terrain. Wood blocks containing a detailed track network with lots of undulating ground. Open heath that is again undulating and in places very runnable. Full leg and arm cover is mandatory and essential!
REGISTRATION	Register online via: http://www.clok.org.uk/cgi-bin/MLN_entry_01.pl before 1200hrs Tue 13 Feb 18. Email or text entries also accepted to Phill Batts 07733 047 634, containing full name, age and course. Registration will be open on the day from 1030 -1315hrs . Course closes at 1500hrs All runners must download – even if they don't complete the course
COURSES	Blue Course 6.2 Km, 19 Controls, 160m Climb Lt Green Course 4.5 Km, 12 Controls, 120m Climb Red Course 4.8 Km, 16 Controls, 95m Climb
TIMINGS	Registration 1030-1315hrs Starts 1045-1330hrs Course Closes 1500hrs
MAP	1:10.000 A4 Pre-marked on waterproof paper. A 1:5.000 Inset on the Blue and Lt Green maps only. Loose descriptions will be available on the day for Blue and Lt Green courses.
COST	£3 for military, £5 for civilians
EMIT	The event will use the EMIT Touch Free Electronic Punching. Competitors will register and be issued with an ETag. Competitors may start any time– there will be a charge of £65 for any runner losing his/her ETag. Individuals may attempt as many courses as they wish but MUST download at the end of each course.
OFFICIALS	Planner: WO2 Pete Bennison Controller: WO1 Karl Rhodes Administration Sgt Matt Lawton Resp Officer: WO1 Karl Rhodes
FACILITIES	Toilets are available but NO Changing facilities are available at the admin area –There will be refreshments available at the end of the run – A small tuck shop will be available at the registration area for hot drinks. Dogs are permitted, they must be supervised at all times.
CIVILIAN INSURANCE	For civilians participating in Army Orienteering, Public Liability Insurance is provided by Towergate; individuals are advised to have their own private accident insurance. This event is conducted iaw BOF 2016 Rules.

ORIENTEERING IN THE ARMY IS CLASSED AS MILITARY TRAINING AND ALL OTHERS TAKE PART DO IT AT THEIR OWN RISK.



23rd May 2018, 1st day of Army Inter Unit Champs

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World Orienteering Day