



**MILITARY LEAGUE (SOUTH)
RA & REME ORIENTEERING CHAMPIONSHIPS
HOSTED BY
5 REGT RA
LONG VALLEY NORTH
THURSDAY 12 OCTOBER 2017**



- Travel Directions:** Map Sheet 186, Grid SU 855 521 nearest Post Code GU11 2ET. Entry onto Rushmoor Arena is on a bend/jct of the A323 Fleet road. Drivers must approach with caution. Parking is on the grassed area.
- Terrain:** The area is a mix of woods, rough open and contains many intricate areas with an excellent network of tracks. The area to the North is the high speed driver testing area and is out of bounds.
- Mapping:** Scale 1:10,000. Last updated 2014, minor updates for this event. Printed on A4 landscape, waterproof paper. Loose control descriptions available at start.
- Results System:** EMIT– Results available at <http://www.baoc.info/content/baoc-results-main-index>
- Registration:** 0900 - 1000 hours for RA. 0900- 1230 for others.
- Starts:** 1030 - 1230 hours. Start times issued prior to the event for RA.
- Course Closes:** 1400 hours

ALL RUNNERS MUST DOWNLOAD BY COURSE CLOSURE TIME; EVEN IF YOU DO NOT FINISH THE COURSE.

Courses:	Colour	Controls	Distance	Climb	Remarks
	Brown	25	7.9 km	80m	Experienced orienteers only
	Blue	17	6.2 km	70m	Experienced orienteers only
	Light Green	15	4.4 km	60m	Experienced orienteers only
	Long Orange	13	4.1 km	50m	Suitable for novices
	60 min Score	30	n/a	n/a	REME Score Champs only

All course distances and climb are subject to final controlling

- Dress:** Full leg and torso cover is mandatory; that means no shorts or vests.
- Other Instructions:** RA & REME runners must pre-enter through their Corps organiser. Admin Instructions for each event can be found on <http://www.baoc.info/events> . EOD for civilians and other military runners.
- Costs:** Military - £2.50p
Senior Civilians (M/W 21 and above) - £5.00p
Junior Civilians (M/W 20 and below) - £4.00p
EMIT Hire (if required) - £1.50p
- SRO:** Capt Al Mathers RA
Organiser: Capt Al Mathers (RA) & Lt Michelle Scott (REME)
Controller: Elisabeth Dickson BAOC
Planner: Colin Dickson BAOC
Contact Details: For RA entrants : Capt Al Mathers 94731 5627 (01748 875627)
For REME entrants : Lt Scott 01249 894936
- Facilities:** Toilets and water. Tom's Catering Van in attendance.
- Insurance:** For civilians participating in Army orienteering, Public Liability Insurance is provided by Torgate. Individuals are also advised to have their own private accident insurance. This event is conducted iaw BO 2017 Rules and land booked iaw JSP 907.

Orienteering in the Army is classed as military training. All others take part at their own risk.

The personal data you give at Registration will be used by the event organisers and their agents only for the purpose of processing/publishing entries/results, conducting safety checks and as required by our insurers to validate our cover.