



The Qualification

The Level Two qualification is for people who wish to coach the techniques and skills of orienteering beyond an introductory level and apply them on all areas except those that are complex, exposed or mountainous. The qualification is only suitable for those with experience of coaching orienteering.

The qualification is awarded by the Scottish Qualification Authority and is slightly different to the new English and Welsh version. We have taken the decision to offer this as the qualification is more rigorous and offers significant cost savings to you.

Course Pre Requisites

- Be 18 years of age or older on the first day of the course
- Demonstrate an ability to perform the skills and techniques of TD5 (Level 5) of the British Orienteering Step System
- Hold the UKCC Level 1 Certificate in Coaching Orienteering
 - or equivalent qualification
 - or coaching experience plus home study tasks. This is assessed prior to acceptance on the course.

The Course Content

- Induction and pre-course tasks -3 hours
- Course of training including practical and theory – 18 hours
- formative assessment on completion of the tuition element
- Home study prior to assessment -20 hours
- A further 6 coaching sessions, that are progressive and mentored by a qualified coach, will take place following the course and prior to assessment.

The Assessments

- Coach Educator's assessment of candidate's coaching and knowledge -6 hours
- Independent assessment of a practical coaching session and tasks -2 hours

The Portfolio

Candidates will be required to complete a full and detailed portfolio, which is task-based. Much of this work will be completed during the theory parts of the course programme. The Portfolio will include evidence of:

- Gathering information – including risk assessments and incident forms
- Roles, skills, qualities and ethical values
- Fitness for orienteering
- Anti-doping
- Coaching styles and effective communication
- Planning coaching sessions and evaluating them

Additional evidence should be collated for your portfolio (only photocopies required):

- Any certificates e.g. Level One Coach Award, Teaching Orienteering Certificate, Train the Trainer
- Any sports coach UK (scUK) Workshop certificates
- Work to include:
 - Orienteering Step System and Long Term Athlete Development model

- Coaching styles and philosophy
- How to Coach Skills
- Introducing a technique at technical difficulty 1 and 2 (practical)
- Safety management
- Planning sessions
- Developing a technique to technical difficulty 3 (practical)
- Goal setting
- Mental aspects of orienteering
- Evaluating orienteering performance
- Shadowing (practical)
- Components of fitness
- Warming up and cooling down (practical)
- Developing a technique to technical difficulty 4 and 5 (practical)
- Planning linked and progressive sessions
- Methods of session evaluation and evaluation planning

What Support can be expected?

Support on the course from British Orienteering Coach Educators to:

- Complete portfolio work (except 6 x session plans)
- Practical assessment
- Detailed candidate action plan
- Signposting to mentors and learning opportunities

How long will it take to gain the level 2 award? Registration Period

- The assessments must be completed within 18 months of registration on the course and the portfolio completed and marked within 2 years of registration.
- Most candidates should be able to complete the Award within 9-12 months of attending the course.
- There is an opportunity to qualify by acting as a coach on an AOA intermediate skills course once the course is complete.

British Orienteering Licence to Coach

To become a BO licensed to coach after gaining the qualification requires you to be a current BO member and to have taken a one day first aid qualification focused on first aid in an outdoor environment. To maintain this licence, the first aid needs renewing every three years and an appropriate CPD log is kept for review by BO or a local rep. Details on BO website.

What will I be qualified to do?

- Those accredited at Level Two will be able to coach the full range of techniques and skills in the modern sport of orienteering, to progress those skills and to lead a group of coaches in delivering a programme in a safe and enjoyable way.
- Coaches accredited will be able to introduce the sport to participants, coach at club training sessions and coach athletes competing in local and regional events.

What could I do after achieving the qualification?

Ensure that you keep up to date with initiatives by:

- Reading the British Orienteering web site
- Being a member of both British Orienteering and BAOC ensuring you have valid insurance
- Attend CPD events
- Attend UK Orienteering League events
- Keep up to date with sports science initiatives

- Coach at clubs involved in delivering training nights
- Observe coaches working in orienteering's talent pathway

How do I book a place on a UKCC Level 2 Course?

A list of UKCC Level 2 Courses can be found on the [Training Courses](#) page. You can also register and book online via this page. The Army Orienteering Association run courses based in major garrison areas and at the orienteering school at Longmoor Camp. See the courses page on the BAOC website or email Phill Batts at coaching@armyorienteering.com for more details.

How much does the Level 2 coaching orienteering course cost?

The cost per person if 4 candidates are on the course is £310

The cost per person if 6 candidates are on the course is £220

The cost per person if 8 candidates are on the course is £180

Funding Opportunities

Currently the funding opportunities are:

- For serving personnel standard learning credits can be used to partially fund the course.
- BAOC members are eligible to apply for funding support of up to £150 but this also requires that after the course the coach will then have to deliver 6 linked progressive sessions on an intermediate skills course at Longmoor; this is the assessment phase of gaining the qualification. The coach will then have to either:
 - Organise 3 coaching sessions for BAOC Members at a club training event such as those organised by SN
 - or
 - 2. Act at as a coach on an AOA skills course
 - Applications should be made to Allan Farrington allan@baoc.info
- Some regions and clubs contribute to coaching courses if you are an active member of a local club.