



The Army Orienteering Association
Invites you to the
Army Inter-Unit Orienteering Championships
At Longmoor
Thu 25 May 17

INFORMATION FOR CIVILIAN RUNNERS ONLY.

MILITARY PERSONNEL MUST REFER TO THE EXERCISE INSTRUCTION SENT TO TEAM CAPTAINS

- Location:** Travel via the A3 - leave the junction with the A325, signposted for Birdworld. For users of SatNav the nearest Postcode is GU33 6AA. Essentially come off A3 at Longmoor Training Camp and travel north for 150 metres up the A325. Directions to parking will be provided by the gate marshal after that
- Course Lengths** Harris Long - Spine 3 kms & 9 controls + 27 team controls
Harris Short - Spine 2.3 kms & 6 controls + 23 team controls
- Registration** **This event is subject to pre-registration so if it is your intention to compete on this day please contact the Organiser first, ideally by <mailto:Brett.Green923@mod.uk>. Please do not simply turn up as there may not be any maps for you.**
- Timings** Starts from 1000-1200 hrs - - - Course Closes 1400 hrs

ALL RUNNERS MUST DOWNLOAD BY COURSE CLOSURE TIME; EVEN IF YOU DO NOT FINISH THE COURSE
- Costs** £5.00 per runner + emit hire £1.50. Lost Ecards charged at £55.
- Organiser** Captain Brett Green 01634 822278 or Mobile 07736 944960
- Facilities** Tom's Van and Ian @ Ultrasports
- Insurance** For civilians participating in Army Orienteering, Public Liability Insurance is provided by Towergate. Individuals are also advised to have their own private accident insurance. This event is conducted in accordance with British Orienteering Dec 16 Rules.
- Other Information** Car Parking is at owner's risk. Car owners must ensure that they hold appropriate vehicle insurance to cover driving and parking off-road. The speed limit on the training area is max 20 mph and drivers must keep to recognized vehicle tracks. No dogs are permitted.
- Safety** Participants are reminded that Longmoor Training area is continually in use and they may encounter UXO or other foreign metal objects. Under no circumstances are they to be touch, but must be reported to the Organiser.

The personal data you give at registration will be used by the event organisers and their agents for the purpose of processing/publishing entries and results and as required by our insurers to validate our cover.