



The Army Orienteering Association
Invites you to the
Army Inter-Unit Orienteering Championships
At Longmoor



Wed 24 May 17

INFORMATION FOR CIVILIAN RUNNERS ONLY.

MILITARY PERSONNEL MUST REFER TO THE EXERCISE INSTRUCTION SENT TO TEAM CAPTAINS

This is also a World Orienteering Day Event so please bring friends.

Location: Travel via the A3 - leave the junction with the A325, signposted for Birdworld. For users of SatNav the nearest Postcode is GU33 6AA. Essentially come off A3 at Longmoor Training Camp and travel north for 150 metres up the A325. Directions to parking will be provided by the gate marshal after that



Course Lengths Blue Course: 6.7 km Light Green: 4 km Long Orange: 4.8km

Registration You can turn up on the day and register with Allan Farrington.
Timings Starts from 1130 hrs - - - Course Closes 1530 hrs
ALL RUNNERS MUST DOWNLOAD EVEN IF YOU DO NOT FINISH THE COURSE

Costs £5.00 + emit hire £1.50. Lost Ecards charged at £55.

Organiser Captain Brett Green 01634 822278 or Mobile 07736 944960

Facilities Tom's Van and Ian @ Ultrasports

For civilians participating in Army Orienteering, Public Liability Insurance is provided by Towergate. Individuals are also advised to have their own private accident insurance. This event is conducted in accordance with British Orienteering Dec 16 Rules. Car Parking is at owner's risk. Car owners must ensure that they hold appropriate vehicle insurance to cover driving and parking off-road. The speed limit on the training area is a max of 20 mph and drivers must keep to recognized vehicle tracks.

No dogs are permitted.

Safety Participants are reminded that Longmoor Training area is continually in use and they may encounter unexploded ordnance or other foreign metal objects. Under no circumstances are they to be touch, please report to the Organiser.

The personal data you give at registration will be used by the event organisers and their agents for the purpose of processing/publishing entries and results and as required by our insurers to validate our cover.