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See Distribution

BA(G)OC2015/001/15

Date: 23 Feb 15

**BRITISH ARMY (GERMANY) INDIVIDUAL AND TEAM ORIENTEERING CHAMPIONSHIPS  
2015 – COORDINATION & ADMINISTRATION INSTRUCTIONS**

References:

- A. 2013DIN07-121, [Authority for Army Orienteering 2013 -14](#), dated Sep 13.
- B. 2011DIN07-018, [Sport activities designated as Army Individual or Adventurous training](#), dated Jan 11.

**GENERAL**

1. **Introduction.** The British Army (Germany) Individual and Team Orienteering Championships 2015 will take place on Wed 22 and Thurs 23 Apr 15. The two events will not be linked to each other and therefore will be separate competitions. 1st (United Kingdom) Armoured Division Headquarters and Signal Regiment will provide the military organisational lead for the championships however the planning and controlling of the events will be conducted by both the BA(G) Secretary and Chairman.
2. **Locations.** Both events are to be held within the Senne and Stapel areas of Sennelager Training Area at a location to be confirmed in due course. Personnel wishing to compete in the Championships should note that the areas, when announced, are **OUT OF BOUNDS** for orienteering purposes until after the event. The exact location of the Event Centre for both days and route to them will be made known closer to the date of the competition via a flyer on the BAOC website as well as via email.

**COMPETITIONS**

3. There are two separate competitions in the Championships: The Individual Championships on Wed 22 Apr 15 and the Team Championships on Thurs 23 Apr 15.

**INDIVIDUAL CHAMPIONSHIPS - WED 22 APR 15**

4. The Individual Championships will be held on Wed 22 Apr and comprise of three Championship courses. Units may enter as many individual orienteers in this Championship as they wish. Starts will be from 1030 - 1330hrs and the courses will close at 1500hrs. The competition will be run over a classic line event with 3 courses planned according to the following Technical Difficulty (TD), Physical Difficulty (PD), distance and climb. All details are subject to final planning:

5. **Courses.**

Course	Category	TD	PD	Distance	Climb
Brown	MOpen, M21, M35, M40,	4/5	4	Approx 10 km	TBC
Blue	WOpen, W21, W35, W40+, M45+, Guest	4/5	4	Approx 7 km	TBC
Red	Novices any category	3	4	Approx 5 km	TBC

a. **Brown Course.** This will be approximately 10 km in length which will be both technically and physically difficult. This is the main Championship Course for all male orienteers with the exception of M45+. The Brown Course will also determine the Mens Open Champion for 2015, M45+ runners who wish to run for the Mens Open Title must be aware that they will be running out of age category and will forfeit the chance of an age category placement.

b. **Blue Course.** This will be approximately 7 km in length and will be technically difficult and physically moderate to difficult. This is the Championship Course for all female orienteers, M45+ orienteers and all guest orienteers. The Blue Course will also determine the Ladies Open Champion for 2015.

c. **Red Course.** This will be approximately 5 km in length and accommodate all M/F novices or those M/F U25 who wish to run the red course.

6. **Start.** There will be a Start Box with a -3 min call up. A competition map (without Start, Finish and Control Sites) will be on display from -2 mins to -1 mins. Individuals from the same unit will be separated at the start by at least 5 mins.

7. **Disqualifications.** As with normal 'cross country' type orienteering events, orienteers are to complete the course in numerical order and any miss-punch or no punch will lead to disqualification. Yellow 'back up' cards will be issued at Registration and must be used during the competition. To ensure the back up card registers the pin prick from the EMIT Control, competitors are to 'seat' the EMIT card correctly into the EMIT Control in addition to seeing the LED flash that shows that the transmission from EMIT Control to the hand held EMIT Card has been completed.

8. **Prizes.** Prizes will be awarded in the categories as shown below and will be presented at the main Prize giving on Thurs 23 Apr 15 following the Team Championships. The overall Male and Female Champions, Runners Up and Third Places will also qualify for their Age Class prize.

a. **Individual Prizes.** The BA(G) Mens' Open Champion will be the fastest BA(G) male on the Brown course regardless of age category. The BA(G) Ladies' Open Champion will be the fastest BA(G) female on the Blue course regardless of age category. Winners and Runners Up prizes/certificates will also be awarded to BA(G) personnel in the following categories: W21, W35, M21, M35, M40, M45+, Guest M, Guest F, Novice M, Novice F. To be eligible for a prize you must be declared in the correct age category upon entry.

b. **Novice Course.** The Red course is designed for the M/W Novice, for which prizes will be awarded. Additionally, if teams are bringing novice runners who are M/W 21+ and would benefit from a run out on a Red course before the team competition, then this is a possible option. Novice runners will compete for a novice prize, but will only be considered novice runners if they have not run above a Red course before.

**A Course**

- Male Champion
- Male Runner Up
- Male Third Place
- M21 Winner/Runner Up

M35 Winner/Runner Up  
M40 Winner/Runner Up  
M45+ Winner/Runner Up

### **B Course**

Female Champion  
Female Runner Up  
Female Third Place  
W21 Winner/Runner Up  
W35 Winner/Runner Up  
Male Guest Winner/Runner Up  
Female Guest Winner/Runner Up

### **C Course**

Male Novice Winner  
Male Novice Runner Up  
Female Novice Winner  
Female Novice Runner Up

## **9. Individual Championships Timings Wed 22 Apr 15.**

0930 – 1230	Registration
1030 – 1330	Starts
1500	Courses close and Controls collected (as they must be moved for Day 2)

## **TEAM CHAMPIONSHIPS THURS 23 APR 15**

10. The Team Championships comprise the Major Unit and the Minor Unit competitions. Units may enter as many teams as they wish in their respective competition to enhance the chances of their unit winning. All teams are classed as competitive for their respective trophy, however only one team from the same unit will be eligible for a prize, i.e. if “15 SR A” win the Minor Unit Competition, “15 SR B” will not be presented the Runner Up Prize even if they are second, in this case the Runner Up Prize goes to the next best unit. The team event will be a Harris format commencing at 1100hrs on 23 Apr 15. An outline of the rules for a Harris is at Annex A. The event will begin with a short brief to remind competitors of these rules. An ad hoc/guest team prize (for a team of 3) will be awarded if more than 3 teams enter. Final team declarations are to be made at the individual event on 22 Apr 15.

11. **Team Sizes.** Team sizes are shown below and are in line with the new Army Team Championships team size of 6 competitors for a Major Unit team and 3 for a Minor Unit team, Ladies team, Guest team and Novice team:

- a. Major Unit Competition: 6 (Two teams of 3)
- b. Minor Unit Competition: 3 (Ladies team, Guest team and Novice team)

12. **Individuals.** Individuals may form Ad Hoc teams to take part in the event, however they will not be able to win prizes and therefore the entry fee has been reduced accordingly.

13. **Format.** The format of a Harris Event is similar to a Score Event in that controls, including the ‘Spine’, can be visited in any order and runners select their own route. The distinctive feature of the Harris Event is that it is a team effort where controls are designated as either ‘Spine’ (i.e. a control which must be visited personally by every member of the team) or ‘Team’ (i.e. a control which only needs to be visited by just one member of the team). The team must take this requirement into account when formulating their plan, allowing for the individual strengths and

weaknesses of their team members. Once a runner 'punches' at the finish control they are not allowed back out to assist or advise other competitors in any team and it is the time of the last runner in each team of 3 which counts.

14. **Technical Difficulty.** The Primary Controls will be laid out in the fashion of a Cross Country event, set at a Technical Difficulty (TD) of 3+, producing what is known as the 'Spine Route'. This is typically in the shape of an oval with a separate start and finish, which then allows for sending competitors off in all directions. The Secondary Controls will be set at TD 3 to 5.

15. **Penalties.** No team will be formally disqualified for missing a control. However, missing a control is evidence of a team's failure either to plan properly, or to execute their plan effectively. Consequently, any team that has missed one or more controls will be penalised at the rate of 15 minutes for every control missed. If two runners miss the same Spine control, they will both be penalised 15 minutes. A team's time will therefore be determined by the time of their last runner across the finish line, plus any subsequent 15 minute penalties for missing controls.

16. **Team Championships Timings Thurs 23 Apr 15.**

0930 – 1030	Registration
1045	Team Briefing
1100	Start Major Units
1110	Start Minor Unit
1400 approx	Prize Giving
1500	Dispersal
1500	Collection of Controls

**GENERAL ADMINISTRATION**

17. **Facilities.** Refreshments and toilets will be available. Units are responsible for their own feeding plans for the duration of both days.

18. **Travel Costs.** Orienteering is classified as military training, therefore Service transport may be used. Participants are entitled to duty allowances subject to the normal rules for military training. These are to be charged against the unit's own military training budget UIN. See References A and B for further details.

19. **Accommodation.** Accommodation is to be arranged direct with STC or other units in the area.

20. **Feeding.** Normandy Barracks runs PAYD catering facilities. All competitors are to ensure that they have sufficient funds (Euros) to cover the cost of morning and evening meals for the duration of the competition. It is the responsibility of all units to supply their own packed meals.

21. **Safety.** All competitors are required to wear full leg cover, to carry a whistle for emergencies and are advised to wear protective gaiters. Vests are not to be worn and cagoule/waterproof jacket may be mandatory in inclement weather. Civilian and guest competitors take part in this event at their own risk and are to have personal accident and liability cover.

22. **Medical.** In the event of emergency, casualties will be evacuated to the nearest civilian hospital. For minor injuries, a first aid pack will be available at the event centre.

23. **Insurance.** The Championships are classified as military training; therefore all Service participants are on duty for the duration of the event, including travel time. Units are to ensure that unit participants are on Unit Part One Orders or organisation routine orders prior to the event.

24. **Entry Fees.** Individual entry fees for Day One and individuals not in teams for Day Two will pay €5 per person. Team entry fees for Day Two are €40 for each Major Unit team and €20 for all

remaining team types. If units use their own EMIT cards deduct €1 per person from the individual and the team event entry costs. All entries are to be received prior to 15 Apr 15.

25. **Fee Summary.**

Team Type	Up to 15 Apr 15
Individuals Day One and Two	€5
Major Unit	€40
Unit Team (Minor, ladies, guest, Novice)	€20

26. **Entry Details.** All entry fees are payable in advance by cheque to the 'CBA 1 ADSR', and should be sent together with the Entry Form at Annex A to the address below. Early submission of entry forms would be greatly appreciated. Amendments to names within the teams can be made prior to or at the event as outlined above. **An email should also be sent prior to the closing date.**

Captain N Pollitt  
BA(G) Orienteering Chairman  
HQ Squadron  
1 ADSR  
BFPO 15

Tel: 94882 3884  
Civ: 0049 5221 995 3884  
Mob: 0049 015209966202  
E.mail: neil.pollitt162@mod.uk  
1ADSR-HQSQN-2IC  
neiljasonpol@hotmail.com

27. An acknowledgement of receipt of Entry Form and fees will be provided by email on receipt.

28. **Registration.** Team Registration Forms are to be completed at Registration on Day Two. Details of a unit's own Emit Cards should also be provided on the Entry Form.

29. An envelope will be provided on Day Two at Registration for each team entered. It will have the appropriate number of Emit Cards included, but these will not be issued to Team Captains until the Entry Forms have been correctly completed and returned with all the competitors' details along with any outstanding fees.

30. It will greatly assist Registration if Team Captains can email a list, or include with their postal Entry Form, all possible orienteers from their unit who might be included in their team. These can then be entered on to the Excel Spreadsheet to aid registration. Details required are:

Rank  
Name  
Init  
Unit  
DOB  
Age Category for Individual Championships (i.e. M40, W35, etc)  
Emit number if held

31. **Entry on Day (EOD).** EOD for the individual event is quite acceptable. Units are requested to enter teams for the team Championships as per the timelines above. In extremis, limited EOD for the team event will be accepted.

**MAPS AND TERRAIN**

32. The maps of the area to be used have been updated over the last couple of years but due to the size of the areas elements of these areas may be slightly inconsistent. They will be at a scale of 1:10,000 with 5m contours. The terrain will be of the typical Sennelager Training Area variant.

## **PRIZES**

33. Prizes for the BA(G) Individual Championships will be awarded as shown at paragraph 8 above. The Team Championships will be awarded to the first two teams in each of the Major Unit and Minor Unit competitions. Winning units and Runners Up in each Team competition will receive a shield and individuals within teams will each receive appropriate medals.

34. Prizes will also be awarded for the BA(G) League Competition which is due to end on Wed 25 Mar 15.

35. **Prize-giving.** Prizes will be presented in the Event Area on both Wed 22 and Thurs 23 Apr at approximately 1415. This is due to the large amount of prizes to be presented. All teams are requested to stay for the Championships prize giving.

36. **EMIT.** Individuals/Units may use their own EMIT cards, details must be submitted on the entry form ahead of the competition (deduction from entry fee of £1 per person per event if unit uses its own EMIT cards). EMIT cards are also available for hire. If no EMIT numbers are submitted with the entry form, it will be assumed that units will hire cards. Hired EMITs must be collected by Team captains/organisers at registration.

37. Final details or last minute changes will be published on the BAOC website, [www.baoc.info](http://www.baoc.info), no later than 17 Apr 15.

*(Signed electronically)*

N J POLLITT  
Capt  
Chairman BA(G) Orienteering

Annex:

- A. Entry Form for the BA(G) Individual and Team Orienteering Championships.
- B. Harris Relay – Format.

Distribution:

1XX HQ  
7X HQ  
20XHQ  
102XHQ  
1 Med Regt  
1 MI Bn  
1 MWD  
1 PWRR  
1 QDG  
1 Regt RLC  
1 ADSR  
2 CS Bn REME  
2 Med Regt  
3 CS Bn REME  
3 RHA  
4 MI Bn  
4 Scots  
5 Rifles  
6 Regt RLC  
9<sup>th</sup>/12<sup>th</sup> Lancers  
15 Sig Regt (IS)  
16 Sig Regt  
26 RA  
32 Engr Regt  
35 Engr Regt  
110 Provost Coy  
200 Sig Sqn  
207 Sig Sqn  
QDG  
QRH  
Scots DG

Copy to:

Chairman BA(G) O

**ENTRY FORM FOR THE BA(G) INDIVIDUAL AND TEAM ORIENTEERING CHAMPIONSHIPS  
WED 22 AND THURS 23 APR 15**

To: Capt N J Pollitt, BA(G) Orienteering Chairman, HQ Squadron, 1 ADSR, BFPO 15  
Tel: 94882 3884, Fax: 94882 3435, Civ: 0049 5221 995 3884 Mobile: 015209966202  
E.mail: [neil.pollitt162@mod.uk](mailto:neil.pollitt162@mod.uk), 1ADSR-HQSQN-2IC, [neiljasonpol@hotmail.com](mailto:neiljasonpol@hotmail.com)

From: Name: Unit:  
Contact tel details: Contact e-mail details:

Entry Details Individual Champs @ €5 per head:

Number	Rank	Name	M/F	DOB	Course	EMIT No

Entry Details Team Champs @ €40 per Major & €20 per Minor/Ladies/Novice/Ad hoc/Guest team:

Type	Runners (A Team)	EMIT No	Runners (B Team)	EMIT No
Major:	1. 2. 3.		4. 5. 6.	
Minor	1. 2. 3.			
Ladies:	1. 2. 3.			
Type	Runners (A Team)	EMIT No	Runners (B Team)	EMIT No
Novice	1. 2. 3.			
Ad Hoc/ Guest	1. 2. 3.			

Total Cost: Individuals .....@ €5 = .....  
Major Unit Team .....@ €40 = .....  
Minor/Ladies/Novice/Ad hoc/Guest Team .....@ €20 = .....  
Total = .....

(Cheques made payable to 'CBA 1 ADSR')



## **HARRIS FORMAT – RULES**

1. The Harris comprises two teams of 3 for major units and one team of 3 for Minor Units/Ladies & U25 teams. Major, Minor and Novice teams can be mixed. Ladies teams must be ladies only.
2. Each team of 3 will be issued an envelop containing 3 identically marked maps.
3. The maps will show the spine of approx 8 core controls and an additional approx 20 team controls (slightly less team controls for Novice teams).
4. Each team member must visit and punch the spine controls.
5. Once the event organiser starts the competition, the envelopes are opened and the team captains divide the team controls amongst the team according to the ability of the team members. Only one member of the team has to punch each of the team controls.
6. Team members can move around the course together (to assist a novice in the team for example) or individually (the optimum approach).
7. Controls may be visited in any order.
8. Team members may punch out at the finish control or wait until all team members are complete and then punch out as a team.
9. Once a team member punches out at the finish, they may not return out to the course to collect additional controls. If they have not punched out, then they may return out onto the course to collect spine controls that they have missed or team controls missed by another team member, NOT spine controls missed by another team member.
10. A penalty of 20 mins will be awarded per spine control missed, per team member.
11. A penalty of 10 mins will be awarded per team control missed by all team members.
12. The team time is the time for the last member of the team to punch the finish for Minor Unit/Novice/Ladies teams. For Major Unit teams it will be the combined times of the last person to finish for each team of 3.
13. The winning team will be the team with the quickest time once any penalties have been added.