



**SCOTTISH TRI SERVICE SPORTS
ORIENTEERING LEAGUE**

The City of Edinburgh UOTC



**League Race 1 of 8
Blackford Hill and the Hermitage - Wednesday 10th September 2014**

- Location:** Blackford Hill and the Hermitage. Car park: Royal Observatory Edinburgh, Blackford Hill, EDINBURGH, EH9 3HJ.
The Observatory car park, access and egress roads are suitable for minibus and cars. Postcode: EH9 3HJ. GR NT 258706.
- Event:** This is the 1st of 8 orienteering events throughout the 2014/15 orienteering season in the Edinburgh area. To encourage maximum participation, all standards are welcome especially complete beginners, irrelevant of map reading / running ability or standard. The focus is on improving navigation and fitness levels and enjoying a nice jog / run out in the countryside. This will qualify for MATT 4 (Navigation) practical.
- Course:** Maximum 60 minute score event. Runners / navigators will visit as many of the 26 Control Points (CP) with a varying score value using EMIT electronic punching. Points are deducted for every minute late over the 60 minutes (minus 5 points per part minute). Runners can simply return to the finish when they wish; after 30mins or indeed 45mins.
- Terrain:** Very undulating terrain with open area, cliffs, crags, gorse, thickets, forest, a linear stream and a good network of tracks.
- Map:** Scale 1:5,000. Contour Interval 5m. Courses will be over printed on A4 paper including IOF symbols. Loose control description will be provided at registration.
- Registration:** 1030-1300hrs
- Starts:** 1045-1315hrs
- Course Close:** 1430hrs
- Safety** Full leg covering is compulsory. Compasses are recommended. All runners must receive a brief on the Risk Assessment prior to starting.
- Cost:** Nil.
- Facilities:** 1st Line First Aid. Drinking water. No toilets.
- Organiser:** Major Eddie Walsh RE. Training Major. City of Edinburgh UOTC.
Phone: 0131 3105462. Mob: 07906 438297. Email: Edward.Walsh302@mod.uk
- Results:** The results will be published online on the British Army Orienteering Club website at: <http://www.baoc.info/>

ALL STARTERS MUST REPORT TO THE DOWNLOAD POINT / VEHICLE – EVEN IF RETIRING

In order that the appropriate amount of maps and EMIT 'Touch Free' electronic punching equipment, units wishing to bring in excess of 10 personnel are requested to contact the Organiser in advance.

ORIENTEERING IN THE ARMY IS CLASSED AS MILITARY TRAINING AND OTHERS TAKE PART AT THEIR OWN RISK.

Civilian users are on the area. No dogs unless always on a lead.

The personal data you give at Registration will be used by the event organisers and their agents only for the purpose of processing/publishing entries & results, conducting safety checks & as required by our insurers to validate our cover.